

**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: President Carter | WOSU | The Callout Podcast  
**Date:** Monday, March 24, 2025 2:17:26 PM

---

Hi Krisanthe,

Chris's schedule is pretty busy this week. He does have time on Friday, March 28, 9:30 am. Let me know if that might work for you.

Best regards,  
Crystal

---

**From:** Krisanthe Vlahos <kv@thecalloutpodcast.com>  
**Sent:** Saturday, March 22, 2025 1:30 PM  
**To:** Kabourek, Chris <kabourek.2@osu.edu>  
**Cc:** Garrett, Crystal <garrett.8@osu.edu>  
**Subject:** Re: President Carter | WOSU | The Callout Podcast

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Chris -

Thank you for your prompt response on a Saturday and including Crystal.

I'm flexible for a call this week. I'll watch for communication from Crystal.

Kindest regards,  
Krisanthe

<https://www.linkedin.com/in/krisanthe>

Creator | Host | Producer | CEO

The Callout Podcast



[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

<https://youtube.com/@thecalloutpodcast3716>

On Sat, Mar 22, 2025 at 12:19 PM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

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**Subject:** RE: President Carter | WOSU | The Callout Podcast  
**Date:** Monday, March 24, 2025 2:18:00 PM  
**Attachments:** [image001.png](#)

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**From:** [AP Senior Vice President's Office](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Chris Kabourek / Krisanthe Vlahos  
**Attachments:** [Re President Carter WOSU The Callout Podcast.msg](#)

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Microsoft Teams Need help? <<https://aka.ms/JoinTeamsMeeting?omkt=en-US>>

Join the meeting now <[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_OWQzYTE4NjltMDAzYy00ZTBmLTk0ZDMtZDRlZTZhMjAxOGY4%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_OWQzYTE4NjltMDAzYy00ZTBmLTk0ZDMtZDRlZTZhMjAxOGY4%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d)>

[REDACTED]

[REDACTED]

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Dial in by phone

[REDACTED] > United States, Columbus

Find a local number <<https://dialin.teams.microsoft.com/f9f12f2f-59bb-45b6-88fc-5d90dd31b538?id=81805403>>

Phone conference ID: [REDACTED]

For organizers: Meeting options <[https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19\\_meeting\\_OWQzYTE4NjltMDAzYy00ZTBmLTk0ZDMtZDRlZTZhMjAxOGY4@thread.v2&messageId=0&language=en-US](https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19_meeting_OWQzYTE4NjltMDAzYy00ZTBmLTk0ZDMtZDRlZTZhMjAxOGY4@thread.v2&messageId=0&language=en-US)> | Reset dial-in PIN <<https://dialin.teams.microsoft.com/usp/pstnconferencing>>

Org help <<https://admin.resources.osu.edu/office-365/teams>>

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**Subject:** Re: President Carter | WOSU | The Callout Podcast  
**Date:** Saturday, March 22, 2025 1:29:52 PM

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**Subject:** RE: President Carter | WOSU | The Callout Podcast  
**Date:** Friday, March 28, 2025 9:05:00 AM  
**Attachments:** [image001.png](#)

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On Mon, Mar 24, 2025 at 4:04 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

I will send a calendar invite.

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Monday, March 24, 2025 4:03 PM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Re: President Carter | WOSU | The Callout Podcast

Thanks a million for your help Crystal!

I'll take that slot. Will you be sending a calendar event for us?

Kindest regards,

Krisanthe

<https://www.linkedin.com/in/krisanthe>

Creator | Host | Producer | CEO

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[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

<https://youtube.com/@thecalloutpodcast3716>

On Mon, Mar 24, 2025 at 2:18 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Chris's schedule is pretty busy this week. He does have time on Friday, March 28, 9:30 am. Let me know if that might work for you. If not, I'll see what else we can free up.

Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Saturday, March 22, 2025 1:30 PM

**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Re: President Carter | WOSU | The Callout Podcast

Chris -

Thank you for your prompt response on a Saturday and including Crystal.

I'm flexible for a call this week. I'll watch for communication from Crystal.

Kindest regards,

Krisanthe

<https://www.linkedin.com/in/krisanthe>

Creator | Host | Producer | CEO

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<https://youtube.com/@thecalloutpodcast3716>

On Sat, Mar 22, 2025 at 12:19 PM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

Krisanthe,

Thank you for the note, and nice to meet you. Ted has said great things about you.

As a public university, we are heavily restricted on subsidizing outside entities. But I would welcome a chat to discuss further. Crystal from my team is copied and can assist with finding some time on my calendar.

I look forward to connecting with you.

Chris

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, March 21, 2025 2:42 PM

**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Subject:** President Carter | WOSU | The Callout Podcast

Hi Chris -

In addition to the email below, I texted your cell phone to for convenient way to save my contact information.

I'm so excited to be working with Anthony & the WOSU team to produce my existing podcast - The Callout.

We are recording our first episode at WOSU on Wednesday 4/23.

I have a 501c3 - Uniforms to Utilities which is the sister company to the podcast.

President Carter has been a long time supporter and guest cohosted 3 episodes.

President Carter, Kevin Cullen, Jason Lemmon & others are working closely with me in support of my mission to connect transitioning military/veterans to utility industry careers.

In May, The Callout is a major organizer & sponsor for a power utility event (1500-2K will attend) where OSU drone team will be invited to compete & President Carter is attending & speaking.

We will be doing the same at another power utility event in October (4K in attendance).

For the foreseeable future, I will be promoting OSU & WOSU to my NATIONAL network of military and utility industry communities.

May's event will be a first of its kind where together WOSU, OSU & The Callout will impact higher ed, our military, utility industries and national security.

I would appreciate your help with production costs & a tiny work space at WOSU where I could be completely immersed in my process.

Would you be open to scheduling a 20-30 minute call to discuss further?

Kindest regards,  
Krisanthe

<https://www.linkedin.com/in/krisanthe>

Creator | Host | Producer | CEO

The Callout Podcast



[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

<https://youtube.com/@thecalloutpodcast3716>

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Meeting with Chris Kabourek  
**Date:** Wednesday, April 9, 2025 4:24:00 PM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

Chris asked me to schedule another 30-minute meeting (or call) with you. Here are a few dates for consideration:

**Tuesday, April 15**

1:00-1:30 pm

**Wednesday, April 16**

10:30-11:00 am

**Wednesday, April 23**

2:00-2:30 pm

Could you let me know what might be convenient for you?

Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Meeting with Chris Kabourek  
**Date:** Thursday, April 10, 2025 8:33:00 AM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

Are you at WOSU that day? If so, we are next door and could schedule in person. If not, I'll send a Microsoft Teams invite.

Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Wednesday, April 9, 2025 5:09 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Meeting with Chris Kabourek

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Hi Crystal-

Can we please plan on Tues. April 15 @ 1:00-1:30pm?

Kindest regards,  
Krisanthe

<https://www.linkedin.com/in/krisanthe>

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The Callout Podcast

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<https://youtube.com/@thecalloutpodcast3716>

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Best regards,

Crystal



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Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Meeting with Chris Kabourek  
**Date:** Thursday, April 10, 2025 9:09:00 AM  
**Attachments:** [image001.png](#)

---

Great. I'll send the invite, and it will include details on how to access our building. Let me know if you have any questions. Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, April 10, 2025 9:08 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Meeting with Chris Kabourek

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I'd be thrilled to meet in person. Thank you for the invite!

Kindest regards,  
Krisanthe

<https://www.linkedin.com/in/krisanthe>

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<https://youtube.com/@thecalloutpodcast3716>

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Hi Krisanthe,

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Crystal



Crystal Garrett  
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Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

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**Subject:** Re: Meeting with Chris Kabourek

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<https://www.linkedin.com/in/krisanthe>

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2:00-2:30 pm

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Best regards,  
Crystal



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15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [AP Senior Vice President's Office](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Chris Kabourek and Krisanthe Vlahos

---

Entrance to University Square South (USS) is on the north side of the building. Parking is available at the Ohio Union South Garage (1759 N. High). Upon arrival to USS, please be prepared to show your ID to first floor security. Let them know you are here to see Chris Kabourek and Crystal is your contact. Then take elevator to 5th floor and call Crystal at [REDACTED]. She will meet you to provide 5th floor access.

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Re: Meeting with Chris Kabourek  
**Date:** Thursday, April 10, 2025 9:22:51 AM  
**Attachments:** [image001.png](#)

---

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Thanks Crystal!

Kindest regards,  
Krisanthe

<https://www.linkedin.com/in/krisanthe>

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<https://youtube.com/@thecalloutpodcast3716>

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Crystal Garrett

Executive Assistant

Office of Administration and Planning

B5048 University Square South

15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

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**Sent:** Thursday, April 10, 2025 9:08 AM

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**Subject:** Re: Meeting with Chris Kabourek

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<https://youtube.com/@thecalloutpodcast3716>

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Crystal



Crystal Garrett

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Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Wednesday, April 9, 2025 5:09 PM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Re: Meeting with Chris Kabourek

Hi Crystal-

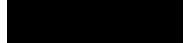
Can we please plan on Tues. April 15 @ 1:00-1:30pm?

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Krisanthe

<https://www.linkedin.com/in/krisanthe>

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<https://youtube.com/@thecalloutpodcast3716>

On Wed, Apr 9, 2025 at 4:24 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Chris asked me to schedule another 30-minute meeting (or call) with you. Here are a few dates for consideration:

**Tuesday, April 15**

1:00-1:30 pm

**Wednesday, April 16**

10:30-11:00 am

**Wednesday, April 23**

2:00-2:30 pm

Could you let me know what might be convenient for you?

Best regards,

Crystal



Crystal Garrett

Executive Assistant

Office of Administration and Planning

B5048 University Square South

15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)



**From:** [Garrett, Crystal](#)  
**Subject:** Guests: Krisanthe Vlahos  
**Date:** Tuesday, April 29, 2025 1:24:48 PM

---

**From:** [Garrett, Crystal](#)  
**Subject:** Guests: Krisanthe Vlahos  
**Date:** Monday, April 14, 2025 10:17:17 AM

---

**From:** [Smartsheet Forms](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Confirmation - USS Guest/Appointment Intake  
**Date:** Monday, April 14, 2025 10:19:11 AM

---

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Thank you for submitting your entry. A copy is included below for your records.

## USS Guest/Appointment Intake

<b>Point of Contact</b>	Crystal Garrett
<b>Point of Contact Email</b>	garrett.8@osu.edu
<b>Point of Contact Phone Number</b>	+1 [REDACTED]
<b>Guest Name</b>	Krisanthe Vlahos
<b>Visiting USS Occupant</b>	Chris Kabourek
<b>Appointment Date</b>	04/15/2025
<b>Appointment Time</b>	1:00 pm
<b>Floor</b>	5
<b>Room Number If Applicable</b>	5054
<b>Instructions</b>	Proceed to fifth floor. Crystal will provide access to the floor.

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Cc:** [Kabourek, Chris](#)  
**Subject:** Re: Krisanthe - meeting today  
**Date:** Tuesday, April 15, 2025 8:23:26 AM

---

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Thank you so much for your help Crystal!

Kindest regards,  
Krisanthe

<https://www.linkedin.com/in/krisanthe>

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The Callout Podcast

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

<https://youtube.com/@thecalloutpodcast3716>

On Tue, Apr 15, 2025 at 7:57 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe, I can update the invite to virtual. I won't be in the office until 9:30 but will take care of it when I arrive. Crystal

Get [Outlook for iOS](#)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Tuesday, April 15, 2025 7:00:09 AM

**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Krisanthe - meeting today

Good Morning Chris and Crystal,

I have back to back meetings unexpectedly stacked & do not want to cause any delays with a tight window of 30 minutes.

We have time sensitive topics to discuss so really important we talk today.

Would it be ok if we shift our meeting to a web call?

Kindest regards,  
Krisanthe

<https://www.linkedin.com/in/krisanthe>

Creator | Host | Producer | CEO

The Callout Podcast



[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

<https://youtube.com/@thecalloutpodcast3716>

**From:** [AP Senior Vice President's Office](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Chris Kabourek and Krisanthe Vlahos

---

Microsoft Teams Need help? <<https://aka.ms/JoinTeamsMeeting?omkt=en-US>>

Join the meeting now <[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_NTJjOWYwZGMtZmRjYy00ODQwLTgyODYtZDZkMTg3MDRmODk4%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2e%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_NTJjOWYwZGMtZmRjYy00ODQwLTgyODYtZDZkMTg3MDRmODk4%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2e%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d)>

[REDACTED]

[REDACTED]

---

Dial in by phone

[REDACTED] > United States, Columbus

Find a local number <<https://dialin.teams.microsoft.com/f9f12f2f-59bb-45b6-88fc-5d90dd31b538?id=840196576>>

Phone conference ID: [REDACTED]

For organizers: Meeting options <[https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19\\_meeting\\_NTJjOWYwZGMtZmRjYy00ODQwLTgyODYtZDZkMTg3MDRmODk4@thread.v2&messageId=0&language=en-US](https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19_meeting_NTJjOWYwZGMtZmRjYy00ODQwLTgyODYtZDZkMTg3MDRmODk4@thread.v2&messageId=0&language=en-US)> | Reset dial-in PIN <<https://dialin.teams.microsoft.com/usp/pstnconferencing>>

Org help <<https://admin.resources.osu.edu/office-365/teams>>

---

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Invitation: Krisanthe calls Chris Kabourek's cell @ Mon Jun 2, 2025 11:30am - 11:40am (CDT) (kabourek.2@osu.edu)  
**Attachments:** [invites.cs](#)

Krisanthe calls Chris Kabourek's cell You have been invited by Krisanthe Vlahos to attend an event named Krisanthe calls Chris Kabourek's cell on Monday Jun 2, 2025 - 11:30am - 11:40am (Central Time - Chicago) When Monday Jun 2, 2025 - 11:30am

ZjQmQRyTfpjBantefEnd  
This message came from outside your organization  
-https://us-phishdram-evl-proofpoint.com/FW/Tv1/KGKeukY1skQZ161LqCYKQqr1e4u3cY5jjsSMfG9PILbfgGvayqll6dKw\_wKa1-ZaSinMdhBU37YsVeAJ2UPKRoVfThL3zKk76UZW2BhJhXs-  
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ZjQmQRyTfpjBantefEnd  
Krisanthe calls Chris Kabourek's cell  
You have been invited by Krisanthe Vlahos to attend an event named Krisanthe calls Chris Kabourek's cell on Monday Jun 2, 2025 - 11:30am - 11:40am (Central Time - Chicago)

When  
Monday Jun 2, 2025 - 11:30am - 11:40am (Central Time - Chicago)

Guests

Krisanthe Vlahos <malho.kv@thealltopodcast.com>

kabourek.2@osu.edu <malho.kabourek.2@osu.edu>  
-organizer  
View all guest info <https://urldefense.com/v3/!https://calendar.google.com/calendar/event?\_action=VIEW&ei=8HlBpMTBY1HsMWRyY3MSzRza31Ia29vcG8ga2Fh3VjZW5saMlBvc3UzZWRE1&ik=1&tok=MfQja3ZAaGHY2FsbG91dHhB-ZGNhc3QvY29ZDIYjNHYyZjYjMTg5YTg5NmZGVkZmlzNzhNThMGM5YzQwYQ&ctr=America\*2FChicago&hh=ender=0...\_JQ!KGKeukY13CYKVPsydDRFwPwrVswY6rm2LcL0c7jNYYyDx-cy6YHj1IkizNc2qLURSecOTMpdgEoyqmBjgrvS-  
Reply for kabourek.2@osu.edu <malho.kabourek.2@osu.edu>

<https://urldefense.com/v3/!https://calendar.google.com/calendar/event?\_action=RESPOND&ei=8HlBpMTBY1HsMWRyY3MSzRza31Ia29vcG8ga2Fh3VjZW5saMlBvc3UzZWRE1&ik=1&tok=MfQja3ZAaGHY2FsbG91dHhB-ZGNhc3QvY29ZDIYjNHYyZjYjMTg5YTg5NmZGVkZmlzNzhNThMGM5YzQwYQ&ctr=America\*2FChicago&hh=ender=0...\_JQ!KGKeukY13CYKVPsydDRFwPwrVswY6rm2LcL0c7jNYYyDx-cy6YHj1IkizNc2qLURSecOTMpdgEoyqmBjgrvS-  
Yes

<https://urldefense.com/v3/!https://calendar.google.com/calendar/event?\_action=RESPOND&ei=8HlBpMTBY1HsMWRyY3MSzRza31Ia29vcG8ga2Fh3VjZW5saMlBvc3UzZWRE1&ik=2&tok=MfQja3ZAaGHY2FsbG91dHhB-ZGNhc3QvY29ZDIYjNHYyZjYjMTg5YTg5NmZGVkZmlzNzhNThMGM5YzQwYQ&ctr=America\*2FChicago&hh=ender=0...\_JQ!KGKeukY13CYKVPsydDRFwPwrVswY6rm2LcL0c7jNYYyDx-cy6YHj1IkizNc2qLURSecOTMpdgEoyqmBjgrvS-  
No

<https://urldefense.com/v3/!https://calendar.google.com/calendar/event?\_action=RESPOND&ei=8HlBpMTBY1HsMWRyY3MSzRza31Ia29vcG8ga2Fh3VjZW5saMlBvc3UzZWRE1&ik=3&tok=MfQja3ZAaGHY2FsbG91dHhB-ZGNhc3QvY29ZDIYjNHYyZjYjMTg5YTg5NmZGVkZmlzNzhNThMGM5YzQwYQ&ctr=America\*2FChicago&hh=ender=0...\_JQ!KGKeukY13CYKVPsydDRFwPwrVswY6rm2LcL0c7jNYYyDx-cy6YHj1IkizNc2qLURSecOTMpdgEoyqmBjgrvS-  
Maybe

<https://urldefense.com/v3/!https://calendar.google.com/calendar/event?\_action=VIEW&ei=8HlBpMTBY1HsMWRyY3MSzRza31Ia29vcG8ga2Fh3VjZW5saMlBvc3UzZWRE1&ik=MfQja3ZAaGHY2FsbG91dHhB-ZGNhc3QvY29ZDIYjNHYyZjYjMTg5YTg5NmZGVkZmlzNzhNThMGM5YzQwYQ&ctr=America\*2FChicago&hh=ender=0...\_JQ!KGKeukY13CYKVPsydDRFwPwrVswY6rm2LcL0c7jNYYyDx-cy6YHj1IkizNc2qLURSecOTMpdgEoyqmBjgrvS-  
More options

Invitation from Google Calendar <https://urldefense.com/v3/!https://calendar.google.com/calendar/...!KGKeukY13CYKVPsydDRFwPwrVswY6rm2LcL0c7jNYYyDx-cy6YHj1IkizNc2qLURSecOTMpdgEoyqmBjgrvS>

You are receiving this email because you are an attendee on the event

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more

<https://urldefense.com/v3/!https://support.google.com/calendar/answer/37135?forwarding...fw!KGKeukY13CYKVPsydDRFwPwrVswY6rm2LcL0c7jNYYyDx-cy6YHj1IkizNc2qLURSecOTMpdgEoyqmBjgrvS>

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Krisanthe calls Chris Kabourek's cell

---

**From:** [Krisanthie Vlahos](#)  
**To:** [Christi Freyde](#)  
**Subject:** Invitation: Chris Kaboreck & Krisanthie @ Mon Jun 16, 2025 7am - 8am (CDT) (kaboreck.2@osu.edu)  
**Attachments:** [Image](#)

Chris Kaboreck & Krisanthie: You have been invited by Krisanthie Vlahos to attend an event named Chris Kaboreck & Krisanthie on Monday Jun 16, 2025 - 7am - 8am (Central Time - Chicago) When Monday Jun 16, 2025 - 7am - 8am (Central Time)  
ZjZuqZKYPfplfiamnct  
This message is from an External Sender  
This message came from outside your organization.  
Be careful of links or attachments from email addresses that are not from people you know.  
Report Suspicious

ZjZuqZKYPfplfiamnct  
Chris Kaboreck & Krisanthie  
You have been invited by Krisanthie Vlahos to attend an event named Chris Kaboreck & Krisanthie on Monday Jun 16, 2025 - 7am - 8am (Central Time - Chicago).

When  
Monday Jun 16, 2025 - 7am - 8am (Central Time - Chicago)

Location  
Starbucks, 178 N High St, Columbus, OH 43201, USA  
View map: <https://calendar.google.com/maps/@39.9586427,-83.0006071,15z>

Guests  
Krisanthie Vlahos <mahlv@thecallistopodcast.com>  
-organizer-  
kaboreck.2@osu.edu <mahlv.kaboreck.2@osu.edu>  
View all guest info: [https://calendar.google.com/calendar/event?time=VEWkdZ-DZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America\\*2FChicago&ik=onkco-0...\\_JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5](https://calendar.google.com/calendar/event?time=VEWkdZ-DZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America*2FChicago&ik=onkco-0..._JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5)  
Reply to: [mahlv.kaboreck.2@osu.edu](mailto:mahlv.kaboreck.2@osu.edu)  
[https://calendar.google.com/calendar/event?time=RESPONdab-ZZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America\\*2FChicago&ik=onkco-0...\\_JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5](https://calendar.google.com/calendar/event?time=RESPONdab-ZZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America*2FChicago&ik=onkco-0..._JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5)  
Yes  
[https://calendar.google.com/calendar/event?time=RESPONdab-ZZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America\\*2FChicago&ik=onkco-0...\\_JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5](https://calendar.google.com/calendar/event?time=RESPONdab-ZZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America*2FChicago&ik=onkco-0..._JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5)  
No  
[https://calendar.google.com/calendar/event?time=VEWkdZ-DZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America\\*2FChicago&ik=onkco-0...\\_JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5](https://calendar.google.com/calendar/event?time=VEWkdZ-DZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America*2FChicago&ik=onkco-0..._JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5)  
Maybe  
[https://calendar.google.com/calendar/event?time=VEWkdZ-DZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America\\*2FChicago&ik=onkco-0...\\_JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5](https://calendar.google.com/calendar/event?time=VEWkdZ-DZUc0WZFNWkNwVagjBN2VjZmsVYAMeAg2F83VjZwMdlBv3UzWR1kso-1kso-MQjQsZAKRBY2FAG91dHBZGNbc3Qy2N0YTBWYTFBQZGNWmZTR0TQMDGEMTY2NqQZjFOGdyZGRNAkctz-America*2FChicago&ik=onkco-0..._JQIKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5)  
More options  
Invitation from Google Calendar: [https://calendar.google.com/calendar?\\_fjKKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5](https://calendar.google.com/calendar?_fjKKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5)  
You are receiving this email because you are an attendee on the event.  
Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, in the others regardless of their own invitation status, or modify your RSVP. Learn more: [https://support.google.com/calendar/answer/71135?forwarding\\_from=KKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5](https://support.google.com/calendar/answer/71135?forwarding_from=KKGKcoY13qS5SHITf7uKfjgM2aVn0FTLsYMY0Y40VVOX3mWU2LQ50XcL6NarB6dqMJCvqTaBh4786YS-5)

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Chris Kabourek & Krisanthe

---

**From:** [Krisanthie Vilhos](#)  
**To:** [Garrett\\_Crytal](#)  
**Subject:** Invitation: AI for Veteran Workforce Development & Podcast - The Call... @ Thu Jul 10, 2025 2:15pm - 2:45pm (CDT) (kabourek2@osu.edu)  
**Attachments:** [invita-ia](#)

AI for Veteran Workforce Development & Podcast - The Callout (OSU, JobOhio, Andaril) You have been invited by Krisanthie Vilhos to attend an event named AI for Veteran Workforce Development & Podcast - The Callout (OSU, JobOhio, Andaril) ZQwGCRYPfHlmsorEd  
This message is from an External Sender  
This message came from outside your organization  
[https://os-phidabam-est-proofpoint.com/WTv1/KGKekY1akQZ161LqfCqKqpb6k956fUDUdZ\\_XZxwMMLAapYpikUT-jh6Gj\\_I21342w8QZ-S1aTFNSXoY701cGFWRZgJae642pLJ7L5taUUIS-](#)  
Report Suspicious

ZQwGCRYPfHlmsorEd  
AI for Veteran Workforce Development & Podcast - The Callout (OSU, JobOhio, Andaril)  
You have been invited by Krisanthie Vilhos to attend an event named AI for Veteran Workforce Development & Podcast - The Callout (OSU, JobOhio, Andaril) on Thursday Jul 10, 2025 - 2:15pm - 2:45pm (Cm)

When

Thursday Jul 10, 2025 - 2:15pm - 2:45pm (Central Time - Chicago)

Location

JobOhio, 41 S High St UNIT 1500, Columbus, OH 43215, USA

View map [https://www.google.com/maps/search/JobOhio,\\*41+S\\*High+St+UNIT+1500,\\*Columbus,\\*OH+43215,\\*USA?hl=en\\_](https://urldefense.com/v3/_https://www.google.com/maps/search/JobOhio,*41+S*High+St+UNIT+1500,*Columbus,*OH+43215,*USA?hl=en_) [KjorKyorKyorKwIKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-eB6EfvqjJfWAgLuhZD8-9uRS-](#)

Guests

Krisanthie Vilhos <mailto:kv@thecalloutpodcast.com>  
-organizer

kbsender@andaril.com <mailto:kbsender@andaril.com>  
mzavara@andaril.com <mailto:mzavara@andaril.com>

nanacef@jobohio.com <mailto:nanacef@jobohio.com>  
greenberg@jobohio.com <mailto:greenberg@jobohio.com>

conningham306@osu.edu <mailto:conningham306@osu.edu>  
hardenberg@jobohio.com <mailto:hardenberg@jobohio.com>

kabourek2@osu.edu <mailto:kabourek2@osu.edu>

View all guest info [https://urldefense.com/v3\\_](https://urldefense.com/v3_) <https://calendar.google.com/calendar/event?>

action=VIEW&cad=bandZTVvcG5GDRyY2ZpMTUwOGZlMmMGRmDFhZDMiY2IyYw&ctz=America\*2FChicago&hl=en&ecv=0\_3QjKKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-

Reply for kabourek2@osu.edu [https://urldefense.com/v3\\_](https://urldefense.com/v3_) <https://calendar.google.com/calendar/event?>

action=RESPOND&cad=bandZTVvcG5GDRyY2ZpMTUwOGZlMmMGRmDFhZDMiY2IyYw&ctz=America\*2FChicago&hl=en&ecv=0\_3QjKKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-

Yes [https://urldefense.com/v3\\_](https://urldefense.com/v3_) <https://calendar.google.com/calendar/event?>

action=RESPOND&cad=bandZTVvcG5GDRyY2ZpMTUwOGZlMmMGRmDFhZDMiY2IyYw&ctz=America\*2FChicago&hl=en&ecv=0\_3QjKKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-

No [https://urldefense.com/v3\\_](https://urldefense.com/v3_) <https://calendar.google.com/calendar/event?>

action=RESPOND&cad=bandZTVvcG5GDRyY2ZpMTUwOGZlMmMGRmDFhZDMiY2IyYw&ctz=America\*2FChicago&hl=en&ecv=0\_3QjKKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-

More options [https://urldefense.com/v3\\_](https://urldefense.com/v3_) [https://calendar.google.com/calendar/\\_?KKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-eB6EfvqjJfWAgLuhZD8-9uRS-](https://calendar.google.com/calendar/_?KKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-eB6EfvqjJfWAgLuhZD8-9uRS-)

Invitation from Google Calendar [https://urldefense.com/v3\\_](https://urldefense.com/v3_) [https://calendar.google.com/calendar/\\_?KKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-eB6EfvqjJfWAgLuhZD8-9uRS-](https://calendar.google.com/calendar/_?KKGKekY1202773yEoLUZXSPEIZASN6aFm1VoolDXolkWwvzrL5BvofwUEC-eB6EfvqjJfWAgLuhZD8-9uRS-)

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**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: AI for Veteran Workforce Development & Podcast - The Callout | OSU, JobsOhio, Anduril

---

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Thursday's 3:15 pm meeting  
**Date:** Wednesday, July 9, 2025 4:12:00 PM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe, I am going to go ahead and decline the invite. Crystal

---

**From:** Garrett, Crystal  
**Sent:** Wednesday, July 9, 2025 12:24 PM  
**To:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Subject:** Thursday's 3:15 pm meeting

Hi Krisanthe,

I just accepted the invite for tomorrow's 3:15 pm meeting for Chris Kabourek. He will be out of town but said he would be able to participate virtually. I just realized this is an in-person meeting. Is a virtual option available? If not, he'll have to decline the invite.

Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Declined: AI for Veteran Workforce Development & Podcast - The Callout | OSU, JobsOhio, Anduril

---

Chris is out of town.

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: JobsOhio link - Re: Thursday's 3:15 pm meeting  
**Date:** Wednesday, July 9, 2025 5:04:00 PM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

Don't worry about it for this one. Chris is traveling and the connection was going to be difficult.

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Wednesday, July 9, 2025 4:33 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** JobsOhio link - Re: Thursday's 3:15 pm meeting

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Hi Crystal - I'm just catching up after meetings this afternoon.

I do not currently have a remote link.

I can ask JobsOhio to provide one since it's their conference room & systems.

If I get one from them, should I send it to you so Chris can join?

Kindest regards,

Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Wed, Jul 9, 2025 at 4:13 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe, I am going to go ahead and decline the invite. Crystal

---

**From:** Garrett, Crystal

**Sent:** Wednesday, July 9, 2025 12:24 PM

**To:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Subject:** Thursday's 3:15 pm meeting

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THE OHIO STATE UNIVERSITY

Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Re: JobsOhio link - Re: Thursday's 3:15 pm meeting  
**Date:** Wednesday, July 9, 2025 5:05:53 PM  
**Attachments:** [image001.png](#)

---

**This Message Is From an External Sender**

This message came from outside your organization.

[Report Suspicious](#)

Ok thank you Crystal.

Kindest regards,  
Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube [@thecalloutpodcast3716](#)

On Wed, Jul 9, 2025 at 5:04 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Don't worry about it for this one. Chris is traveling and the connection was going to be difficult.

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Wednesday, July 9, 2025 4:33 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** JobsOhio link - Re: Thursday's 3:15 pm meeting

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Kindest regards,  
Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

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**To:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Subject:** Thursday's 3:15 pm meeting

Hi Krisanthe,

I just accepted the invite for tomorrow's 3:15 pm meeting for Chris Kabourek. He will be out of town but said he would be able to participate virtually. I just realized this is an in-person meeting. Is a virtual option available? If not, he'll have to decline the invite.

Best regards,

Crystal



Crystal Garrett

Executive Assistant

Office of Administration and Planning

B5048 University Square South

15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett\\_Crystal](#)  
**Subject:** Invitation: Chris Kabourek & Krisanthe | Starbucks @ Mon Jul 28, 2025 7am - 8am (CDT) (kabourek.2@osu.edu)  
**Attachments:** [invite.ics](#)

Chris Kabourek & Krisanthe | Starbucks You have been invited by Krisanthe Vlahos to attend an event named Chris Kabourek & Krisanthe | Starbucks on Monday Jul 28, 2025 - 7am - 8am (Central Time - Chicago) When Monday Jul 28, 2025 - 7am - 8am (Central Time - Chicago)  
ZjQcmQRYFpfHBannerStart  
This Message Is From an External Sender  
This message came from outside your organization  
<[https://us-phishalarm-cwt-proofpoint.com/EWTv1/KGKeukY!skQZ163L4qCYKQvqR1QREdXwCaM2nTLDZYFWjgOL10TOGTMdqpKjH3f-nshmKH\\_m81QK-0DzVY0X0mAtgm-JYBLWNOAla3YhY184UdU7X6aRG1Be6S](https://us-phishalarm-cwt-proofpoint.com/EWTv1/KGKeukY!skQZ163L4qCYKQvqR1QREdXwCaM2nTLDZYFWjgOL10TOGTMdqpKjH3f-nshmKH_m81QK-0DzVY0X0mAtgm-JYBLWNOAla3YhY184UdU7X6aRG1Be6S)>  
Report Suspicious

ZjQcmQRYFpfHBannerEnd  
Chris Kabourek & Krisanthe | Starbucks  
You have been invited by Krisanthe Vlahos to attend an event named Chris Kabourek & Krisanthe | Starbucks on Monday Jul 28, 2025 - 7am - 8am (Central Time - Chicago)

When  
Monday Jul 28, 2025 - 7am - 8am (Central Time - Chicago)

Location  
Starbucks, 1636 N High St, Columbus, OH 43201, USA  
View map <[https://urldefense.com/v3/https://www.google.com/maps/search/Starbucks,\\*1636%N%High%St,\\*Columbus,\\*OH\\*43201,\\*USA?hl=en...KysrKysrKysr!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://www.google.com/maps/search/Starbucks,*1636%N%High%St,*Columbus,*OH*43201,*USA?hl=en...KysrKysrKysr!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>

Guests

Krisanthe Vlahos <<mailto:kv@thecallpodcast.com>>  
- organizer  
kabourek.2@osu.edu <<mailto:kabourek.2@osu.edu>>  
View all guest info <[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=1&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America\\*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=1&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>  
Reply for kabourek.2@osu.edu <<mailto:kabourek.2@osu.edu>>  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=1&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America\\*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=1&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>  
Yes  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=2&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America\\*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=2&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>  
No  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=3&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America\\*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=3&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>  
Maybe  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=1&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America\\*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=bjF2Nw12azBwaT00tldc3FNTJcmZ2ODgga2Fib3VjZWsaMkVvc3UzWzRl&st=1&tok=MjQmQjZAdGhY2FsbG91dHBvZGNhc3QuY29mRiZlRlZGQ3NzBmNmMyZmVnMjg2NTI0ODk2Y2MwZDMwNGRlMGMFJOA&etz=-America*2FChiagokhl=enkes=0...JQ!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>  
More options

Invitation from Google Calendar <[https://urldefense.com/v3/https://calendar.google.com/calendar/...!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://calendar.google.com/calendar/...!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>

You are receiving this email because you are an attendee on the event

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more <[https://urldefense.com/v3/https://support.google.com/calendar/answer/37135?forwarding\\_\\_fw!KGKeukY!wkl-sIXcVK\\_Uuva0\\_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES](https://urldefense.com/v3/https://support.google.com/calendar/answer/37135?forwarding__fw!KGKeukY!wkl-sIXcVK_Uuva0_BOHhUZ0KEuPDw5ZQug3bW5gh7YS7j6-P83u2SiyTVyOq8XJIApHE73Sty8APoES)>

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Monday's meeting with Chris Kabourek  
**Date:** Thursday, July 24, 2025 3:17:00 PM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

Chris asked me to reach out and let you know he is only available from 8:00-8:30 on Monday. Can you update the calendar invite?

Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** New Time Proposed: Chris Kabourek & Krisanthe | Starbucks

---

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Monday's meeting with Chris Kabourek  
**Date:** Thursday, July 24, 2025 3:18:00 PM  
**Attachments:** [image001.png](#)

---

Thank you! Much appreciated. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, July 24, 2025 3:18 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Monday's meeting with Chris Kabourek

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Will do now. Thanks Crystal

Kindest regards,  
Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Thu, Jul 24, 2025 at 3:17 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Chris asked me to reach out and let you know he is only available from 8:00-8:30 on Monday. Can you update the calendar invite?

Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Re: Monday's meeting with Chris Kabourek  
**Date:** Thursday, July 24, 2025 3:19:52 PM  
**Attachments:** [image001.png](#)

---

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Done! You're welcome

Kindest regards,  
Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube [@thecalloutpodcast3716](#)

On Thu, Jul 24, 2025 at 3:18 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Thank you! Much appreciated. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, July 24, 2025 3:18 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Monday's meeting with Chris Kabourek

Will do now. Thanks Crystal

Kindest regards,  
Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

On Thu, Jul 24, 2025 at 3:17 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Chris asked me to reach out and let you know he is only available from 8:00-8:30 on Monday.  
Can you update the calendar invite?

Best regards,

Crystal



Crystal Garrett

Executive Assistant

Office of Administration and Planning

B5048 University Square South

15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Chris Kabourek & Krisanthe | Starbucks

---

From: [Krisanthie Vlahos](#)  
To: [Gerritt Crystal](#)  
Subject: Updated invitation: Chris Kabourek & Krisanthie | Starbucks @ Mon Jul 28, 2025 7am - 7:30am (CDT) (kabourek.2@osu.edu)  
Attachments: [image.png](#)

Chris Kabourek & Krisanthie | Starbucks You have been invited by Krisanthie Vlahos to attend an event named Chris Kabourek & Krisanthie | Starbucks on Monday Jul 28, 2025 - 7am - 7:30am (Central Time - Chicago) This event has been updated

ZjQuwGRYFjpfllhancStart  
This Message is From an External Sender  
This message came from outside your organization  
-https://phishalarm-eet.postprod.com/ETWT?i=1:KGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-  
Report Suspicious

ZjQuwGRYFjpfllhancStart  
Chris Kabourek & Krisanthie | Starbucks  
You have been invited by Krisanthie Vlahos to attend an event named Chris Kabourek & Krisanthie | Starbucks on Monday Jul 28, 2025 - 7am - 7:30am (Central Time - Chicago)

This event has been updated  
Changed: time

When

CHANGED  
Monday Jul 28, 2025 - 7am - 7:30am (Central Time - Chicago)  
Old: Monday Jul 28, 2025 - 7am - 8am (Central Time - Chicago)

Location

Starbucks, 1636 N High St, Columbus, OH 43201, USA  
View map -https://udfense.com/v3/...https://www.google.com/maps/search/Starbucks,+1636+N+High+St,+Columbus,+OH+43201,+USA?hl=en\_\_\_KyoKyoRycTKGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-

Guests

Krisanthie Vlahos <mailto:kvj@thealltopodcast.com>

<organizer

kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

View all guest info -https://udfense.com/v3/...https://calendar.google.com/calendar/event?

action=VIEWWkaad-hjZ2NW12a2BwaTd6Tdc3fJNTkcmZjODggZjB0VjZwa0MhYvc3UzZWRIa3tsk-MjQya3ZAAGhY2FhG91dHBvZGNoe3Qy29ZmZlZTRhZGQ3NjBmNmMyZmVmMjN0ODkY2MwZDMwNGRlMGEFjDAACtz-America%2FChicago&hl=en&es=0\_3Qf\_KGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-

Reply for kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

-https://udfense.com/v3/...https://calendar.google.com/calendar/event?

action=RESPONDkcaad-hjZ2NW12a2BwaTd6Tdc3fJNTkcmZjODggZjB0VjZwa0MhYvc3UzZWRIa3tsk-MjQya3ZAAGhY2FhG91dHBvZGNoe3Qy29ZmZlZTRhZGQ3NjBmNmMyZmVmMjN0ODkY2MwZDMwNGRlMGEFjDAACtz-America%2FChicago&hl=en&es=0\_3Qf\_KGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-

Yes

-https://udfense.com/v3/...https://calendar.google.com/calendar/event?

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No

-https://udfense.com/v3/...https://calendar.google.com/calendar/event?

action=RESPONDkcaad-hjZ2NW12a2BwaTd6Tdc3fJNTkcmZjODggZjB0VjZwa0MhYvc3UzZWRIa3tsk-MjQya3ZAAGhY2FhG91dHBvZGNoe3Qy29ZmZlZTRhZGQ3NjBmNmMyZmVmMjN0ODkY2MwZDMwNGRlMGEFjDAACtz-America%2FChicago&hl=en&es=0\_3Qf\_KGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-

Maybe

-https://udfense.com/v3/...https://calendar.google.com/calendar/event?

action=VIEWWkaad-hjZ2NW12a2BwaTd6Tdc3fJNTkcmZjODggZjB0VjZwa0MhYvc3UzZWRIa3tsk-MjQya3ZAAGhY2FhG91dHBvZGNoe3Qy29ZmZlZTRhZGQ3NjBmNmMyZmVmMjN0ODkY2MwZDMwNGRlMGEFjDAACtz-America%2FChicago&hl=en&es=0\_3Qf\_KGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-

More options

Invitation from Google Calendar -https://udfense.com/v3/...https://calendar.google.com/calendar/...\_7fKGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-

You are receiving this email because you are an attendee on the event

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more -https://udfense.com/v3/...https://support.google.com/calendar/answer/37135?forwarding\_\_fw=TKGKcaYl2NBQwAFMDRZlaV6t6fka3u9ZGaMBTLuLaT1SD4qSpDYfan6PwHWRN5m-NLd3xSRZiAHMF5-



**From:** [AP Senior Vice President's Office](#)  
**To:** [Kabourek, Chris](#); [Burgess, Amy](#); [Eringman, Joey](#); [Hedman, Dan](#); [Garrett, Crystal](#)  
**Subject:** Team Huddle (Kevin out)  
**Attachments:** [7.28.25.docx](#)  
[August Staff Meeting Agenda.docx](#)

---

Microsoft Teams Need help? <<https://aka.ms/JoinTeamsMeeting?omkt=en-US>>

Join the meeting now <[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d)>

[REDACTED]

[REDACTED]

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Dial in by phone

[REDACTED] > United States, Columbus

Find a local number <<https://dialin.teams.microsoft.com/f9f12f2f-59bb-45b6-88fc-5d90dd31b538?id=32896108>>

Phone conference ID: [REDACTED]

For organizers: Meeting options <[https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19\\_meeting\\_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj@thread.v2&messageId=0&language=en-US](https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19_meeting_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj@thread.v2&messageId=0&language=en-US)> | Reset dial-in PIN <<https://dialin.teams.microsoft.com/usp/pstnconferencing>>

Org help <<https://admin.resources.osu.edu/office-365/teams>>

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## TEAM HUDDLE AGENDA

July 28, 2025

Coming up this week:

Monday

- Team Huddle
- Kabourek / Feeman Call

Tuesday

- Kabourek / Johnson / Komlanc Meeting
- President's Cabinet
- Tishman and CampusParc Introduction / Kick-Off Meeting
- Kabourek / University Communications Team Meeting
- Kabourek / Ahmed / Gabis / Munger / Poldemann - Student Life Tour of South High Rise
- Kabourek / Poldemann Bi-Weekly Meeting
- BoT Hotel Presentation #2

Wednesday

- Kabourek / Vlahos Meeting
- Kabourek / Blackburn Bi-Weekly Meeting
- Kabourek / Albert / Burgess / Calamari / Conselyea / Hoffsis / Rumbaugh – Landscape / Beautification Concepts Discussion
- BoT Master Planning & Facilities Committee Meeting

Thursday

- OSU Outpatient Care Powell Tour
- Campus Partners Board Meeting
- Faculty Club Study Discussion
- Kabourek / Garcia / McCabe Monthly Meeting
- Kabourek / Parkinson Monthly Meeting
- Kabourek / Eicher Meeting
- BOPSAT
- Kabourek / Conselyea Bi-Weekly Meeting

Friday

- Strategic Space Committee Meeting
- Kabourek / Burgess Weekly Meeting
- Weekly Campus Walk

Coming up the following week:

Monday, 8/4 – Wednesday, 8/6

- Apple - California

Thursday, 8/7

- Health Sciences Deans Cluster
- Kabourek / Hoffsis Bi-Weekly Meeting
- Kabourek / Papadakis Bi-Weekly Meeting
- Kabourek / Bartley / Burgess / Hoffsis / Rastauskas Bi-Weekly Meeting
- Kabourek / Hunter / Martin / Palko / Schneider – A&P Listening Survey Results
- BOPSAT

Friday, 8/8

- Kabourek / Bartley / Hoffsis / Rastauskas / Stevens Meeting – OSU Priorities
- Kabourek / Burgess Weekly Meeting
- Kabourek / Hall / Papadakis / Hoffher Meeting – Workday Partnership Update Meeting
- Innovation District Executive Committee Meeting
- Campus Walk



*Additional Items*

- Budget – All
- Weekly Review of PC Agenda Items – All
  - July 29 (MP&F Committee Run Through)
  - August 12 (BoT Run Through)
  - August 26
- Staff Meeting Agenda (attachment) – All



## AGENDA

A&P Staff Meeting

Tuesday, August 12, 2025

10:30 am – 12:00 pm

4140 University Square South

- |   |          |            |
|---|----------|------------|
| 1. Reception – Thank You Ginger / Welcome Rob |          | 30 minutes |
| 2. Brief Remarks                              | Lowden   | 5 minutes  |
| 3. Budget Update (may not have any updates)   | King     | 10 minutes |
| 4. HR Update                                  | Hunter   | 10 minutes |
| 5. SVP Updates                                | Kabourek | 20 minutes |

**From:** [AP Senior Vice President's Office](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Team Huddle (Kevin out)  
**Attachments:** [7.28.25.docx](#)  
[August Staff Meeting Agenda.docx](#)

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Microsoft Teams Need help? <<https://aka.ms/JoinTeamsMeeting?omkt=en-US>>

Join the meeting now <[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d)>

[REDACTED]

[REDACTED]

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Dial in by phone

[REDACTED] > United States, Columbus

Find a local number <<https://dialin.teams.microsoft.com/f9f12f2f-59bb-45b6-88fc-5d90dd31b538?id=32896108>>

Phone conference ID: [REDACTED]

For organizers: Meeting options <[https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19\\_meeting\\_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj@thread.v2&messageId=0&language=en-US](https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19_meeting_NmlxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj@thread.v2&messageId=0&language=en-US)> | Reset dial-in PIN <<https://dialin.teams.microsoft.com/usp/pstnconferencing>>

Org help <<https://admin.resources.osu.edu/office-365/teams>>

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**From:** [AP Senior Vice President's Office](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Canceled: Team Huddle (Kevin out)  
**Attachments:** [7.28.25.docx](#)  
[August Staff Meeting Agenda.docx](#)  
**Importance:** High

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Microsoft Teams Need help? <<https://aka.ms/JoinTeamsMeeting?omkt=en-US>>

Join the meeting now <[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_NmIxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_NmIxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%22467f6aff-a2cf-4b56-ad8a-c1d244183fdd%22%7d)>

[REDACTED]

[REDACTED]

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Dial in by phone

[REDACTED] > United States, Columbus

Find a local number <<https://dialin.teams.microsoft.com/f9f12f2f-59bb-45b6-88fc-5d90dd31b538?id=32896108>>

Phone conference ID: [REDACTED]

For organizers: Meeting options <[https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19\\_meeting\\_NmIxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj@thread.v2&messageId=0&language=en-US](https://teams.microsoft.com/meetingOptions/?organizerId=467f6aff-a2cf-4b56-ad8a-c1d244183fdd&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19_meeting_NmIxNDJmMmItYjMyOS00MjJmLWEzZDctMmQ1YWE5YTViZjNj@thread.v2&messageId=0&language=en-US)> | Reset dial-in PIN <<https://dialin.teams.microsoft.com/usp/pstnconferencing>>

Org help <<https://admin.resources.osu.edu/office-365/teams>>

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**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Updated invitation: Chris Kabourek & Krisanthe | Starbucks @ Fri Aug 8, 2025 7am - 7:30am (CDT) (kabourek.2@osu.edu)  
**Attachments:** [invite.ics](#)

Chris Kabourek & Krisanthe | Starbucks You have been invited by Krisanthe Vlahos to attend an event named Chris Kabourek & Krisanthe | Starbucks on Friday Aug 8, 2025 - 7am - 7:30am (Central Time - Chicago) This event has been updated

ZjQmQRYFpfBannerStart  
This Message Is From an External Sender

This message came from outside your organization

<https://us-phishalarm-evt-postpoint.com/EWT/1/1/KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

Report Suspicious

ZjQmQRYFpfBannerEnd

Chris Kabourek & Krisanthe | Starbucks

You have been invited by Krisanthe Vlahos to attend an event named Chris Kabourek & Krisanthe | Starbucks on Friday Aug 8, 2025 - 7am - 7:30am (Central Time - Chicago)

This event has been updated

Changed: time

When

CHANGED

Friday Aug 8, 2025 - 7am - 7:30am (Central Time - Chicago)

Old: Wednesday Jul 30, 2025 - 11am - 11:30am (Central Time - Chicago)

Location

Starbucks, 1636 N High St, Columbus, OH 43201, USA

View map <https://urldefense.com/v3/https://www.google.com/maps/search/Starbucks,\*1636N\*High\*St,\*Columbus,\*OH\*43201,\*USA?hl=en\_-\_KysrKysrKysr!!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

Guests

Krisanthe Vlahos <mailto:kv@thealloutpodcast.com>

- organizer

kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

View all guest info <https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=VIEW&cid=bf2f2NW12azBwaT406Tdlc3FNTJscm2Z0Dgga2F83V3ZwsuMkBvc3UzZWR1&tok=MjQ3ZAdGhY2FsbG91dHBvZGh3QyY29mRmZlZThZGQ3NzBmNmMyZmVmMjg2NTx0dL2Y2MwZDMwNGRIMGFjOA&ctz=America\*2FChicago&hl=en&es=0\_!jQ!!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

Reply for kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=RESPOND&cid=bf2f2NW12azBwaT406Tdlc3FNTJscm2Z0Dgga2F83V3ZwsuMkBvc3UzZWR1&rst=1&tok=MjQ3ZAdGhY2FsbG91dHBvZGh3QyY29mRmZlZThZGQ3NzBmNmMyZmVmMjg2NTx0dL2Y2MwZDMwNGRIMGFjOA&ctz=America\*2FChicago&hl=en&es=0\_!jQ!!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

Yes

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=RESPOND&cid=bf2f2NW12azBwaT406Tdlc3FNTJscm2Z0Dgga2F83V3ZwsuMkBvc3UzZWR1&rst=2&tok=MjQ3ZAdGhY2FsbG91dHBvZGh3QyY29mRmZlZThZGQ3NzBmNmMyZmVmMjg2NTx0dL2Y2MwZDMwNGRIMGFjOA&ctz=America\*2FChicago&hl=en&es=0\_!jQ!!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

No

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=RESPOND&cid=bf2f2NW12azBwaT406Tdlc3FNTJscm2Z0Dgga2F83V3ZwsuMkBvc3UzZWR1&rst=3&tok=MjQ3ZAdGhY2FsbG91dHBvZGh3QyY29mRmZlZThZGQ3NzBmNmMyZmVmMjg2NTx0dL2Y2MwZDMwNGRIMGFjOA&ctz=America\*2FChicago&hl=en&es=0\_!jQ!!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

Maybe

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=VIEW&cid=bf2f2NW12azBwaT406Tdlc3FNTJscm2Z0Dgga2F83V3ZwsuMkBvc3UzZWR1&tok=MjQ3ZAdGhY2FsbG91dHBvZGh3QyY29mRmZlZThZGQ3NzBmNmMyZmVmMjg2NTx0dL2Y2MwZDMwNGRIMGFjOA&ctz=America\*2FChicago&hl=en&es=0\_!jQ!!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

More options

Invitation from Google Calendar <https://urldefense.com/v3/https://calendar.google.com/calendar/.../!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

You are receiving this email because you are an attendee on the event

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more <https://urldefense.com/v3/https://support.google.com/calendar/answer/37135?forwarding=\_\_fw!KGKeuY1q0\_1jTq-4IXzLqPqyGJuBqk871sqxH6iPC-0dy8Z0MYe3J8yR4-2swxs49L2KBwQnc50nuP1\_adj5>

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Chris Kabourek & Krisanthe | Starbucks

---

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#); [Cunningham, Alexis](#)  
**Subject:** RE: Schedule Virtual Meeting | Demo App  
**Date:** Thursday, August 14, 2025 4:20:00 PM  
**Attachments:** [image001.png](#)  
[image002.png](#)

---

Chris is available on Monday, 8/18, 5:00 pm. Crystal




Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
85048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, August 14, 2025 2:06 PM  
**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>  
**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Schedule Virtual Meeting | Demo App

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I'm good. Let's plan on if Crystal says we're good to go

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Thu, Aug 14, 2025 at 2:02 PM Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

|

Great, thank you! President Carter is hoping to schedule this first virtual meeting for next Monday, August 18, at 5:00pm ET. Are you available? I believe he communicated with Chris about this timing offline already but I'm looping in Crystal Garrett to confirm his availability.

Thank you,  
Alexis



## THE OHIO STATE UNIVERSITY

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**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

Office of the President

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Thursday, August 14, 2025 8:43 AM

**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>

**Subject:** Re: Schedule Virtual Meeting | Demo App

Good morning!

They're 2 separate requests.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Thu, Aug 14, 2025 at 8:40 AM Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

Hi Krisanthe,

Before proceeding, is this a different request from the email you sent directly to Chris and President Carter at 5:50am, or should this be considered as a different request?

Thank you,  
Alexis



# THE OHIO STATE UNIVERSITY

---

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

Office of the President

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Wednesday, August 13, 2025 2:22 PM

**To:** Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>;  
Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>

**Subject:** Schedule Virtual Meeting | Demo App

Good Afternoon DiAnn & Alexis,

Chris asked I coordinate with President Carter's office to schedule a 30-45 minute time sensitive meeting. It'll be a remote meeting. I'll send out the calendar event with the link. Chris & I will work around President Carter's schedule.

Can you please help identify possible dates & times?

Grateful U.S. Navy Nuke Mom

~ Krisanthe

Creator | Host | Exec. Producer

The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

From: [Krisanthe Vlahos](#)  
To: [Cunningham, Alexis](#); [Kabourk, Chris](#); [Toff, Jill](#); [Garrett, Crystal](#); [Hamilton, DiAnn](#); [Carter, Walter](#)  
Subject: Invitation: (pending JR's confirmation) discuss proposal | President ... @ Wed Aug 20, 2025 12:30pm - 1:30pm (CDT) (garrett.8@osu.edu)  
Attachments: [invite.ca](#)

(pending JR's confirmation) discuss proposal | President Carter, Chris Kabourk, JR & Krisanthe You have been invited by Krisanthe Vlahos to attend an event named (pending JR's confirmation) discuss proposal | President Carter, Chris Kabourk, JR & Krisanthe Vlahos

This message is from an External Sender  
This message came from outside your organization  
->[https://us-phishalms-est-frontend.com/EWTv1IKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy\\_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A\\_#BUj6cE5-](#)  
Report Suspicious

(pending JR's confirmation) discuss proposal | President Carter, Chris Kabourk, JR & Krisanthe  
You have been invited by Krisanthe Vlahos to attend an event named (pending JR's confirmation) discuss proposal | President Carter, Chris Kabourk, JR & Krisanthe on Wednesday Aug 20, 2025 - 12:30pm -

When  
Wednesday Aug 20, 2025 - 12:30pm (Central Time - Chicago)

Location  
View map ->[https://maps.google.com/maps/search/President+Carter\\*\\*Ba\\*/office?hl=en\\_KKAns1IKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy\\_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A\\_#BUj6cE5-](https://maps.google.com/maps/search/President+Carter**Ba*/office?hl=en_KKAns1IKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A_#BUj6cE5-)

Krisanthe Vlahos <<mailto:kvh@thealcotpodcast.com>>  
- organizer  
cunningham 800@osu.edu <<mailto:cunningham 800@osu.edu>>  
kabourk 2@osu.edu <<mailto:kabourk 2@osu.edu>>  
toff 20@osu.edu <<mailto:toff 20@osu.edu>>  
garrett 8@osu.edu <<mailto:garrett 8@osu.edu>>  
hamilton 1600@osu.edu <<mailto:hamilton 1600@osu.edu>>  
carter 219@osu.edu <<mailto:carter 219@osu.edu>>  
View all guest info ->[https://calendar.google.com/calendar/event?\\_id=JN38BPIQ\\_Dv0gG4E-cv9a8N5-](https://urldefense.com/v3__https://calendar.google.com/calendar/event?_id=JN38BPIQ_Dv0gG4E-cv9a8N5-)  
action=VIEW&cid=cWZ2ZjZAMzZkQyYTQzOWJ2b1D0W9wTQgZ2fycmV0k4QOG9a8S2ZHUk&tr=2&tok=MjQxMjUyYm9mMjY0ODk0DkYyLUNGFhNjM0MDI0ZTA0S2NlZmRlYg&ct=America%2FChicago&hl=es&es=0\_\_JQIKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy\_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A\_#BUj6cE5-  
Reply for garrett 8@osu.edu <<mailto:garrett 8@osu.edu>>  
->[https://calendar.google.com/calendar/event?\\_id=JN38BPIQ\\_Dv0gG4E-cv9a8N5-](https://urldefense.com/v3__https://calendar.google.com/calendar/event?_id=JN38BPIQ_Dv0gG4E-cv9a8N5-)  
action=RESPOND&cid=cWZ2ZjZAMzZkQyYTQzOWJ2b1D0W9wTQgZ2fycmV0k4QOG9a8S2ZHUk&tr=1&tok=MjQxMjUyYm9mMjY0ODk0DkYyLUNGFhNjM0MDI0ZTA0S2NlZmRlYg&ct=America%2FChicago&hl=es&es=0\_\_JQIKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy\_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A\_#BUj6cE5-  
Reply for hamilton 1600@osu.edu <<mailto:hamilton 1600@osu.edu>>  
->[https://calendar.google.com/calendar/event?\\_id=JN38BPIQ\\_Dv0gG4E-cv9a8N5-](https://urldefense.com/v3__https://calendar.google.com/calendar/event?_id=JN38BPIQ_Dv0gG4E-cv9a8N5-)  
action=RESPOND&cid=cWZ2ZjZAMzZkQyYTQzOWJ2b1D0W9wTQgZ2fycmV0k4QOG9a8S2ZHUk&tr=3&tok=MjQxMjUyYm9mMjY0ODk0DkYyLUNGFhNjM0MDI0ZTA0S2NlZmRlYg&ct=America%2FChicago&hl=es&es=0\_\_JQIKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy\_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A\_#BUj6cE5-  
More options

Invitation from Google Calendar ->[https://calendar.google.com/calendar?...IKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy\\_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A\\_#BUj6cE5-](https://urldefense.com/v3__https://calendar.google.com/calendar?...IKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A_#BUj6cE5-)  
You are receiving this email because you are an attendee on the event

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more  
->[https://support.google.com/calendar/answer/37135?forwarding\\_\\_id=IKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy\\_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A\\_#BUj6cE5-](https://urldefense.com/v3__https://support.google.com/calendar/answer/37135?forwarding__id=IKGKekYt4QZ16LqCkQYKQyR3EtrWPEDEAqDx6S2NT-ksrv7Z-Dhg45oy_kTEAqUs68MYFLjakc55MRGjOoN5s5E3xiMoakylc7A_#BUj6cE5-)



**From:** [Krisantho Viblos](#)  
**To:** [Cunningham, Aileen](#); [Labours, Chris](#); [Garrett, Crystal](#); [Hamilton, Debra](#); [Genter, Walter](#)  
**Subject:** Invitation: App Demo | demo link to follow @ Mon Aug 18, 2025 4pm - 4:30pm (CDT) (garrett.8@osu.edu)  
**Attachments:** [null:~](#)

App Demo (demo link to follow) You have been invited by Krisantho Viblos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 4pm - 4:30pm (Central Time - Chicago). When Monday Aug 18, 2025 - 4pm - 4:30pm (Central Time - Chicago) starts  
Z/uuQRVYfjplhmmE/Start  
This message is from an External Sender  
This message came from outside your organization.  
[https://osuphishamevent.postpodcast.com/EWT1v1tKGGKcaY3H\\_aDF2EaYaD8oc83M1LzdZaPG4b\\_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-Report](https://osuphishamevent.postpodcast.com/EWT1v1tKGGKcaY3H_aDF2EaYaD8oc83M1LzdZaPG4b_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-Report) Suspicious

Z/uuQRVYfjplhmmE/End  
App Demo (demo link to follow)  
You have been invited by Krisantho Viblos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 4pm - 4:30pm (Central Time - Chicago).

When

Monday Aug 18, 2025 - 4pm - 4:30pm (Central Time - Chicago)

Guests

Krisantho Viblos -mailto:kj@thealltopodcast.com-  
- organizer  
cunningham.800@osu.edu -mailto:cunningham.800@osu.edu-  
labours.2@osu.edu -mailto:labours.2@osu.edu-  
garrett.8@osu.edu -mailto:garrett.8@osu.edu-  
hamilton.1600@osu.edu -mailto:hamilton.1600@osu.edu-  
cgent.218@osu.edu -mailto:cgent.218@osu.edu-

View all guest info -https://calendar.google.com/calendar/event?action=VIEW&ical=VjF0bWwMDZDZaWwNnNycDhkJFwWdEdAgZ2FyonVhMC40Q09hS1ZURksc-MjQyZAAhGAY2F6G91BHB-ZGNhc3QvY2N5YjA5OTg0ZDZpMjNjA5OTQ0ZDZlVjYyZTQ0YmY4NGUzMGJlN0Q0Ngktcm-Ameita\*2fChicago4h1-ea8es-0\_\_RQjKGGKcaY3H\_aDF2EaYaD8oc83M1LzdZaPG4b\_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-  
Reply for garrett.8@osu.edu -mailto:garrett.8@osu.edu-  
[https://calendar.google.com/calendar/event?action=RESPOND&ical=VjF0bWwMDZDZaWwNnNycDhkJFwWdEdAgZ2FyonVhMC40Q09hS1ZURksc-MjQyZAAhGAY2F6G91BHB-ZGNhc3QvY2N5YjA5OTg0ZDZpMjNjA5OTQ0ZDZlVjYyZTQ0YmY4NGUzMGJlN0Q0Ngktcm-Ameita\\*2fChicago4h1-ea8es-0\\_\\_RQjKGGKcaY3H\\_aDF2EaYaD8oc83M1LzdZaPG4b\\_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-](https://calendar.google.com/calendar/event?action=RESPOND&ical=VjF0bWwMDZDZaWwNnNycDhkJFwWdEdAgZ2FyonVhMC40Q09hS1ZURksc-MjQyZAAhGAY2F6G91BHB-ZGNhc3QvY2N5YjA5OTg0ZDZpMjNjA5OTQ0ZDZlVjYyZTQ0YmY4NGUzMGJlN0Q0Ngktcm-Ameita*2fChicago4h1-ea8es-0__RQjKGGKcaY3H_aDF2EaYaD8oc83M1LzdZaPG4b_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-)  
Yes  
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No  
[https://calendar.google.com/calendar/event?action=RESPOND&ical=VjF0bWwMDZDZaWwNnNycDhkJFwWdEdAgZ2FyonVhMC40Q09hS1ZURksc-MjQyZAAhGAY2F6G91BHB-ZGNhc3QvY2N5YjA5OTg0ZDZpMjNjA5OTQ0ZDZlVjYyZTQ0YmY4NGUzMGJlN0Q0Ngktcm-Ameita\\*2fChicago4h1-ea8es-0\\_\\_RQjKGGKcaY3H\\_aDF2EaYaD8oc83M1LzdZaPG4b\\_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-](https://calendar.google.com/calendar/event?action=RESPOND&ical=VjF0bWwMDZDZaWwNnNycDhkJFwWdEdAgZ2FyonVhMC40Q09hS1ZURksc-MjQyZAAhGAY2F6G91BHB-ZGNhc3QvY2N5YjA5OTg0ZDZpMjNjA5OTQ0ZDZlVjYyZTQ0YmY4NGUzMGJlN0Q0Ngktcm-Ameita*2fChicago4h1-ea8es-0__RQjKGGKcaY3H_aDF2EaYaD8oc83M1LzdZaPG4b_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-)  
More options

Invitation from Google Calendar -https://calendar.google.com/calendar?\_FKGGKcaY3H\_aDF2EaYaD8oc83M1LzdZaPG4b\_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-  
You are receiving this email because you are an attendee on the event.

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more  
[https://calendar.google.com/calendar/answer?T115?evolving...\\_FKGGKcaY3H\\_aDF2EaYaD8oc83M1LzdZaPG4b\\_HyIMK9wSYENH1eQdYac36Q6K9kRWYNnuzfdrEaXtLS-](https://calendar.google.com/calendar/answer?T115?evolving...)



**From:** [Cunningham, Alexis](#)  
**To:** [Krisanthe Vlahos](#); [Garrett, Crystal](#)  
**Subject:** RE: Schedule Virtual Meeting | Demo App  
**Date:** Friday, August 15, 2025 8:09:45 AM  
**Attachments:** [image001.png](#)  
[image002.png](#)

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Thank you!



THE OHIO STATE UNIVERSITY

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager  
Office of the President

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office


[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, August 14, 2025 6:59 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Cc:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>  
**Subject:** Re: Schedule Virtual Meeting | Demo App

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Driving to Charleston for sons navy nuke graduation. When stationary tonight will send calendar event. Thank you!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube [@thecalloutpodcast3716](https://www.youtube.com/@thecalloutpodcast3716)

On Thu, Aug 14, 2025 at 4:20 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Chris is available on Monday, 8/18, 5:00 pm. Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, August 14, 2025 2:06 PM  
**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>  
**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Schedule Virtual Meeting | Demo App

I'm good. Let's plan on if Crystal says we're good to go

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Thu, Aug 14, 2025 at 2:02 PM Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

Great, thank you! President Carter is hoping to schedule this first virtual meeting for next Monday, August 18, at 5:00pm ET. Are you available? I believe he communicated with Chris about this timing offline already but I'm looping in Crystal Garrett to confirm his availability.

Thank you,  
Alexis



**THE OHIO STATE UNIVERSITY**

---

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

Office of the President

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Thursday, August 14, 2025 8:43 AM

**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>

**Subject:** Re: Schedule Virtual Meeting | Demo App

Good morning!

They're 2 separate requests.

Grateful U.S. Navy Nuke Mom

~ Krisanthe

Creator | Host | Exec. Producer

The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Thu, Aug 14, 2025 at 8:40 AM Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

Hi Krisanthe,

Before proceeding, is this a different request from the email you sent directly to Chris and President Carter at 5:50am, or should this be considered as a different request?

Thank you,

Alexis



**THE OHIO STATE UNIVERSITY**

---

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

Office of the President

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Wednesday, August 13, 2025 2:22 PM

**To:** Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>;  
Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>

**Subject:** Schedule Virtual Meeting | Demo App

Good Afternoon DiAnn & Alexis,

Chris asked I coordinate with President Carter's office to schedule a 30-45 minute time sensitive meeting. It'll be a remote meeting. I'll send out the calendar event with the link. Chris & I will work around President Carter's schedule.

Can you please help identify possible dates & times?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716



**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett Crystal](#)  
**Subject:** Updated invitation: discuss proposal | President Carter's Office @ Wed Aug 20, 2025 12:30pm - 1:30pm (CDT) (kabourek.2@osu.edu)  
**Attachments:** [invite.ics](#)

---

discuss proposal | President Carter's Office You have been invited by Krisanthe Vlahos to attend an event named discuss proposal | President Carter's Office on Wednesday Aug 20, 2025 - 12:30pm - 1:30pm (Central Time - Chicago) This event has ZjQcmQRyFpfjBannerStart

This Message Is From an External Sender  
This message came from outside your organization  
->[https://us-phishalarm-evt-prtpoint.com/EWT/1/KGKKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhk3WtpHIS-25](#)  
Report Suspicious

ZjQcmQRyFpfjBannerEnd  
discuss proposal | President Carter's Office  
You have been invited by Krisanthe Vlahos to attend an event named discuss proposal | President Carter's Office on Wednesday Aug 20, 2025 - 12:30pm - 1:30pm (Central Time - Chicago)

This event has been updated  
Changed: title

When  
Wednesday Aug 20, 2025 - 12:30pm - 1:30pm (Central Time - Chicago)

Location  
President Carter's Office  
View map -<[https://maps.google.com/maps/search/President+Carter+Bs+office/hl-on\\_K-KAmSst/KGKKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhk3WtpHIS-25](https://maps.google.com/maps/search/President+Carter+Bs+office/hl-on_K-KAmSst/KGKKeuY!zm7QD2-hfYCBfHfemX091_qCjC_Ud2_jGThq3A_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhk3WtpHIS-25)>

Guests  
Krisanthe Vlahos <[kv@thealloutpodcast.com](mailto:kv@thealloutpodcast.com)>  
<[organizer.cunningham.800@osu.edu](mailto:organizer.cunningham.800@osu.edu)>  
<[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
<[tofi.20@osu.edu](mailto:tofi.20@osu.edu)>  
<[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
<[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>  
<[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>  
<[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>  
View all guest info -<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=1&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America\\*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWh3k3WtpHIS-25](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=1&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091_qCjC_Ud2_jGThq3A_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWh3k3WtpHIS-25)>  
Reply for kabourek.2@osu.edu -<<mailto:kabourek.2@osu.edu>>  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=1&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America\\*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhOzrwHfCS-25](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=1&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091_qCjC_Ud2_jGThq3A_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhOzrwHfCS-25)>  
Yes  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=2&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America\\*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhOM9umb84s-25](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=2&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091_qCjC_Ud2_jGThq3A_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhOM9umb84s-25)>  
No  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=3&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America\\*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhOW75S-25](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=3&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091_qCjC_Ud2_jGThq3A_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhOW75S-25)>  
Maybe  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=1&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America\\*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWh3k3WtpHIS-25](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&cid=WZ2jZjZMGZbDQyTjQ2OWJ2bTlTUOW9uTQg2Fib3VhZWR1&st=1&tok=MjQsZmZkd2Fib3VhZWR1dHBTZGNhc3Uy29MTJ4ZDhmOWU3NTgyYadmGE4YmZmJMGEzOGZhYzFmNzkwMDs0ZQ&ctz=America*2FChicago&hl=en&es=0..JQ!KGGKeuY!zm7QD2-hfYCBfHfemX091_qCjC_Ud2_jGThq3A_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWh3k3WtpHIS-25)>

Invitation from Google Calendar -<[https://urldefense.com/v3/https://calendar.google.com/calendar/\\_/!KGGKeuY!zm7QD2-hfYCBfHfemX091\\_qCjC\\_Ud2\\_jGThq3A\\_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhB1d4T0RS-25](https://urldefense.com/v3/https://calendar.google.com/calendar/_/!KGGKeuY!zm7QD2-hfYCBfHfemX091_qCjC_Ud2_jGThq3A_gTMwCpAaJGGbJEAM84kjYXYGvkKmgWhB1d4T0RS-25)>  
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The Gate @theohiostatejournalist74

On Fri, Aug 15, 2014 at 10:44 AM Central Time, Alaska <[alaska@theohiostatejournalist74](mailto:alaska@theohiostatejournalist74)> wrote:  
Thanks. An excellent newspaper photo. The original is available at [www.navy.mil/submit/display.asp?story\\_id=57776](http://www.navy.mil/submit/display.asp?story_id=57776). Can you also help with the original photo and the original photo credit? Thanks and best regards,  
Alaska

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[http://www.navy.mil/submit/display.asp?story\\_id=57776](#)  
The Gate @theohiostatejournalist74



From: [Krisanthe Vlahos](#)  
To: [Cunningham, Alexis](#); [Kabourek, Chris](#); [Garrett, Crystal](#); [Hamilton, Diana](#); [Carter, Walter](#)  
Subject: Updated invitation: App Demo | demo link to follow @ Mon Aug 18, 2025 2pm - 2:30pm (CDT) (garrett.8@osu.edu)  
Attachments: [invite.ics](#)

App Demo | demo link to follow You have been invited by Krisanthe Vlahos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago). This event has been updated. Changed: time. When CHANGED  
ZjQmQRyYpftBamerStart  
This message is from an External Sender  
This message came from outside your organization  
[https://us.bluelarms-ew-prodprodpoint.com/EW/Fv1/KGKeuY1skQZ16LqC5yKQvqRPUQEKckc6CqXwJTBmbJ7rB0MEBP6okFCAL\\_6AD7toSDXW8diAeYz\\_JkAIIn5e4d6O\\_ImpPydfIT0obQH1vO8r-vwh8S-](https://us.bluelarms-ew-prodprodpoint.com/EW/Fv1/KGKeuY1skQZ16LqC5yKQvqRPUQEKckc6CqXwJTBmbJ7rB0MEBP6okFCAL_6AD7toSDXW8diAeYz_JkAIIn5e4d6O_ImpPydfIT0obQH1vO8r-vwh8S-)  
Report Suspicious

ZjQmQRyYpftBamerEnd  
App Demo | demo link to follow  
You have been invited by Krisanthe Vlahos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)

This event has been updated  
Changed: time

When

CHANGED  
Monday, Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)  
Old: Monday, Aug 18, 2025 - 4pm - 4:30pm (Central Time - Chicago)

Guests

Krisanthe Vlahos <mailto:kv@thealltopodcast.com> - organizer

cunningham 800@osu.edu <mailto:cunningham 800@osu.edu>  
kabourek 2@osu.edu <mailto:kabourek 2@osu.edu>  
garrett 8@osu.edu <mailto:garrett 8@osu.edu>  
hamilton 1000@osu.edu <mailto:hamilton 1000@osu.edu>  
carter 2194@osu.edu <mailto:carter 2194@osu.edu>

View all guest info - [https://calendar.google.com/calendar/event?](https://urldefense.com/v3/__https://calendar.google.com/calendar/event?)  
action=VIEW&cad=1c7fNzhoMDZzaW40NmNbcDhc3FsdWlkeDAgZ2FyemV0eC44QG9zaS5ZHU&tok=MjQqa3ZA6GhY2F4bG91dHBIWjZGNhc3Qy29yY29lOTg0ZDpsMjc2NjAwOTQzZDUzYjYyZTZQ2YmY4NGU5MjJlNzQ5Ng&ctr=America%2FChicago&hl=en&es=0\_\_JQ!KGKeuY11u4b6mhrNPDXjD9xbw5ULLECB7bMe-e7zV1\_GzJfS-8svgH5ph\_1hja3MEmpAAAYMEIOGcS9pjhK3LcS-

Reply for [garrett 8@osu.edu](mailto:garrett 8@osu.edu) <mailto:garrett 8@osu.edu>  
[https://calendar.google.com/calendar/event?](https://urldefense.com/v3/__https://calendar.google.com/calendar/event?)  
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[https://calendar.google.com/calendar/event?](https://urldefense.com/v3/__https://calendar.google.com/calendar/event?)  
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Maybe  
[https://calendar.google.com/calendar/event?](https://urldefense.com/v3/__https://calendar.google.com/calendar/event?)  
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More options

Invitation from Google Calendar - [https://calendar.google.com/calendar/?!KGKeuY11u4b6mhrNPDXjD9xbw5ULLECB7bMe-e7zV1\\_GzJfS-8svgH5ph\\_1hja3MEmpAAAYMEIOGcS9pjhK3LcS-](https://urldefense.com/v3/__https://calendar.google.com/calendar/?!KGKeuY11u4b6mhrNPDXjD9xbw5ULLECB7bMe-e7zV1_GzJfS-8svgH5ph_1hja3MEmpAAAYMEIOGcS9pjhK3LcS-)

You are receiving this email because you are an attendee on the event

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more

[https://support.google.com/calendar/answer/37113?forwarding\\_\\_js=!KGKeuY11u4b6mhrNPDXjD9xbw5ULLECB7bMe-e7zV1\\_GzJfS-8svgH5ph\\_1hja3MEmpAAAYMEIOGcS9pjhK3LcS-](https://urldefense.com/v3/__https://support.google.com/calendar/answer/37113?forwarding__js=!KGKeuY11u4b6mhrNPDXjD9xbw5ULLECB7bMe-e7zV1_GzJfS-8svgH5ph_1hja3MEmpAAAYMEIOGcS9pjhK3LcS-)

**From:** [Krisanthie Vlahos](#)  
**To:** [Germot Crustel](#)  
**Subject:** Updated invitation: App Demo | demo link to follow @ Mon Aug 18, 2025 2pm - 2:30pm (CDT) (labourek.2@osu.edu)  
**Attachments:** [iuh3ia-4](#)

---

App Demo | demo link to follow: You have been invited by Krisanthie Vlahos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago). This event has been updated Changed time When CHANGED

ZQuuQRYVYfjHmrcfEst  
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[https://us-phishlab-em-est-post@postdocs.com/WV1t1KGkKsAYkQZ16LrQYKQpqr627095WJAK3S3WQ8arfvvRL5PFFW3MgIh5eovv\\_5C9&kid\\_Avz-Vo2pN8KLevdCM8MbyWRQvWA5VQXMo+XZDW-4115](https://us-phishlab-em-est-post@postdocs.com/WV1t1KGkKsAYkQZ16LrQYKQpqr627095WJAK3S3WQ8arfvvRL5PFFW3MgIh5eovv_5C9&kid_Avz-Vo2pN8KLevdCM8MbyWRQvWA5VQXMo+XZDW-4115)  
Report Suspicious

ZQuuQRYVYfjHmrcfEst  
App Demo | demo link to follow:  
You have been invited by Krisanthie Vlahos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago).

This event has been updated  
Changed time

When  
CHANGED  
Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)  
Old Monday Aug 18, 2025 - 4pm - 4:30pm (Central Time - Chicago)

Guests  
Krisanthie Vlahos <mailto:kvj@flexallpostdocs.com>  
- organizer  
cortini@ham.900@osu.edu <mailto:cortini@ham.900@osu.edu>  
labourek.2@osu.edu <mailto:labourek.2@osu.edu>  
parent.k@osu.edu <mailto:parent.k@osu.edu>  
hanshen.1600@osu.edu <mailto:hanshen.1600@osu.edu>  
carter.2116@osu.edu <mailto:carter.2116@osu.edu>

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Yes

[https://calendar.google.com/calendar/event?source=RESPOND&cid=YjFfNjhoMEdZaW9uOubwZDhoIFw5dWdAgzF8v1VvZWuMBBvc1UzWRIk&kid=MjQpZSZAAGhYFzF4G91dIBBZGNhc3QvY29Y5jNjE2ODU0ZmRlNGU5MGNMNSZkd0NzYzZjZfZGFfOjFyY290&ct=America%2FChicago&time-zone=0\\_\\_JQIKGKsAY1\\_E0Lp5t4TfXZ9Z9U\\_j1N43866J4\\_9Zy4ac0O1Yv6\\_4E5-2vaA1N1RCPhyVILZq3H9W.hq5Y1UCIS-](#)  
No

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Invitation from Google Calendar <[https://calendar.google.com/calendar/?\\_ga=2.241626841.1703152241.20250818.1703152241](https://calendar.google.com/calendar/?_ga=2.241626841.1703152241.20250818.1703152241)> <mailto:kvj@flexallpostdocs.com>  
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Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more  
<[https://calendar.google.com/calendar/mw/71135?forwarding\\_ba=IKGKsAY1\\_E0Lp5t4TfXZ9Z9U\\_j1N43866J4\\_9Zy4ac0O1Yv6\\_4E5-2vaA1N1RCPhyVILZq3H9W.hq5Y1UCIS-](https://calendar.google.com/calendar/mw/71135?forwarding_ba=IKGKsAY1_E0Lp5t4TfXZ9Z9U_j1N43866J4_9Zy4ac0O1Yv6_4E5-2vaA1N1RCPhyVILZq3H9W.hq5Y1UCIS-)>

**From:** [Krisanthe Vlahos](#)  
**To:** [Cunningham, Alexis](#); [Kabourek, Chris](#); [Garrett, Crystal](#); [Hamilton, Danny](#); [Carter, Walter](#)  
**Subject:** Updated invitation: App Demo | demo link to follow @ Mon Aug 18, 2025 2pm - 2:30pm (CDT) (garrett.8@osu.edu)  
**Attachments:** [inlinks](#)

App Demo | demo link to follow Join with Google Meet - You have been invited by Krisanthe Vlahos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago). This event has been updated.  
ZjQmRkYfPpfbancrfad  
This message came from outside your organization.  
-https://www.phishalarm.com/.../1.KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
Report Suspicious

ZjQmRkYfPpfbancrfad  
App Demo | demo link to follow  
Join with Google Meet - You have been invited by Krisanthe Vlahos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago).  
This event has been updated.

Changed: conferencing  
-https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
Join with Google Meet

Meeting link  
-https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
Join by phone

More phone numbers -https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
-https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-

**When**  
Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)

**Guests**

Krisanthe Vlahos <mailto:k.v@thealltopodcast.com>  
- organizer  
cunningham.800@osu.edu <mailto:cunningham.800@osu.edu>  
kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>  
garrett.8@osu.edu <mailto:garrett.8@osu.edu>  
hamilton.16@osu.edu <mailto:hamilton.16@osu.edu>  
carter.2194@osu.edu <mailto:carter.2194@osu.edu>  
View all guest info: -https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
action=VIEW&e=...&f=NzhoMDZaW40NalyeDhc3FadWdicDAGZ2FyemV0Ac44Q09a8S5ZHU&sr=1&tok=MjQmRkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
Reply for garrett.8@osu.edu <mailto:garrett.8@osu.edu>  
-https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
action=RESPOND&e=...&f=NzhoMDZaW40NalyeDhc3FadWdicDAGZ2FyemV0Ac44Q09a8S5ZHU&sr=2&tok=MjQmRkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
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action=RESPOND&e=...&f=NzhoMDZaW40NalyeDhc3FadWdicDAGZ2FyemV0Ac44Q09a8S5ZHU&sr=3&tok=MjQmRkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
Maybe  
-https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
action=VIEW&e=...&f=NzhoMDZaW40NalyeDhc3FadWdicDAGZ2FyemV0Ac44Q09a8S5ZHU&sr=4&tok=MjQmRkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
More options

Invitation from Google Calendar -https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-  
You are receiving this email because you are an attendee on the event

Forwarding this invitation would allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more  
-https://urldefense.com/v3\_...\_!KGKkYwGey9hRO9R8RyJkRy6x5SLB66t5lm\_bMG7qlomDFH-2kQoTSMbyQT\_0u-8wJZsoprdvByB3xIS-

From: [Kriszta Vidos](#)  
To: [Garnet Oryen](#)  
Subject: Updated invitation: App Demo | demo link to follow @ Mon Aug 18, 2025 2pm - 2:30pm (EST) (labovsk.3@msn.com)  
Attachments: [labovsk](#)

App Demo (demo link to follow) - You have been invited by Kriszta Vidos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago). This event has been updated.  
If you're trying to follow this event, please click on the event link below.  
This message is from an external sender.  
This message came from outside your organization.  
[View the full details of this event on Google Meet](#)  
[Report Suspicious](#)

App Demo (demo link to follow)  
App Demo (demo link to follow)  
Join with Google Meet - You have been invited by Kriszta Vidos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago).  
This event has been updated.

Changed confirmation  
[View the details of this event on Google Meet](#)

Meeting link  
[View the details of this event on Google Meet](#)

Join by phone  
[View the details of this event on Google Meet](#)

More phone numbers  
[View the details of this event on Google Meet](#)

When  
Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)

Guests  
[View the details of this event on Google Meet](#)

Organizer  
[View the details of this event on Google Meet](#)

Guests  
[View the details of this event on Google Meet](#)

View all guest info  
[View the details of this event on Google Meet](#)

Reply for labovsk.3@msn.com  
[View the details of this event on Google Meet](#)

More options  
[View the details of this event on Google Meet](#)

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[View the details of this event on Google Meet](#)

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[View the details of this event on Google Meet](#)

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[View the details of this event on Google Meet](#)

**From:** [Krisanthe Vlahos](#)  
**To:** [Padgett, Anthony](#); [Hentz, Stacia](#); [Prosek, John](#); [Petrilla, Kevin](#); [Jones, Dalton](#); [McDonald, Caleb](#); [Oney, Charles](#); [Peloquin, Paul](#)  
**Cc:** [Kabourek, Chris](#); [Garrett, Crystal](#)  
**Subject:** Podcast recording Wed. 8/27 - Group Photo  
**Date:** Monday, August 18, 2025 9:19:47 AM

---

**This Message Is From an External Sender**

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Good morning My Amazing WOSU team!

I can't thank you all enough for making our first recording a great one! My guests absolutely loved it!

Next Wednesday, 8/27 from 9:30am-12pmEST...

we will be recording in person with President Carter who'll be guest cohosting with me. Going forward, I've recruited a friend to be my archivist of The Callout.

She's been charged with capturing fun photos of us on prepping, group shots, guests and crew...of course with your permission.

I'd love to get a group photo of all of us with President Carter next week. Everyone included on this email has been instrumental in the support & success of our launch.

Would it be possible to have everyone present between 9-9:15 for a group photo?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: App Demo | demo link to follow

---

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: discuss proposal | President Carter's Office

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**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Re: Proposal Presentation | Meeting Request  
**Date:** Monday, August 18, 2025 12:33:55 PM  
**Attachments:** [image007.png](#)  
[image006.png](#)

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Thanks Crystal! I am

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)  
YouTube [@thecalloutpodcast3716](#)

On Mon, Aug 18, 2025 at 9:54 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Krisanthe,

Congratulations. You must be so proud. Thanks for sharing pictures.

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, August 15, 2025 8:47 AM  
**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>  
**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Subject:** Re: Proposal Presentation | Meeting Request

Great - thank you!

Live from Charleston Navy Nuke graduation!!!!









Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Fri, Aug 15, 2025 at 8:44 AM Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

No worries at all! Thank you very much. You may see it looks declined from President Carter's calendar but that is just because we try to only add things manually if possible. We are still confirmed!

Thank you,

Alexis



# THE OHIO STATE UNIVERSITY

---

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

**Office of the President**

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, August 15, 2025 8:38 AM

**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>

**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>

**Subject:** Re: Proposal Presentation | Meeting Request

Rats - sorry! Fixing now.

At Angelo's Navy Nuke graduation!!! So excited!!!!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Fri, Aug 15, 2025 at 8:31 AM Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

Thank you for your quick response! It looks like it's still showing the meeting duration as 60 minutes. Can we have that shortened to 30 minutes with a start time of 1:30pm ET?



THE OHIO STATE UNIVERSITY

---

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

**Office of the President**

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, August 15, 2025 8:13 AM

**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>

**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>

**Subject:** Re: Proposal Presentation | Meeting Request

Good Morning Alexis,

I've adjusted the calendar event.

Is it better now?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

On Fri, Aug 15, 2025 at 8:10 AM Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

Thanks, Krisanthe! He can also be available from 1:30-2:00pm. Can you shorten the calendar invitation when you have a moment?



**THE OHIO STATE UNIVERSITY**

---

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

**Office of the President**

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, August 14, 2025 6:58 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Cc:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>; Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Subject:** Re: Proposal Presentation | Meeting Request

Driving to Charleston for sons navy nuke graduation. When stationary tonight will send calendar event. Thank you!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

On Thu, Aug 14, 2025 at 4:23 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Chris is available on Wednesday, August 20, from 1:30-2:30 pm. Crystal



Crystal Garrett

Executive Assistant

Office of Administration and Planning

B5048 University Square South

15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, August 14, 2025 2:12 PM  
**To:** Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>  
**Cc:** Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>;  
Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Subject:** Re: Proposal Presentation | Meeting Request

Yes - thank you

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

On Thu, Aug 14, 2025 at 2:05 PM Cunningham, Alexis  
<[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)> wrote:

Hi Krisanthe,

I'm moving President Carter and Chris to BCC while we coordinate. We are hoping this can take place in President Carter's office sometime between 1:30-5:00pm next Wednesday, August 20. Are you available?

+Jill Toft for JR Blackburn's availability as we're hoping he'll be available to join.

Thank you,

Alexis



# THE OHIO STATE UNIVERSITY

---

**Alexis Cunningham**

Strategic Scheduling and Special Projects, Assistant Manager

**Office of the President**

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

614-247-6794 / Office

[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/they

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Thursday, August 14, 2025 5:49 AM

**To:** Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Cc:** Hamilton, DiAnn <[hamilton.1600@osu.edu](mailto:hamilton.1600@osu.edu)>; Cunningham, Alexis <[cunningham.800@osu.edu](mailto:cunningham.800@osu.edu)>; Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Proposal Presentation | Meeting Request

Good morning President Carter & Chris,

I have a proposal I'd appreciate the opportunity to present to you.

It pulls together all the different areas we've been discussing & more.

Would you be open to trying to find time to schedule a 30 minute in person meeting next week - if possible?

Grateful U.S. Navy Nuke Mom

~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#); [Kabourek, Chris](#)  
**Subject:** Fwd: Podcast recording Wed. 8/27 - Group Photo  
**Date:** Monday, August 18, 2025 12:37:35 PM

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Crystal and Chris - to be clear... you been an integral part of my crazy project!

Crystal - I still haven't had the pleasure of meeting you in person. Not sure where your office is to swing by to say hi or bring you a coffee for fun. :-)

I'd love it if you could both be present for group photo!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
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**From:** **Krisanthe Vlahos** <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Date:** Mon, Aug 18, 2025 at 9:19 AM  
**Subject:** Podcast recording Wed. 8/27 - Group Photo  
**To:** Anthony Padgett <[anthony.padgett@wosu.org](mailto:anthony.padgett@wosu.org)>, Hentz, Stacia <[Stacia.Hentz@wosu.org](mailto:Stacia.Hentz@wosu.org)>, Prosek, John <[John.Prosek@wosu.org](mailto:John.Prosek@wosu.org)>, Petrilla, Kevin <[kevin.petrilla@wosu.org](mailto:kevin.petrilla@wosu.org)>, Jones, Dalton <[dalton.jones@wosu.org](mailto:dalton.jones@wosu.org)>, McDonald, Caleb <[caleb.mcdonald@wosu.org](mailto:caleb.mcdonald@wosu.org)>, Oney, Charles <[Chuck.Oney@wosu.org](mailto:Chuck.Oney@wosu.org)>, Peloquin, Paul <[Paul.Peloquin@wosu.org](mailto:Paul.Peloquin@wosu.org)>  
**CC:** Kabourek, Chris (OSU) <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>, Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

Good morning My Amazing WOSU team!

I can't thank you all enough for making our first recording a great one! My guests absolutely loved it!

Next Wednesday, 8/27 from 9:30am-12pmEST...

we will be recording in person with President Carter who'll be guest cohosting with me. Going forward, I've recruited a friend to be my archivist of The Callout.

She's been charged with capturing fun photos of us on prepping, group shots, guests and crew...of course with your permission.

I'd love to get a group photo of all of us with President Carter next week. Everyone included on this email has been instrumental in the support & success of our launch.

Would it be possible to have everyone present between 9-9:15 for a group photo?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

**From:** [Krisanthe Vlahos](#)  
**To:** [Cunningham, Alexis](#); [Kabarek, Chris](#); [Garrett, Crystal](#); [Hamilton, DAnn](#); [Carler, Walter](#)  
**Subject:** Updated invitation: App Demo | demo link to follow @ Mon Aug 18, 2025 2pm - 2:30pm (CDT) (garrett.8@osu.edu)  
**Attachments:** [Photo](#)

App Demo | demo link to follow: Join with Google Meet - You have been invited by Krisanthe Vlahos to attend an event named App Demo | demo link to follow on Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago). This event has been updated.  
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Attachments

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When

Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)

Guests

Krisanthe Vlahos <<mailto:kvlahos@theccalloutpodcast.com>>

organizer

cunningham.800@osu.edu <[malho.cunningham.800@osu.edu](mailto:malho.cunningham.800@osu.edu)>

kabarek.2@osu.edu <[malho.kabarek.2@osu.edu](mailto:malho.kabarek.2@osu.edu)>

garrett.8@osu.edu <[malho.garrett.8@osu.edu](mailto:malho.garrett.8@osu.edu)>

hamilton.1600@osu.edu <[malho.hamilton.1600@osu.edu](mailto:malho.hamilton.1600@osu.edu)>

carter.2194@osu.edu <[malho.carter.2194@osu.edu](mailto:malho.carter.2194@osu.edu)>

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Reply for garrett.8@osu.edu <[malho.garrett.8@osu.edu](mailto:malho.garrett.8@osu.edu)>

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Maybe

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**Attachments:** [invite.js](#)

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Attachments

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When

Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)

Guests

Krisanthe Vlahos <<mailto:kv@thecalloutpodcast.com>>  
- organizer  
cunningham 800@osu.edu <<mailto:cunningham.800@osu.edu>>  
kabourek 2@osu.edu <<mailto:kabourek.2@osu.edu>>  
garrett 8@osu.edu <<mailto:garrett.8@osu.edu>>  
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Maybe  
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Attachments

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-<https://drive-thirdparty.googleusercontent.com/32/type/video/mp4> App Demo | demo link t...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>  
-<https://drive-thirdparty.googleusercontent.com/32/type/application/vnd.google-apps.document> App Demo | demo link t...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>  
-<https://drive-thirdparty.googleusercontent.com/32/type/video/mp4> App Demo | demo link t...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>  
-<https://drive-thirdparty.googleusercontent.com/32/type/video/mp4> App Demo | demo link t...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

When

Monday Aug 18, 2025 - 2pm - 2:30pm (Central Time - Chicago)

Guests

Krisanthe Vlahos <mailto:kv@thealloutpodcast.com>

- organizer  
cunningham 800@osu.edu <mailto:cunningham 800@osu.edu>  
kabourek 2@osu.edu <mailto:kabourek 2@osu.edu>  
garrett 8@osu.edu <mailto:garrett 8@osu.edu>  
hamilton 1600@osu.edu <mailto:hamilton 1600@osu.edu>  
carter 2194@osu.edu <mailto:carter 2194@osu.edu>

View all guest info -<https://urldfense.com/v3/\_https://calendar.google.com/calendar/event?action=VIEW&eid=...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

Reply for garrett 8@osu.edu -<https://urldfense.com/v3/\_https://calendar.google.com/calendar/event?action=RESPOND&eid=...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

Yes -<https://urldfense.com/v3/\_https://calendar.google.com/calendar/event?action=RESPOND&eid=...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

No -<https://urldfense.com/v3/\_https://calendar.google.com/calendar/event?action=RESPOND&eid=...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

Maybe -<https://urldfense.com/v3/\_https://calendar.google.com/calendar/event?action=RESPOND&eid=...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

More options -<https://urldfense.com/v3/\_https://calendar.google.com/calendar/event?action=VIEW&eid=...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

Invitation from Google Calendar -<https://urldfense.com/v3/\_https://calendar.google.com/calendar/\_...!KGKeuY'sEAAsY7786f6k-b5USegoPcFzRSPpF5uHcXTjmjZplw6nUk07vo7H6XbbV3UjxRzZ3XcCm0e85pkTskS>

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**From:** [Garrett, Crystal](#)  
**Subject:** Guests: 10:30 Apple, 12:30 Krisanthe  
**Date:** Thursday, September 11, 2025 3:40:57 AM

---

**From:** [Garrett, Crystal](#)  
**Subject:** Guests: 10:30 Apple, 12:30 Krisanthe  
**Date:** Monday, August 25, 2025 8:26:47 AM

---

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Cc:** [Toft, Jill](#)  
**Subject:** RE: Demo & Membership Structure | Meeting Request  
**Date:** Monday, August 25, 2025 10:25:00 AM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

We can free up tomorrow, Tuesday, from 1:00-1:45 pm for this meeting. Chris, JR, and Rob Lowden are available to participate. Is this an in person or virtual meeting?

Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <kv@thecalloutpodcast.com>  
**Sent:** Saturday, August 23, 2025 11:28 AM  
**To:** Toft, Jill <toft.20@osu.edu>; Garrett, Crystal <garrett.8@osu.edu>  
**Cc:** Blackburn, JR <blackburn.23@osu.edu>; Kabourek, Chris <kabourek.2@osu.edu>  
**Subject:** Demo & Membership Structure | Meeting Request

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Hi Jill & Crystal,

I'd appreciate your help scheduling a meeting both JR & Chris are expecting to be requested. We will need a solid hour.

Can we please start by looking for options available this week?

Grateful U.S. Navy Nuke Mom

~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Garrett, Crystal](#)  
**To:** [Toft, Jill](#)  
**Subject:** RE: Krisante Vlahos  
**Date:** Monday, August 25, 2025 10:28:00 AM  
**Attachments:** [image001.png](#)

---

Back at you. Crystal

---

**From:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Sent:** Monday, August 25, 2025 10:28 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RE: Krisante Vlahos

You're the best, Crystal! Thanks!

Jill



**Jill Toft, M.A.**  
Executive Assistant  
**Office of the President**  
University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201  
Office: 614-292-1524  
[toft.20@osu.edu](mailto:toft.20@osu.edu) / [osu.edu](http://osu.edu)

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---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Sent:** Monday, August 25, 2025 10:23 AM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Subject:** RE: Krisante Vlahos

Rob is available 1:00-1:45 tomorrow. I will email Krisanthe and copy you. Crystal

---

**From:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Sent:** Monday, August 25, 2025 10:02 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RE: Krisante Vlahos

Thanks so much, Crystal! JR just left for convocation but I will connect with him as soon as he

returns and we will see what we can move this week.

Jill



**Jill Toft, M.A.**

Executive Assistant

**Office of the President**

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

Office: 614-292-1524

[toft.20@osu.edu](mailto:toft.20@osu.edu) / [osu.edu](http://osu.edu)

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---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Sent:** Monday, August 25, 2025 10:01 AM

**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>

**Subject:** RE: Krisante Vlahos

Chris said it is with the app developer. He would prefer 45 minutes but will take 30. Rob should be included "if he can make it." Crystal

---

**From:** Garrett, Crystal

**Sent:** Monday, August 25, 2025 9:53 AM

**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>

**Subject:** FW: Krisante Vlahos

Hi Jill, please see below. Let me know when you want to compare calendars. Crystal

---

**From:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Sent:** Monday, August 25, 2025 9:15 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** RE: Krisante Vlahos

It is. We should try to make this happen as soon as we can – so move things around as needed. Thank you.

---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>


**Sent:** Monday, August 25, 2025 9:08 AM  
**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Subject:** Krisante Vlahos

Chris, please let me know if this is on your radar. If so, how soon should we be scheduling? This week is bad. Next week isn't any better. Monday is the holiday, and you are out Thursday/Friday for your board meetings. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Saturday, August 23, 2025 11:28 AM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Cc:** Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Subject:** Demo & Membership Structure | Meeting Request

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Hi Jill & Crystal,

I'd appreciate your help scheduling a meeting both JR & Chris are expecting to be requested. We will need a solid hour.

Can we please start by looking for options available this week?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Smartsheet Forms](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Confirmation - USS Guest/Appointment Intake  
**Date:** Monday, August 25, 2025 2:50:02 PM

---

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Thank you for submitting your entry. A copy is included below for your records.

## USS Guest/Appointment Intake

**Point of Contact** Crystal Garrett

**Point of Contact Email** garrett.8@osu.edu

**Point of Contact Phone Number** +1 [REDACTED]

**Guest Name** Krisanthe Vlahos

**Visiting USS Occupant** Chris Kabourek and JR Blackburn

**Appointment Date** 2025-08-26

**Appointment Time** 12:30 pm

**Floor** 3

**Room Number If Applicable** 3157

**Instructions** Proceed to third floor. Crystal will provide access to the floor.

**From:** [Krisanthe Vlahos](#)  
**To:** [Louisa Bob](#); [Blackburn JB](#); [Kabourek Chris](#); [Toft Jill](#); [Garrett Crystal](#)  
**Subject:** Invitation: Tech Demo | JR-Chris-Rob & Krisanthe @ Tue Aug 26, 2025 12pm - 12:45pm (CDT) (garrett.8@osu.edu)  
**Attachments:** [Links](#)

Tech Demo | JR-Chris-Rob & Krisanthe You have been invited by Krisanthe Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthe on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago) When Tuesday Aug 26, 2025

ZQmQRYPp6BannerStart  
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<[https://us-phishlab.com/evil-props/postcard.com/EWT/1/KGKeukY16TwyRQTG40xFWILGNXGT9k4S3MzT2VBSa0bW-Q4\\_aipQU1\\_Y5T6KRXXSQEq272TAucA-Qy9R9SKpUS-](https://us-phishlab.com/evil-props/postcard.com/EWT/1/KGKeukY16TwyRQTG40xFWILGNXGT9k4S3MzT2VBSa0bW-Q4_aipQU1_Y5T6KRXXSQEq272TAucA-Qy9R9SKpUS-)>  
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ZQmQRYPp6BannerEnd  
Tech Demo | JR-Chris-Rob & Krisanthe  
You have been invited by Krisanthe Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthe on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)

When  
Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)

Guests

Krisanthe Vlahos <<mailto:lv@ibccalloutpodcast.com>>  
organizer  
louisa bob <<mailto:louisa@osu.edu>>  
blackburn JB <<mailto:blackburn JB@osu.edu>>  
kabourek Chris <<mailto:kabourek Chris@osu.edu>>  
toft Jill <<mailto:toft Jill@osu.edu>>  
garrett Crystal <<mailto:garrett Crystal@osu.edu>>  
View all guest info <[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&ei=8DZgq1TevODFsaHFcDk2OXfsmfnc25INgGz2FycmV0kC44Q99ad8S5ZHUkrsr-2&stok=MjQja3ZAaGhVY2FibG91dHhVZGNhc3QvY29hNDNiNjZjZksODE2NjhhNDI2FjMWE1ZGIwOTI0MndkYyccVjg4Zg&ctr=America\\*2FChicago&hl=en&es=0...JQ!KGKeukY16TwyRQTG40xFWILGNXGT9k4S3MzT2VBSa0bW-Q4\\_aipQU1\\_Y5T6KRXXSQEq272TAucA-Qy9R9SKpUS-](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=VIEW&ei=8DZgq1TevODFsaHFcDk2OXfsmfnc25INgGz2FycmV0kC44Q99ad8S5ZHUkrsr-2&stok=MjQja3ZAaGhVY2FibG91dHhVZGNhc3QvY29hNDNiNjZjZksODE2NjhhNDI2FjMWE1ZGIwOTI0MndkYyccVjg4Zg&ctr=America*2FChicago&hl=en&es=0...JQ!KGKeukY16TwyRQTG40xFWILGNXGT9k4S3MzT2VBSa0bW-Q4_aipQU1_Y5T6KRXXSQEq272TAucA-Qy9R9SKpUS-)>  
Reply for garrett Crystal <<mailto:garrett Crystal@osu.edu>>  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&ei=8DZgq1TevODFsaHFcDk2OXfsmfnc25INgGz2FycmV0kC44Q99ad8S5ZHUkrsr-1&stok=MjQja3ZAaGhVY2FibG91dHhVZGNhc3QvY29hNDNiNjZjZksODE2NjhhNDI2FjMWE1ZGIwOTI0MndkYyccVjg4Zg&ctr=America\\*2FChicago&hl=en&es=0...JQ!KGKeukY16TwyRQTG40xFWILGNXGT9k4S3MzT2VBSa0bW-Q4\\_aipQU1\\_Y5T6KRXXSQEq272TAucA-Qy9R9SKpUS-](https://urldefense.com/v3/https://calendar.google.com/calendar/event?action=RESPOND&ei=8DZgq1TevODFsaHFcDk2OXfsmfnc25INgGz2FycmV0kC44Q99ad8S5ZHUkrsr-1&stok=MjQja3ZAaGhVY2FibG91dHhVZGNhc3QvY29hNDNiNjZjZksODE2NjhhNDI2FjMWE1ZGIwOTI0MndkYyccVjg4Zg&ctr=America*2FChicago&hl=en&es=0...JQ!KGKeukY16TwyRQTG40xFWILGNXGT9k4S3MzT2VBSa0bW-Q4_aipQU1_Y5T6KRXXSQEq272TAucA-Qy9R9SKpUS-)>  
Yes  
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No  
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**From:** [Krisantho Vlahos](#)  
**To:** [i@owen.edu](#), [Tech Demo | JR Chris-Rob & Krisantho @ Tue Aug 26, 2025 12:25pm - 12:45pm \(CDT\) \(laborek.2@owen.edu\)](#)  
**Subject:** [i@owen.edu](#)  
**Attachments:** [i@owen.edu](#)

**Tech Demo | JR Chris-Rob & Krisantho** You have been invited by Krisantho Vlahos to attend an event named Tech Demo | JR Chris-Rob & Krisantho on Tuesday Aug 26, 2025 - 12:45pm (Central Time - Chicago). When Tuesday Aug 26, 2025  
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**ZVw08RYTpfJl8mmeEnd**  
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You have been invited by Krisantho Vlahos to attend an event named Tech Demo | JR Chris-Rob & Krisantho on Tuesday Aug 26, 2025 - 12:45pm (Central Time - Chicago).

When  
Tuesday Aug 26, 2025 - 12:45pm (Central Time - Chicago)

Guests

Krisantho Vlahos <mailto:kv@thecallpodcast.com>  
- organizer  
lowden.1@owen.edu <mailto:lowden.1@owen.edu>  
blackburn.2@owen.edu <mailto:blackburn.2@owen.edu>  
laborek.2@owen.edu <mailto:laborek.2@owen.edu>  
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i@owen.edu <mailto:i@owen.edu>  
i@owen.edu <mailto:i@owen.edu>

View all guest info: [https://owen.edu/calendar/event?act=VIEW&id=8DZgFTx0DFadHFadDk20X3aaufae2SN8gqZfB3VjZWwAdMBvc3UaZWRI4&ak=M5QqaZAARBYTf4G9HlHBZGnbc3QaY2NGZjNadZfWUyNGENTGZTNSNwUOTfRYZLYQzZWMsNTfaZWZANQ&ct=America%2FChicago&bl=owen.edu-0\\_\\_JQ7K6KaY196GpSSTE1F5QBEHq09DZcwa1aKaTY5smZCFCL7LaeEKSZBjpbH7AD-VtaOcdw6f58Su6dPvYv5-](#)  
Reply for laborek.2@owen.edu <mailto:laborek.2@owen.edu>

[https://owen.edu/calendar/event?act=RESPOND&id=8DZgFTx0DFadHFadDk20X3aaufae2SN8gqZfB3VjZWwAdMBvc3UaZWRI4&ak=M5QqaZAARBYTf4G9HlHBZGnbc3QaY2NGZjNadZfWUyNGENTGZTNSNwUOTfRYZLYQzZWMsNTfaZWZANQ&ct=America%2FChicago&bl=owen.edu-0\\_\\_JQ7K6KaY196GpSSTE1F5QBEHq09DZcwa1aKaTY5smZCFCL7LaeEKSZBjpbH7AD-VtaOcdw6f58Su6dPvYv5-](#)  
[https://owen.edu/calendar/event?act=RESPOND&id=8DZgFTx0DFadHFadDk20X3aaufae2SN8gqZfB3VjZWwAdMBvc3UaZWRI4&ak=M5QqaZAARBYTf4G9HlHBZGnbc3QaY2NGZjNadZfWUyNGENTGZTNSNwUOTfRYZLYQzZWMsNTfaZWZANQ&ct=America%2FChicago&bl=owen.edu-0\\_\\_JQ7K6KaY196GpSSTE1F5QBEHq09DZcwa1aKaTY5smZCFCL7LaeEKSZBjpbH7AD-VtaOcdw6f58Su6dPvYv5-](#)  
[https://owen.edu/calendar/event?act=RESPOND&id=8DZgFTx0DFadHFadDk20X3aaufae2SN8gqZfB3VjZWwAdMBvc3UaZWRI4&ak=M5QqaZAARBYTf4G9HlHBZGnbc3QaY2NGZjNadZfWUyNGENTGZTNSNwUOTfRYZLYQzZWMsNTfaZWZANQ&ct=America%2FChicago&bl=owen.edu-0\\_\\_JQ7K6KaY196GpSSTE1F5QBEHq09DZcwa1aKaTY5smZCFCL7LaeEKSZBjpbH7AD-VtaOcdw6f58Su6dPvYv5-](#)  
Maybe  
[https://owen.edu/calendar/event?act=VIEW&id=8DZgFTx0DFadHFadDk20X3aaufae2SN8gqZfB3VjZWwAdMBvc3UaZWRI4&ak=M5QqaZAARBYTf4G9HlHBZGnbc3QaY2NGZjNadZfWUyNGENTGZTNSNwUOTfRYZLYQzZWMsNTfaZWZANQ&ct=America%2FChicago&bl=owen.edu-0\\_\\_JQ7K6KaY196GpSSTE1F5QBEHq09DZcwa1aKaTY5smZCFCL7LaeEKSZBjpbH7AD-VtaOcdw6f58Su6dPvYv5-](#)  
More options

Invitation from Google Calendar: [https://owen.edu/calendar/\\_\\_\\_/8GK6KaY196GpSSTE1F5QBEHq09DZcwa1aKaTY5smZCFCL7LaeEKSZBjpbH7AD-VtaOcdw6f58Su6dPvYv5-](#)

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[https://owen.edu/calendar/anover/371135?newating\\_\\_js=7K6KaY196GpSSTE1F5QBEHq09DZcwa1aKaTY5smZCFCL7LaeEKSZBjpbH7AD-VtaOcdw6f58Su6dPvYv5-](#)

**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

---

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

---

Morning. Can you include 3157 USS for the folks participating in person? Crystal

**From:** [Krisanthie Vlahos](#)  
**To:** [Garrett\\_Crystal](#)  
**Subject:** Updated invitation: Tech Demo | JR-Chris-Rob & Krisanthie @ Tue Aug 26, 2025 12pm - 12:45pm (CDT) (kabourek.2@osu.edu)  
**Attachments:** [vlab-ks](#)

Tech Demo | JR-Chris-Rob & Krisanthie You have been invited by Krisanthie Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthie on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago) This event has been updated.  
ZQwvRvYfjpfHamerFad  
Tech Demo | JR-Chris-Rob & Krisanthie  
This message is from an External Sender  
This message came from outside your organization  
-https://us-phishalarm-evt.preprodpoint.com/W/1v1KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->  
Report Suspicious

ZQwvRvYfjpfHamerFad  
Tech Demo | JR-Chris-Rob & Krisanthie  
You have been invited by Krisanthie Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthie on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)  
This event has been updated

Changed: location

When

Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)

Location

CHANGED

3137 USS

View map -https://urldefense.com/v3/\_https://www.google.com/maps/search/3137\*USS?hl=en\_ks="KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->

Guests

Krisanthie Vlahos <mailto:kv@bcecallpodcast.com>

- organizer

lowden1@osu.edu <mailto:lowden1@osu.edu>

blackburn23@osu.edu <mailto:blackburn23@osu.edu>

kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

tofi20@osu.edu <mailto:tofi20@osu.edu>

garrett8@osu.edu <mailto:garrett8@osu.edu>

View all guest info -https://urldefense.com/v3\_

action=VIEW&id=8DZgF1xODfnaHfscDK2OXFanfuc2SIN6egaz2Fh3VyZWamMLBvc3UzWZWR1&nst=1&sk=MjQs3ZAGhY2F4bG91dHhZGNhc3Qv29gZGJnNmZlZWUjNGhSNTFZTNhNWU0OTFlYzZlYzYwZWM5NTFmZWZlbnQ&ctr=America\*2fChiagokhh&eskes=0\_\_JQ1KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->

Reply for kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

action=RESPOND&id=8DZgF1xODfnaHfscDK2OXFanfuc2SIN6egaz2Fh3VyZWamMLBvc3UzWZWR1&nst=1&sk=MjQs3ZAGhY2F4bG91dHhZGNhc3Qv29gZGJnNmZlZWUjNGhSNTFZTNhNWU0OTFlYzZlYzYwZWM5NTFmZWZlbnQ&ctr=America\*2fChiagokhh&eskes=0\_\_JQ1KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->

Yes

action=RESPOND&id=8DZgF1xODfnaHfscDK2OXFanfuc2SIN6egaz2Fh3VyZWamMLBvc3UzWZWR1&nst=1&sk=MjQs3ZAGhY2F4bG91dHhZGNhc3Qv29gZGJnNmZlZWUjNGhSNTFZTNhNWU0OTFlYzZlYzYwZWM5NTFmZWZlbnQ&ctr=America\*2fChiagokhh&eskes=0\_\_JQ1KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->

Maybe

action=VIEW&id=8DZgF1xODfnaHfscDK2OXFanfuc2SIN6egaz2Fh3VyZWamMLBvc3UzWZWR1&nst=1&sk=MjQs3ZAGhY2F4bG91dHhZGNhc3Qv29gZGJnNmZlZWUjNGhSNTFZTNhNWU0OTFlYzZlYzYwZWM5NTFmZWZlbnQ&ctr=America\*2fChiagokhh&eskes=0\_\_JQ1KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->

More options

Invitation from Google Calendar -https://urldefense.com/v3\_https://calendar.google.com/calendar?\_i=KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->

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-https://urldefense.com/v3\_https://support.google.com/calendar/answer/37135?forwarding\_\_ib="KGGKeukY2HhYMELO\_qpM6AISmT51ef0P6fFYR9H7gmVeYwpxuep-CuJDI1XBj3GcX5p3q0UjexXc-KkLb1HRV5->

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett Crystl](#)  
**Subject:** Updated invitation: Tech Demo | JR-Chris-Rob & Krisanthe @ Tue Aug 26, 2025 12pm - 12:45pm (CDT) (kabourek.2@osu.edu)  
**Attachments:** [vlahos](#)

Tech Demo | JR-Chris-Rob & Krisanthe You have been invited by Krisanthe Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthe on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago) This event has been updated  
ZjZvceBVIYjpfHlmmErFad  
This message is from an External Sender  
This message came from outside your organization  
-https://us-phishalarm-evt.podpoint.com/W1v1KGGKeuY1aQZi61L4cYKQvqQP46EhbRmDnlq42HbYTRhpl.faaJWGoQZiPTKk7PcRvWBsM1DKh60PC\_FZzwGf6Y6VXluWY\_w8iC17PnaAQ9b1YcpZ25-  
Report Suspicious

ZjZvceBVIYjpfHlmmErFad  
Tech Demo | JR-Chris-Rob & Krisanthe  
You have been invited by Krisanthe Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthe on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)  
This event has been updated

Changed: location

When

Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)

Location

CHANGED  
3137 USS

View map -https://urldefense.com/v3/\_https://www.google.com/maps/search/3137\*USS?hl=en\_&w=!KGGKeuY12HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJD13XBj3GcXSpq07UjexXc-kkLb-1HRV5-

Guests

Krisanthe Vlahos <mailto:kv@bcecallpodcast.com>

- organizer

lowden1@osu.edu <mailto:lowden1@osu.edu>

blackburn.23@osu.edu <mailto:blackburn.23@osu.edu>

kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

tofi.20@osu.edu <mailto:tofi.20@osu.edu>

garrett.8@osu.edu <mailto:garrett.8@osu.edu>

View all guest info -https://urldefense.com/v3\_

action=VIEW&id=8DZgF1xODfnaHfscDK20XFanFuc2SINgag2Fb3VYzWamMLBvc3UzWRI&nr=1&ok=MjQja3ZaAGhY2FibG91dHhZGNSbc3QvY292GjNmlZUjYNGHNTFZTNhNWU0OTFkYzYyZmZWM5NTFmZWZlbnQ&ctr=America\*2FChiagokhh&endcr=0\_...JQ1KGGKeuY12HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJD13XBj3GcXSpq07UjexXc-kkLb-1HRV5-

Reply for kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

-https://urldefense.com/v3\_

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Yes

-https://urldefense.com/v3\_

action=RESPOND&id=8DZgF1xODfnaHfscDK20XFanFuc2SINgag2Fb3VYzWamMLBvc3UzWRI&nr=2&ok=MjQja3ZaAGhY2FibG91dHhZGNSbc3QvY292GjNmlZUjYNGHNTFZTNhNWU0OTFkYzYyZmZWM5NTFmZWZlbnQ&ctr=America\*2FChiagokhh&endcr=0\_...JQ1KGGKeuY12HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJD13XBj3GcXSpq07UjexXc-kkLb-1HRV5-

No

-https://urldefense.com/v3\_

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Maybe

-https://urldefense.com/v3\_

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More options

Invitation from Google Calendar -https://urldefense.com/v3\_...KGGKeuY12HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJD13XBj3GcXSpq07UjexXc-kkLb-1HRV5-

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-https://urldefense.com/v3\_...KGGKeuY12HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJD13XBj3GcXSpq07UjexXc-kkLb-1HRV5-

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett Crystl](#)  
**Subject:** Updated invitation: Tech Demo | JR-Chris-Rob & Krisanthe @ Tue Aug 26, 2025 12pm - 12:45pm (CDT) (kabourek.2@osu.edu)  
**Attachments:** [vlahos](#)

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ZjQwRjY1ZjRlZmF1eWVz  
This message is From an External Sender  
This message came from outside your organization  
-https://us-phishalarm-est.podpoint.com/WtV1v1KGGKeuY2HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJDI1XBjJGcXSpq07UjexXc-kklBh1HRV5->  
Report Suspicious

**Report Suspicious**  
Tech Demo | JR-Chris-Rob & Krisanthe  
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This event has been updated

Changed: location

When

Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)

Location

CHANGED  
3137 USS

View map -https://urdfence.com/v3/\_https://www.google.com/maps/search/3137+USS?en\_...KGGKeuY2HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJDI1XBjJGcXSpq07UjexXc-kklBh1HRV5->

Guests

Krisanthe Vlahos <mailto:kv@bceallstpodcast.com>

- organizer

lowden1@osu.edu <mailto:lowden1@osu.edu>

blackburn.23@osu.edu <mailto:blackburn.23@osu.edu>

kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

tofi.20@osu.edu <mailto:tofi.20@osu.edu>

garrett.8@osu.edu <mailto:garrett.8@osu.edu>

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View all guest info -https://urdfence.com/v3\_...https://calendar.google.com/calendar/event?...

Reply for kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>

-https://urdfence.com/v3\_...https://calendar.google.com/calendar/event?...

action=RESPOND&cd=bdZgFlxaODfnaHfscDk2OXFanfuc2SINgag2Fh3VjYzWamMLBvc3UzWRI&nr=1&ak=MjQja3ZaIGhY2FibG91dHhZGNhc3QvY292GjNmZjUyNGhNTFZlZTNhNWU0OTFlYzZlYzYwZWMSNTFmZWZlbnQ&ctr=America\*2FChiagokhh&eas=0\_...JQ1KGGKeuY2HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJDI1XBjJGcXSpq07UjexXc-kklBh1HRV5->

Yes

-https://urdfence.com/v3\_...https://calendar.google.com/calendar/event?...

action=RESPOND&cd=bdZgFlxaODfnaHfscDk2OXFanfuc2SINgag2Fh3VjYzWamMLBvc3UzWRI&nr=2&ak=MjQja3ZaIGhY2FibG91dHhZGNhc3QvY292GjNmZjUyNGhNTFZlZTNhNWU0OTFlYzZlYzYwZWMSNTFmZWZlbnQ&ctr=America\*2FChiagokhh&eas=0\_...JQ1KGGKeuY2HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJDI1XBjJGcXSpq07UjexXc-kklBh1HRV5->

No

-https://urdfence.com/v3\_...https://calendar.google.com/calendar/event?...

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Maybe

-https://urdfence.com/v3\_...https://calendar.google.com/calendar/event?...

action=VIEW&cd=bdZgFlxaODfnaHfscDk2OXFanfuc2SINgag2Fh3VjYzWamMLBvc3UzWRI&nr=4&ak=MjQja3ZaIGhY2FibG91dHhZGNhc3QvY292GjNmZjUyNGhNTFZlZTNhNWU0OTFlYzZlYzYwZWMSNTFmZWZlbnQ&ctr=America\*2FChiagokhh&eas=0\_...JQ1KGGKeuY2HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJDI1XBjJGcXSpq07UjexXc-kklBh1HRV5->

More options

Invitation from Google Calendar -https://urdfence.com/v3\_...https://calendar.google.com/calendar/\_...KGGKeuY2HhYMELO\_qpM6AISmT51e60Pb6FYR9H7gmVeYwppuzcep-CuJDI1XBjJGcXSpq07UjexXc-kklBh1HRV5->

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**From:** [Krisanthe Vlahos](#)  
**To:** [Lowden, Bob](#); [Blackburn, JR](#); [Kabourek, Chris](#); [Toft, Jill](#); [Garrett, Crystal](#)  
**Subject:** Updated invitation: Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS @ Tue Aug 26, 2025 12pm - 12:45pm (CDT) (garrett.8@osu.edu)  
**Attachments:** [rvte.ics](#)

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Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS You have been invited by Krisanthe Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago). This ZjQmQRvYfplBamerEd start  
This message is from an External Sender  
This message came from outside your organization  
->[https://us-phishalarm-ew7prodpoint.com/ITW7v1/KGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t\\_arCGZhs5-](https://us-phishalarm-ew7prodpoint.com/ITW7v1/KGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t_arCGZhs5-)  
Report Suspicious

ZjQmQRvYfplBamerEd  
Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS  
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This event has been updated  
Changed: title

When  
Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)  
Location  
3157 USS  
View map ->[https://www.google.com/maps/search/3157%20USS%20-%20\\_Kw%20IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t\\_arCGZhs5-](https://urdefense.com/v3/...https://www.google.com/maps/search/3157%20USS%20-%20_Kw%20IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t_arCGZhs5-)

Guests

Krisanthe Vlahos <[kvj@theoutpostcast.com](mailto:kvj@theoutpostcast.com)>  
- organizer  
lowden 1@osu.edu <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>  
blackburn 23@osu.edu <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>  
kabourek 2@osu.edu <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
toft 20@osu.edu <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
garrett 8@osu.edu <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
View all guest info ->[https://calendar.google.com/calendar/event?action=VIEW&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0...\\_JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t\\_arCGZhs5-](https://urdefense.com/v3/...https://calendar.google.com/calendar/event?action=VIEW&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0..._JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t_arCGZhs5-)  
Reply for [garrett 8@osu.edu](#) ->[https://calendar.google.com/calendar/event?action=RESPOND&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-1&tok-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0...\\_JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t\\_arCGZhs5-](https://urdefense.com/v3/...https://calendar.google.com/calendar/event?action=RESPOND&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-1&tok-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0..._JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t_arCGZhs5-)  
Yes  
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No  
->[https://calendar.google.com/calendar/event?action=RESPOND&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-3&tok-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0...\\_JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t\\_arCGZhs5-](https://urdefense.com/v3/...https://calendar.google.com/calendar/event?action=RESPOND&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-3&tok-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0..._JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t_arCGZhs5-)  
Maybe  
->[https://calendar.google.com/calendar/event?action=VIEW&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0...\\_JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t\\_arCGZhs5-](https://urdefense.com/v3/...https://calendar.google.com/calendar/event?action=VIEW&cid=8DZgTxxODfSalHscDK2OXFaanFuc25iNogzZFyemV0bc44Qg9as5SIzHUakr-MjQja3ZAdGhY2F-abG91dHhVZGNhc3QeY29hNDhhNjFJZjksODE2NjhhNDIN2FjMWE1ZGIwOTl0MzdKZjgzZGctctz-America%2FChicago&hl=en&es=0..._JQ!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t_arCGZhs5-)  
More options

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->[https://support.google.com/calendar/answer/317135?forwarding\\_...!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t\\_arCGZhs5-](https://urdefense.com/v3/...https://support.google.com/calendar/answer/317135?forwarding_...!IKGKekY0WydAX6KYPaOEXs59DKgDwggpF7GOG-QwUuzs3FTFaZ6l288Tz73wFNEuarMQLF0t_arCGZhs5-)



**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Updated Invitation: Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS @ Tue Aug 26, 2025 12pm - 12:45pm (CDT) (kabourek.2@osu.edu)  
**Attachments:** [i18b-cc](#)

Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS You have been invited by Krisanthe Vlahos to attend an event named Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago) This Z/QuenQRYfjpfthamerfnd  
Z/QuenQRYfjpfthamerfnd  
Tech Message Is From an External Sender  
This message came from outside your organization  
-https://us-phishalarm-east-prodpoint.com/EWTv11KGKekY1RkHmThupb+QqHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jj4fZTz5-  
Report Suspicious

Z/QuenQRYfjpfthamerfnd  
Tech Demo | JR-Chris-Rob & Krisanthe | 3157 USS  
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Guests

Krisanthe Vlahos <mailto:kvh@thealloutpodcast.com>  
-organizer  
lowden1@osu.edu <mailto:lowden1@osu.edu>  
blackburn2@osu.edu <mailto:blackburn2@osu.edu>  
kabourek2@osu.edu <mailto:kabourek2@osu.edu>  
toff2@osu.edu <mailto:toff2@osu.edu>  
garret@osu.edu <mailto:garret@osu.edu>  
View all guests info -https://urldefense.com/v3/\_https://calendar.google.com/calendar/event?actor=VjEwKzsk-HdZgZlTxcODFadFscDzOXFuanFuc25NGcgz2Fib3VyZWwMLBvc3UzWWR1krrt-2kuk-MjQqa3ZaA6ghY2FibG91dHBvZGNhc3Qya292GjNmlZZWUyNGhNTFZlTnNlWU00TFkYzZkYqWZWM5NTFmZWZlbnQ&ct=America\*2fChicago&hl=en&es=0\_...JQ%20%20K%20K%20Y%20R%20H%20T%20h%20p%20b%20Q%20H%20R%20D%20k%20G%20B%209%20a%20T%205%20s%20c%20u%204%20t%203%20h%20n%207%20z%202%203%20h%20y%20v%20o%20o%20d%20i%20d%20-4%209%20m%207%20b%20\_3%20d%201%20\_w%205%20q%20z%20g%20x%201%20\_h%20u%204%20s%208%20c%203%20j%20j%204%20f%20z%20t%20z%205%20-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jj4fZTz5-  
Reply for kabourek2@osu.edu <mailto:kabourek2@osu.edu>  
-https://urldefense.com/v3/\_https://calendar.google.com/calendar/event?actor=RESPOND&ad=HdZgZlTxcODFadFscDzOXFuanFuc25NGcgz2Fib3VyZWwMLBvc3UzWWR1krrt-1kuk-MjQqa3ZaA6ghY2FibG91dHBvZGNhc3Qya292GjNmlZZWUyNGhNTFZlTnNlWU00TFkYzZkYqWZWM5NTFmZWZlbnQ&ct=America\*2fChicago&hl=en&es=0\_...JQ%20%20K%20K%20Y%20R%20H%20T%20h%20p%20b%20Q%20H%20R%20D%20k%20G%20B%209%20a%20T%205%20s%20c%20u%204%20t%203%20h%20n%207%20z%202%203%20h%20y%20v%20o%20o%20d%20i%20d%20-4%209%20m%207%20b%20\_3%20d%201%20\_w%205%20q%20z%20g%20x%201%20\_h%20u%204%20s%208%20c%203%20j%20j%204%20f%20z%20t%20z%205%20-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jj4fZTz5-  
No  
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Maybe  
-https://urldefense.com/v3/\_https://calendar.google.com/calendar/event?actor=VIEW&ad=HdZgZlTxcODFadFscDzOXFuanFuc25NGcgz2Fib3VyZWwMLBvc3UzWWR1krrt-1kuk-MjQqa3ZaA6ghY2FibG91dHBvZGNhc3Qya292GjNmlZZWUyNGhNTFZlTnNlWU00TFkYzZkYqWZWM5NTFmZWZlbnQ&ct=America\*2fChicago&hl=en&es=0\_...JQ%20%20K%20K%20Y%20R%20H%20T%20h%20p%20b%20Q%20H%20R%20D%20k%20G%20B%209%20a%20T%205%20s%20c%20u%204%20t%203%20h%20n%207%20z%202%203%20h%20y%20v%20o%20o%20d%20i%20d%20-4%209%20m%207%20b%20\_3%20d%201%20\_w%205%20q%20z%20g%20x%201%20\_h%20u%204%20s%208%20c%203%20j%20j%204%20f%20z%20t%20z%205%20-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jj4fZTz5-  
More options

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-https://urldefense.com/v3/\_https://support.google.com/calendar/answer/71135?forwarding\_...JQ%20%20K%20K%20Y%20R%20H%20T%20h%20p%20b%20Q%20H%20R%20D%20k%20G%20B%209%20a%20T%205%20s%20c%20u%204%20t%203%20h%20n%207%20z%202%203%20h%20y%20v%20o%20o%20d%20i%20d%20-4%209%20m%207%20b%20\_3%20d%201%20\_w%205%20q%20z%20g%20x%201%20\_h%20u%204%20s%208%20c%203%20j%20j%204%20f%20z%20t%20z%205%20-TRVZy5-

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Z/QuenQRYfjpfHamerFad  
Tech Message Is From an External Sender  
This message came from outside your organization  
-https://us-phishalarm-est-prodpoint.com/EWTv11KGGKekY1RrhHmThopb+QoHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jjy4fZTA6-  
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Guests

Krisanthe Vlahos <mailto:kvh@thealloutpodcast.com>  
-organizer  
lowden1@osu.edu <mailto:lowden1@osu.edu>  
blackburn2@osu.edu <mailto:blackburn2@osu.edu>  
kabourek2@osu.edu <mailto:kabourek2@osu.edu>  
toff20@osu.edu <mailto:toff20@osu.edu>  
garret@osu.edu <mailto:garret@osu.edu>  
View all guests info -https://urldefense.com/v3/\_https://calendar.google.com/calendar/event?\_action=VIEW&ical=4DZgZfTxDaODFadHFcD2OXFaanFuc2SNGegz2Fib3VjZWwMLBvc3UzWWR1krrt-2kuk-MjQqa3ZAaGhY2FibG91dHhZGNhc3Qy29ZGJNmlZlZWUyNGhNTFZlZTNhNWU0OTFkYzZkYyQwZWMSNTFmZWZlbnQ&ct=America\*2FChicago&hl=en&es=0\_...JQ?IKGKekY1RrhHmThopb+QoHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jjy4fZTA6-  
Reply for kabourek2@osu.edu <mailto:kabourek2@osu.edu>  
-https://urldefense.com/v3/\_https://calendar.google.com/calendar/event?\_action=RESPOND&ical=4DZgZfTxDaODFadHFcD2OXFaanFuc2SNGegz2Fib3VjZWwMLBvc3UzWWR1krrt-2kuk-MjQqa3ZAaGhY2FibG91dHhZGNhc3Qy29ZGJNmlZlZWUyNGhNTFZlZTNhNWU0OTFkYzZkYyQwZWMSNTFmZWZlbnQ&ct=America\*2FChicago&hl=en&es=0\_...JQ?IKGKekY1RrhHmThopb+QoHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jjy4fZTA6-  
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-https://urldefense.com/v3/\_https://calendar.google.com/calendar/event?\_action=RESPOND&ical=4DZgZfTxDaODFadHFcD2OXFaanFuc2SNGegz2Fib3VjZWwMLBvc3UzWWR1krrt-2kuk-MjQqa3ZAaGhY2FibG91dHhZGNhc3Qy29ZGJNmlZlZWUyNGhNTFZlZTNhNWU0OTFkYzZkYyQwZWMSNTFmZWZlbnQ&ct=America\*2FChicago&hl=en&es=0\_...JQ?IKGKekY1RrhHmThopb+QoHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jjy4fZTA6-  
Maybe  
-https://urldefense.com/v3/\_https://calendar.google.com/calendar/event?\_action=VIEW&ical=4DZgZfTxDaODFadHFcD2OXFaanFuc2SNGegz2Fib3VjZWwMLBvc3UzWWR1krrt-2kuk-MjQqa3ZAaGhY2FibG91dHhZGNhc3Qy29ZGJNmlZlZWUyNGhNTFZlZTNhNWU0OTFkYzZkYyQwZWMSNTFmZWZlbnQ&ct=America\*2FChicago&hl=en&es=0\_...JQ?IKGKekY1RrhHmThopb+QoHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jjy4fZTA6-  
More options

Invitation from Google Calendar -https://urldefense.com/v3/\_https://calendar.google.com/calendar/\_?IKGKekY1RrhHmThopb+QoHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jjy4fZTA6-  
You are receiving this email because you are an attendee on the event

Forwarding this invitation would allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more  
-https://urldefense.com/v3/\_https://support.google.com/calendar/answer/71135?forwarding\_...IKGKekY1RrhHmThopb+QoHRzDkGB9aT5SecU4T3hN7z23HYvOodId-49M7b\_3D1\_W5QZGX1-Hu4S8C3Jjy4fZTA6-  
vTRVZy5-





**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Cristal](#)  
**Subject:** Updated invitation: 3157 USS | Tech Demo | JR-Chris-Rob & Krisanthe @ Tue Aug 26, 2025 12pm - 12:45pm (CDT) (kaborek2@osu.edu)  
**Attachments:** [invite.ics](#)

3157 USS | Tech Demo | JR-Chris-Rob & Krisanthe You have been invited by Krisanthe Vlahos to attend an event named 3157 USS | Tech Demo | JR-Chris-Rob & Krisanthe on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago) This

ZjQmQRYPpftBhmerStart  
This message is from an External Sender.  
This message came from outside your organization  
-https://us-phishalarm-evnt proofpoint.com/EWTv1/KGKKeuY12MDh1qDyPxgqj-jyM9bieM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS>  
Report Suspicious

ZjQmQRYPpftBhmerEnd  
3157 USS | Tech Demo | JR-Chris-Rob & Krisanthe  
You have been invited by Krisanthe Vlahos to attend an event named 3157 USS | Tech Demo | JR-Chris-Rob & Krisanthe on Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)

This event has been updated

Changed title

When

Tuesday Aug 26, 2025 - 12pm - 12:45pm (Central Time - Chicago)

Location

3157 USS

View map [https://urldefense.com/v3/https://www.google.com/maps/search/3157USS?hl=en&\\_k=!!KGKKeuY12MDh1qDyPxgqj-jyM9bieM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS](https://urldefense.com/v3/https://www.google.com/maps/search/3157USS?hl=en&_k=!!KGKKeuY12MDh1qDyPxgqj-jyM9bieM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS)

Guests

Krisanthe Vlahos <mailto:kv@thecalloutpodcast.com>

- organizer

lowden16@osu.edu <mailto:lowden16@osu.edu>

blackburn23@osu.edu <mailto:blackburn23@osu.edu>

kaborek2@osu.edu <mailto:kaborek2@osu.edu>

toff20@osu.edu <mailto:toff20@osu.edu>

garrett8@osu.edu <mailto:garrett8@osu.edu>

View all guest info <https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=VIEW&ceid=8dZgTtxODfnaHfscDk20XF&mfuc=25INGega2F3b3VzYwuaMBv3UzZWR1&tok=MjQja3ZAdGhY2FsbG91dHBvZGh3Qy92GjNmlzZWUyNGl5NTFzTnNlWU00TFlyzZkYqWZWM5NTFmZWZhNQ&ctr=America\*2FChicago&hl=en&es=0\_\_JQ!!KGKKeuY12MDh1qDyPxgqj-

YMHbcM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS2zaUS>

Reply for kaborek2@osu.edu <mailto:kaborek2@osu.edu>

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=RESPOND&ceid=8dZgTtxODfnaHfscDk20XF&mfuc=25INGega2F3b3VzYwuaMBv3UzZWR1&rst=1&tok=MjQja3ZAdGhY2FsbG91dHBvZGh3Qy92GjNmlzZWUyNGl5NTFzTnNlWU00TFlyzZkYqWZWM5NTFmZWZhNQ&ctr=America\*2FChicago&hl=en&es=0\_\_JQ!!KGKKeuY12MDh1qDyPxgqj-

YMHbcM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS>

Yes

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=RESPOND&ceid=8dZgTtxODfnaHfscDk20XF&mfuc=25INGega2F3b3VzYwuaMBv3UzZWR1&rst=2&tok=MjQja3ZAdGhY2FsbG91dHBvZGh3Qy92GjNmlzZWUyNGl5NTFzTnNlWU00TFlyzZkYqWZWM5NTFmZWZhNQ&ctr=America\*2FChicago&hl=en&es=0\_\_JQ!!KGKKeuY12MDh1qDyPxgqj-

YMHbcM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS>

No

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=RESPOND&ceid=8dZgTtxODfnaHfscDk20XF&mfuc=25INGega2F3b3VzYwuaMBv3UzZWR1&rst=3&tok=MjQja3ZAdGhY2FsbG91dHBvZGh3Qy92GjNmlzZWUyNGl5NTFzTnNlWU00TFlyzZkYqWZWM5NTFmZWZhNQ&ctr=America\*2FChicago&hl=en&es=0\_\_JQ!!KGKKeuY12MDh1qDyPxgqj-

YMHbcM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS>

Maybe

<https://urldefense.com/v3/https://calendar.google.com/calendar/event?>

action=VIEW&ceid=8dZgTtxODfnaHfscDk20XF&mfuc=25INGega2F3b3VzYwuaMBv3UzZWR1&tok=MjQja3ZAdGhY2FsbG91dHBvZGh3Qy92GjNmlzZWUyNGl5NTFzTnNlWU00TFlyzZkYqWZWM5NTFmZWZhNQ&ctr=America\*2FChicago&hl=en&es=0\_\_JQ!!KGKKeuY12MDh1qDyPxgqj-

YMHbcM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS>

More options

Invitation from Google Calendar <https://urldefense.com/v3/https://calendar.google.com/calendar/...!!KGKKeuY12MDh1qDyPxgqj-jyM9bieM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS>

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[https://urldefense.com/v3/https://support.google.com/calendar/answer/37135?forwarding\\_\\_fw=!!KGKKeuY12MDh1qDyPxgqj-jyM9bieM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS](https://urldefense.com/v3/https://support.google.com/calendar/answer/37135?forwarding__fw=!!KGKKeuY12MDh1qDyPxgqj-jyM9bieM4THBMY8HINegArRbhm44HcOku8B4umUfHf56525mlXTu6QNJ8uGIBP6VgNS)

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe  
**Date:** Tuesday, August 26, 2025 8:18:00 AM

---

Morning, that is perfect. Thank you.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Tuesday, August 26, 2025 8:18 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

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Good Morning- Is my revised event work or prefer it structured differently?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Tue, Aug 26, 2025 at 8:15 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Morning. Can you include 3157 USS for the folks participating in person? Crystal

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe  
**Date:** Tuesday, August 26, 2025 8:38:00 AM

---

I asked our IT team to meet us at 12:30 so that we can make sure you get set up properly. The room should have everything you need but you can bring your laptop just in case. Crystal

---

**From:** Krisanthe Vlahos <kv@thecalloutpodcast.com>  
**Sent:** Tuesday, August 26, 2025 8:26 AM  
**To:** Garrett, Crystal <garrett.8@osu.edu>  
**Subject:** Re: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

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Great. I just thought of something...

The last time I tried to connect my laptop during a meeting in President Carter's conference room for a meeting with JR & Chris - the control device & my laptop didn't like each other.

We ended up connecting one of their laptop to the device & I navigated thru that.

Does the conference room we'll be in have a browser & keyboard connected or do I need to a laptop to access the internet?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Tue, Aug 26, 2025 at 8:20 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

|

Morning, that is perfect. Thank you.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Tuesday, August 26, 2025 8:18 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Re: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

Good Morning- Is my revised event work or prefer it structured differently?

Grateful U.S. Navy Nuke Mom

~ Krisanthe

Creator | Host | Exec. Producer

The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Tue, Aug 26, 2025 at 8:15 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

| Morning. Can you include 3157 USS for the folks participating in person? Crystal

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe  
**Date:** Tuesday, August 26, 2025 8:53:00 AM

---

No problem. See you soon. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Tuesday, August 26, 2025 8:40 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

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Oh my goodness...thank you so much!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Tue, Aug 26, 2025 at 8:39 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

I asked our IT team to meet us at 12:30 so that we can make sure you get set up properly. The room should have everything you need but you can bring your laptop just in case. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Tuesday, August 26, 2025 8:26 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

Great. I just thought of something...

The last time I tried to connect my laptop during a meeting in President Carter's conference room for a meeting with JR & Chris - the control device & my laptop didn't like each other.

We ended up connecting one of their laptop to the device & I navigated thru that.

Does the conference room we'll be in have a browser & keyboard connected or do I need to a laptop to access the internet?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Tue, Aug 26, 2025 at 8:20 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Morning, that is perfect. Thank you.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Tuesday, August 26, 2025 8:18 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Re: Accepted: Tech Demo | JR-Chris-Rob & Krisanthe

Good Morning- Is my revised event work or prefer it structured differently?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
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[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Tue, Aug 26, 2025 at 8:15 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

| Morning. Can you include 3157 USS for the folks participating in person? Crystal

**From:** [Smartsheet Automation](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** USS Guest Arrival  
**Date:** Tuesday, August 26, 2025 12:31:45 PM

---

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**USS Guest Arrival**

Krisanthe Vlahos has arrived for their 12:30 pm with Chris Kabourek and JR Blackburn. They have been instructed to "Proceed to third floor. Crystal will provide access to the floor."

<!--[if !mso]-->

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**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Military/Veterans Opportunity  
**Date:** Thursday, September 25, 2025 3:12:00 PM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

We have identified Thursday, October 2, 4:00-5:30 pm, as a possible date for the next Military/Veterans Opportunity meeting. The meeting would be held here in University Square South. Can you let me know if that would work for your schedule?

Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**To:** [Toft, Jill](#)  
**Cc:** [Blackburn, JR](#); [Kabourek, Chris](#)  
**Subject:** RE: Crystal, we have confirmed a time. FW: Military/Veterans Meeting Request: Opportunity Review/Presentation  
**Date:** Thursday, September 25, 2025 3:15:29 PM  
**Attachments:** [image001.png](#)

---

Hi Jill,

Chris has been in back to back meetings so I let him know that I would reach out to Krisanthe.

---

**From:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Sent:** Thursday, September 25, 2025 2:45 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Cc:** Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Subject:** Crystal, we have confirmed a time. FW: Military/Veterans Meeting Request: Opportunity Review/Presentation  
**Importance:** High

Crystal, the time we have confirmed for this meeting for OSU participants is Thursday, October 2 from 4:00pm-5:30pm, in person on the 4<sup>th</sup> floor of USS.

Per JR's message below, you and Chris will be confirming that time with Krisanthe Vlahos. Please let me know when you have confirmation from her, and any other details. In the meantime, I am going to send out an invite to OSU participants to hold the time.

Jill

---

**From:** Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>  
**Sent:** Wednesday, September 24, 2025 5:49 PM  
**To:** Brown, Trevor <[brown.2296@osu.edu](mailto:brown.2296@osu.edu)>; Talbot, Ann <[talbot.93@osu.edu](mailto:talbot.93@osu.edu)>; Cullen, Kevin <[cullen.127@osu.edu](mailto:cullen.127@osu.edu)>; Jones, Norman <[jones.2376@osu.edu](mailto:jones.2376@osu.edu)>; Lemon, Jason <[lemon.297@osu.edu](mailto:lemon.297@osu.edu)>  
**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Military/Veterans Meeting Request: Opportunity Review/Presentation

Colleagues,

During last week's State of the University Address, I know that we all heard President Carter's charge to be a top school for military/ROTC and veterans. As part of our strategic plan, he outlined a bold goal to significantly grow our veteran-served population over the next decade.

In support of this vision, I want to acknowledge the thoughtful conversations that have taken

place over the past several months and thank the team for establishing a new working group dedicated to this effort. I'm also grateful to be joining the strategic advisory group alongside Chris as we work together to shape this important initiative.

As part of this effort, we would like to share an opportunity that could provide additional support in this endeavor. Over the past several months, Krisanthe Vlahos has been in engaging efforts to support our military and veteran populations. Currently, she produces a podcast (The Callout Podcast) at WOSU and the President has been a guest for a couple of those segments. She is developing an APP to help veterans navigate several complex issues they face in obtaining employment and seeking healthcare/VA benefits access.

Krisanthe has expressed interest in presenting her work and exploring how it might align with our strategic goals. I've asked Jill Toft from my office to coordinate a time for our group to meet with Krisanthe. I recommend we allocate 30–45 minutes for her presentation, followed by 30 minutes for discussion and debrief by our group.

Once we've identified a time, I'll ask Chris to connect with Krisanthe to confirm the details.

Please don't hesitate to reach out with any questions. Thank you in advance for your engagement and support.

Best,  
JR



**JR Blackburn**  
Chief of Staff  
Office of the President

University Square South - 15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-247-7184 Office | 614-292-1231 Fax  
[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu) | [osu.edu](http://osu.edu)

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**From:** [Garrett, Crystal](#)  
**To:** [Toft, Jill](#)  
**Subject:** RE: Friday-Crystal vacation  
**Date:** Thursday, September 25, 2025 4:08:00 PM  
**Attachments:** [image001.png](#)

---

Thanks, Jill. Crystal

---

**From:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Sent:** Thursday, September 25, 2025 4:05 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RE: Friday-Crystal vacation

Thank you so much, Crystal! I'll keep an eye out. I hope you enjoy your day off.

Jill



**Jill Toft, M.A.**  
Executive Assistant  
**Office of the President**  
University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201  
Office: 614-292-1524  
[toft.20@osu.edu](mailto:toft.20@osu.edu) / [osu.edu](http://osu.edu)

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**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Sent:** Thursday, September 25, 2025 4:04 PM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Subject:** Friday-Crystal vacation

Hi Jill,

I am going to take tomorrow off. I'll be at home and will monitor emails. I'll let you know when I hear from Krisanthe.

Crystal

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Re: Military/Veterans Opportunity  
**Date:** Friday, September 26, 2025 6:53:47 AM  
**Attachments:** [image001.png](#)

---

Great! JR Blackburn's assistant will send you a calendar invite. Thank you. Crystal

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---

**From:** Krisanthe Vlahos <kv@thecalloutpodcast.com>  
**Sent:** Friday, September 26, 2025 5:52:27 AM  
**To:** Garrett, Crystal <garrett.8@osu.edu>  
**Subject:** Re: Military/Veterans Opportunity

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Good Morning Crystal-

Yes - that works...thank you for your help.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

On Thu, Sep 25, 2025 at 3:12 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

We have identified Thursday, October 2, 4:00-5:30 pm, as a possible date for the next Military/Veterans Opportunity meeting. The meeting would be held here in University Square South. Can you let me know if that would work for your schedule?

Best regards,

Crystal



Crystal Garrett

Executive Assistant

Office of Administration and Planning

B5048 University Square South

15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** Garrett, Crystal  
**Subject:** Fw: Military/Veterans Opportunity  
**Date:** Friday, September 26, 2025 6:53:53 AM  
**Attachments:** [image001.png](#)

---

**From:** Krisanthe Vlahos <kv@thecalloutpodcast.com>  
**Sent:** Friday, September 26, 2025 5:52:27 AM  
**To:** Garrett, Crystal <garrett.8@osu.edu>  
**Subject:** Re: Military/Veterans Opportunity

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kv@TheCalloutPodcast.com  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
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Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Re: Military/Veterans Opportunity  
**Date:** Friday, September 26, 2025 6:54:34 AM  
**Attachments:** [image001.png](#)

---

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Thanks Crystal!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube [@thecalloutpodcast3716](#)

On Fri, Sep 26, 2025 at 6:53 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Great! JR Blackburn's assistant will send you a calendar invite. Thank you. Crystal

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---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, September 26, 2025 5:52:27 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Military/Veterans Opportunity

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~ Krisanthe

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[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

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15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Garrett, Crystal](#)  
**To:** [Toft, Jill](#)  
**Subject:** Re: Military/Veterans Opportunity  
**Date:** Friday, September 26, 2025 8:27:18 AM  
**Attachments:** [image001.png](#)

---

Thanks, Jill. Crystal

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---

**From:** Toft, Jill <toft.20@osu.edu>  
**Sent:** Friday, September 26, 2025 7:42:32 AM  
**To:** Garrett, Crystal <garrett.8@osu.edu>  
**Cc:** Blackburn, JR <blackburn.23@osu.edu>  
**Subject:** RE: Military/Veterans Opportunity

Will do, Crystal, and thank you! Enjoy your day off!

Jill

---

**From:** Garrett, Crystal <garrett.8@osu.edu>  
**Sent:** Friday, September 26, 2025 6:55 AM  
**To:** Toft, Jill <toft.20@osu.edu>  
**Subject:** Fw: Military/Veterans Opportunity

Hi Jill, please see below. Can you send her the calendar invite? Crystal

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---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, September 26, 2025 5:52 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Military/Veterans Opportunity

---

**This Message Is From an External Sender**

This message came from outside your organization. Good Morning Crystal-

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Yes - that works...thank you for your help.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

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Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

**From:** [Outlook](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Reaction Daily Digest - Friday, September 26, 2025  
**Date:** Friday, September 26, 2025 6:49:58 PM  
**Attachments:** [318cff88-e6d7-4568-9ba1-35eec421873c](#)  
[Image19b20737-5700-48cb-9818-4dd6ddb73212](#)  
[1ee02033-7b80-4a24-9243-7cb30248c2ce](#)

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-->  
-->

Microsoft Outlook



**Blackburn JR reacted to your message** Thu 09/25/2025 16:48

**RE: Crystal, we have confirmed a time. FW: Military/Veterans Meeting Request: Opportunity Review/Presentation**

Hi Jill, To follow up on our conversation, I sent Krisanthe an email asking if she can accommodate October 2. I'll let you know as soon as I hear from her. Crystal From: Toft, Jill &lt;toft.20@osu.edu>; Sent: Thursday, September 25, 2025 2:45 PM T

[Go to message](#)



**Richard Molly reacted to your message** Thu 09/25/2025 16:09

**RE: Got a question**

Hi Molly, his name is "Randy," and his phone number is [REDACTED] Thank you! Crystal From: Richard, Molly &lt;richard.164@osu.edu>; Sent: Thursday, September 25, 2025 1:21 PM To: Garrett, Crystal &lt;garrett.8@osu.edu>; Subject: RE: Got a question C

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**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Canceled event: International Lineman's Rodeo | The Callout w/ OSU, WOSU,... @ Thu Oct 16 7am - Sun Oct 19, 2025 7am (CDT) (kabourek.2@osu.edu)  
**Attachments:** [invite.ics](#)

---

International Lineman's Rodeo | The Callout w/ OSU, WOSU, JobsOhio & Anduril (place holder til confirmed at 7/10 meeting) This event has been canceled. When Thursday Oct 16 · 7am – Sunday Oct 19, 2025 · 7am (Central Time - Chicago) Location

ZjQcmQRYFpfpBannerStart

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<[https://us-phishalarm-ewt.proofpoint.com/EWT/v1/KGKeuY!skQZ163LqCyKQvqbn-6EFoWQ-oSy2xhGcE9UFD22gRdHcD1dwTGz0bij-JNmV5VHofm7UL\\_ohTKaPzTrao-2wd8pC2u4lbcSOoDZMmjWfsrXT7Hb\\$](https://us-phishalarm-ewt.proofpoint.com/EWT/v1/KGKeuY!skQZ163LqCyKQvqbn-6EFoWQ-oSy2xhGcE9UFD22gRdHcD1dwTGz0bij-JNmV5VHofm7UL_ohTKaPzTrao-2wd8pC2u4lbcSOoDZMmjWfsrXT7Hb$)>

Report Suspicious

ZjQcmQRYFpfpBannerEnd

International Lineman's Rodeo | The Callout w/ OSU, WOSU, JobsOhio & Anduril (place holder til confirmed at 7/10 meeting)

This event has been canceled.

When

Thursday Oct 16 · 7am – Sunday Oct 19, 2025 · 7am (Central Time - Chicago)

Location

Sheraton Overland Park Hotel at the Convention Center, 6100 College Blvd, Overland Park, KS 66211, USA

View map

<[https://urldefense.com/v3/https://www.google.com/maps/search/Sheraton\\*Overland\\*Park\\*Hotel\\*at\\*the\\*Convention\\*Center,\\*6100\\*College\\*Blvd,\\*Overland\\*Park,\\*KS\\*66211,\\*USA?hl=en\\_;KysrKysrKysrKysrKysr!!KGKeuY!xCTK3EbjTcRm--IsdOd5pqTIDJ8YUvLpOTWHiCXdXg-IYrWJoK007h1niuNqBG614NmDCDgN7XJss8QRvz\\$](https://urldefense.com/v3/https://www.google.com/maps/search/Sheraton*Overland*Park*Hotel*at*the*Convention*Center,*6100*College*Blvd,*Overland*Park,*KS*66211,*USA?hl=en_;KysrKysrKysrKysrKysr!!KGKeuY!xCTK3EbjTcRm--IsdOd5pqTIDJ8YUvLpOTWHiCXdXg-IYrWJoK007h1niuNqBG614NmDCDgN7XJss8QRvz$)>

Guests

Krisanthe Vlahos <<mailto:kv@thecalloutpodcast.com>>

- organizer

carter.2194@osu.edu <<mailto:carter.2194@osu.edu>>

kabourek.2@osu.edu <<mailto:kabourek.2@osu.edu>>

Invitation from Google Calendar <[https://urldefense.com/v3/https://calendar.google.com/calendar/\\_\\_;!!KGKeuY!xCTK3EbjTcRm--IsdOd5pqTIDJ8YUvLpOTWHiCXdXg-IYrWJoK007h1niuNqBG614NmDCDgN7XJsjWvZ8qy\\$](https://urldefense.com/v3/https://calendar.google.com/calendar/__;!!KGKeuY!xCTK3EbjTcRm--IsdOd5pqTIDJ8YUvLpOTWHiCXdXg-IYrWJoK007h1niuNqBG614NmDCDgN7XJsjWvZ8qy$)>

You are receiving this email because you are an attendee on the event.

Forwarding this invitation could allow any recipient to send a response to the organizer, be added to the guest list, invite others regardless of their own invitation status, or modify your RSVP. Learn more <[https://urldefense.com/v3/https://support.google.com/calendar/answer/37135\\*forwarding\\_\\_;!w!!KGKeuY!xCTK3EbjTcRm--IsdOd5pqTIDJ8YUvLpOTWHiCXdXg-IYrWJoK007h1niuNqBG614NmDCDgN7XJssJ5Y6t\\$](https://urldefense.com/v3/https://support.google.com/calendar/answer/37135*forwarding__;!w!!KGKeuY!xCTK3EbjTcRm--IsdOd5pqTIDJ8YUvLpOTWHiCXdXg-IYrWJoK007h1niuNqBG614NmDCDgN7XJssJ5Y6t$)>



**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Chris Kabourek & Krisanthe

---



**From:** [Kabourek, Chris](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** Accepted: Chris Kabourek & Krisanthe

---

**From:** [Krisianthe\\_Vlahos](#)  
**To:** [Garrett\\_Crystal](#)  
**Subject:** Invitation: Krisianthe calls Chris Kabourek's cell. @ Mon Nov 10, 2025 7:30am - 7:45am (CST) (kabourek.2@osu.edu)  
**Attachments:** [Invites.ics](#)

Krisianthe calls Chris Kabourek's cell. You have been invited by Krisianthe Vlahos to attend an event named Krisianthe calls Chris Kabourek's cell on Monday Nov 10, 2025 - 7:30am - 7:45am (Central Time - Chicago) When Monday Nov 10, 2025 - 7:30am

ZjQmQRyYjppfBmnerEsd  
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-https://us-phishdarn-ewt-proofpoint.com/EWTv1/KGKeakY10P87BRB5yBjjevRUm2o\_E5eW9\_njvERaC3Gy-  
Report Suspicious

ZjQmQRyYjppfBmnerEsd  
Krisianthe calls Chris Kabourek's cell  
You have been invited by Krisianthe Vlahos to attend an event named Krisianthe calls Chris Kabourek's cell on Monday Nov 10, 2025 - 7:30am - 7:45am (Central Time - Chicago)

When  
Monday Nov 10, 2025 - 7:30am - 7:45am (Central Time - Chicago)

Guests  
Krisianthe Vlahos <mailto:kv@thealloutpodcast.com>  
- organizer  
kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>  
View all guest info <https://urldefense.com/v3\_\_\_https://calendar.google.com/calendar/event?>  
action=VIEW&ei=OGf1c2VYNDqjNHfZzngphmRjDkIbmMMGag2Fh3VjZWwMdBvc3UzZWR1&rk=1&tsk=MjQwZjZAdGhY2FibG91dHByZG9hc3QyY29ZTk3Mm0yTHYyVjMTInZjhiZjZDA5ZTY0ZTRkYWMyMmJlMDMlNA&ctr=America\*2FChicago&hl=en&es=0\_\_\_JQ!KGKeakY10P87BRB5yBjjevRUm2o\_E5eW9\_njvERaC3Gy-  
KXKB\_6769jffm\_wWhC2upY0wRZg-SpBDNE14h-0W8S->  
Reply for kabourek.2@osu.edu <mailto:kabourek.2@osu.edu>  
-https://urldefense.com/v3\_\_\_https://calendar.google.com/calendar/event?>  
action=RESPOND&ei=OGf1c2VYNDqjNHfZzngphmRjDkIbmMMGag2Fh3VjZWwMdBvc3UzZWR1&rk=1&tsk=MjQwZjZAdGhY2FibG91dHByZG9hc3QyY29ZTk3Mm0yTHYyVjMTInZjhiZjZDA5ZTY0ZTRkYWMyMmJlMDMlNA&ctr=America\*2FChicago&hl=en&es=0\_\_\_JQ!KGKeakY10P87BRB5yBjjevRUm2o\_E5eW9\_njvERaC3Gy-  
KXKB\_6769jffm\_wWhC2upY0wRZg-SpBDNE14h-0W8S->  
Yes  
-https://urldefense.com/v3\_\_\_https://calendar.google.com/calendar/event?>  
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KXKB\_6769jffm\_wWhC2upY0wRZg-SpBDNE\_s1hZJFS->  
No  
-https://urldefense.com/v3\_\_\_https://calendar.google.com/calendar/event?>  
action=RESPOND&ei=OGf1c2VYNDqjNHfZzngphmRjDkIbmMMGag2Fh3VjZWwMdBvc3UzZWR1&rk=3&tsk=MjQwZjZAdGhY2FibG91dHByZG9hc3QyY29ZTk3Mm0yTHYyVjMTInZjhiZjZDA5ZTY0ZTRkYWMyMmJlMDMlNA&ctr=America\*2FChicago&hl=en&es=0\_\_\_JQ!KGKeakY10P87BRB5yBjjevRUm2o\_E5eW9\_njvERaC3Gy-  
KXKB\_6769jffm\_wWhC2upY0wRZg-SpBDNE14h-0W8S->  
Maybe  
-https://urldefense.com/v3\_\_\_https://calendar.google.com/calendar/event?>  
action=VIEW&ei=OGf1c2VYNDqjNHfZzngphmRjDkIbmMMGag2Fh3VjZWwMdBvc3UzZWR1&rk=1&tsk=MjQwZjZAdGhY2FibG91dHByZG9hc3QyY29ZTk3Mm0yTHYyVjMTInZjhiZjZDA5ZTY0ZTRkYWMyMmJlMDMlNA&ctr=America\*2FChicago&hl=en&es=0\_\_\_JQ!KGKeakY10P87BRB5yBjjevRUm2o\_E5eW9\_njvERaC3Gy-  
KXKB\_6769jffm\_wWhC2upY0wRZg-SpBDNE14h-0W8S->  
More options  
Invitation from Google Calendar <https://urldefense.com/v3\_\_\_https://calendar.google.com/calendar/!KGKeakY10P87BRB5yBjjevRUm2o\_E5eW9\_njvERaC3Gy-KXKB\_6769jffm\_wWhC2upY0wRZg-SpBDNEyB4SNUS->

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-https://urldefense.com/v3\_\_\_https://support.google.com/calendar/answer/37135?forwarding\_\_ja=!KGKeakY10P87BRB5yBjjevRUm2o\_E5eW9\_njvERaC3Gy-KXKB\_6769jffm\_wWhC2upY0wRZg-SpBDNEy-sjX0S->

**From:** [Garrett, Crystal](#)  
**Subject:** krisanthe meeting-send email in draft folder  
**Date:** Wednesday, December 3, 2025 6:11:14 AM

---

**From:** [Garrett, Crystal](#)  
**Subject:** krisanthe meeting  
**Date:** Sunday, November 30, 2025 12:07:31 AM

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**From:** [Garrett, Crystal](#)  
**Subject:** krisanthe meeting-send email in draft folder  
**Date:** Wednesday, November 12, 2025 5:46:24 PM

---

**From:** [Garrett, Crystal](#)  
**Subject:** set up sch call for Krisanthe  
**Date:** Sunday, November 30, 2025 12:07:31 AM

---

**From:** [Garrett, Crystal](#)  
**Subject:** set up sch call for Krisanthe  
**Date:** Wednesday, December 3, 2025 6:11:14 AM

---

**From:** [Garrett, Crystal](#)  
**Subject:** set up sch call for Krisanthe  
**Date:** Thursday, November 13, 2025 5:49:47 PM

---

**To:** [Toft, Jill](#); [Loeffler, Julie](#); [Price, Jenna](#)  
**Subject:** FW: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Friday, November 14, 2025 11:05:52 AM

---

Morning,

Please see below. Would you have time for a scheduling call today to compare calendars?

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Monday, November 10, 2025 2:44 PM  
**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>  
**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App

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Chris - thank you for the engagement & coordination. I've added my software developer/CIO Paul Hylenski to follow along for dates and times.

After Crystal provides the OSU team's availability, Paul & I will do our best to accommodate dates offered.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Nov 10, 2025 at 9:13 AM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

|

Crystal,

Can you please find a 60-minute block for us to meet with Krisanthe's team for a demo of their prototype Veteran Transition & Workforce tool app? Ideally, we'll have most folks in person, but we can accommodate virtual if needed.

Attendees:

- JR Blackburn
- Trevor Brown
- Rob Lowden
- Chris Kabourek
- Krisanthe Vlahos and team

Thank you,

Chris

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Friday, November 14, 2025 12:18:00 PM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

I have a calendaring call scheduled with the assistants for early next week to look at availability. I'll circle back after that with the OSU team's availability. Have a great weekend.

Best regards,  
Crystal




Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Monday, November 10, 2025 2:44 PM  
**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>  
**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App

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After Crystal provides the OSU team's availability, Paul & I will do our best to accommodate dates offered.

Grateful U.S. Navy Nuke Mom

~ Kisanthe

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Attendees:

- JR Blackburn
- Trevor Brown
- Rob Lowden
- Chris Kabourek
- Kisanthe Vlahos and team

Thank you,  
Chris

**From:** [Garrett, Crystal](#)  
**To:** [Price, Jenna](#); [Loeffler, Julie](#); [Toft, Jill](#)  
**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Monday, November 17, 2025 9:18:00 AM  
**Attachments:** [image001.png](#)  
[image002.png](#)

---

Thanks, All. I will send an invite for 2:30. Crystal

---

**From:** Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Sent:** Monday, November 17, 2025 9:05 AM  
**To:** Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App

Hi All,

Building off shared availability, I can meet 2:30pm-4pm.

Take care,  
Jenna

---

**From:** Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>  
**Sent:** Monday, November 17, 2025 8:50 AM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App

I am available 11am-1pm and 2-4pm.

Thanks!



**THE OHIO STATE UNIVERSITY**

**Julie A. Loeffler**

**Office of Academic Affairs**

*Executive Assistant for:*

E. Gordon Gee, President Emeritus of The Ohio State University

Trevor Brown, Sr. Vice Provost for Academic Affairs and Dean of John Glenn College of Public Affairs

Lisa Florman, Vice Provost for The Arts

Michele Hansen, Associate Vice President of Institutional Research and Planning

Ann Talbot, Associate Vice President of Strategic Initiatives

614-247-9104 / Office

[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu) / [oaa.osu.edu](http://oaa.osu.edu)

---

**From:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>

**Sent:** Monday, November 17, 2025 8:47 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>

**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App

Crystal, I am available today between 9:30am-11:30am, or 2:00pm-4:30pm.

Jill



THE OHIO STATE UNIVERSITY

**Jill Toft**

Executive Assistant

**Office of the President**

University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201

[toft.20@osu.edu](mailto:toft.20@osu.edu) / [osu.edu](http://osu.edu)

Personal pronouns: she/her/hers

---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Sent:** Monday, November 17, 2025 8:41 AM

**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>

**Subject:** FW: Meeting - Veteran Transition & Workforce Tool App

Morning,

Please see below. Would you have time for a scheduling call today to compare calendars?

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Monday, November 10, 2025 2:44 PM

**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>

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Thank you,  
Chris

**From:** [Garrett, Crystal](#)  
**To:** [Price, Jenna](#); [Toft, Jill](#); [Loeffler, Julie](#)  
**Subject:** Scheduling Call: Crystal, Jenna, Jill, Julie

---

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- \* Chris Kabourek
- \* Krisanthe Vlahos and team

---

Microsoft Teams Need help? <<https://aka.ms/JoinTeamsMeeting?omkt=en-US>>

Join the meeting now <[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_MDJlYzU5M2UtM2Q5Yi00Zjk2LThjYjQtZDRhYjBmM2MzOTRi%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%222ff42fe5-cc87-4087-9fbd-ac831d171576%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_MDJlYzU5M2UtM2Q5Yi00Zjk2LThjYjQtZDRhYjBmM2MzOTRi%40thread.v2/0?context=%7b%22Tid%22%3a%22eb095636-1052-4895-952b-1ff9df1d1121%22%2c%22Oid%22%3a%222ff42fe5-cc87-4087-9fbd-ac831d171576%22%7d)>

---

Dial in by phone

[REDACTED] > United States, Columbus

Find a local number <<https://dialin.teams.microsoft.com/f9f12f2f-59bb-45b6-88fc-5d90dd31b538?id=547414540>>

Phone conference ID: [REDACTED]

For organizers: Meeting options <[https://teams.microsoft.com/meetingOptions/?organizerId=2ff42fe5-cc87-4087-9fbd-ac831d171576&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19\\_meeting\\_MDJlYzU5M2UtM2Q5Yi00Zjk2LThjYjQtZDRhYjBmM2MzOTRi@thread.v2&messageId=0&language=en-US](https://teams.microsoft.com/meetingOptions/?organizerId=2ff42fe5-cc87-4087-9fbd-ac831d171576&tenantId=eb095636-1052-4895-952b-1ff9df1d1121&threadId=19_meeting_MDJlYzU5M2UtM2Q5Yi00Zjk2LThjYjQtZDRhYjBmM2MzOTRi@thread.v2&messageId=0&language=en-US)> | Reset dial-in PIN <<https://dialin.teams.microsoft.com/usp/pstnconferencing>>

Org help <<https://admin.resources.osu.edu/office-365/teams>>

---

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Cc:** [Paul Hylenski](#)  
**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Monday, November 17, 2025 2:47:00 PM  
**Attachments:** [image001.png](#)

---

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Unfortunately, we would need to schedule this as a virtual meeting given schedules. Please let me know your availability.

Best regards,  
Crystal



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15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

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**To:** [Garrett, Crystal](#)  
**Cc:** [Paul Hylenski](#)  
**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Monday, November 17, 2025 4:59:03 PM  
**Attachments:** [image001.png](#)

---

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[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

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**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>

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**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: REVISED - Fwd: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Tuesday, November 18, 2025 2:24:00 PM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe, I'll hold both dates. Crystal



Crystal Garrett  
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Office of Administration and Planning  
B5048 University Square South  
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Columbus, OH 43201  
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**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Tuesday, November 18, 2025 10:31 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** REVISED - Fwd: Meeting - Veteran Transition & Workforce Tool App

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From: **Krisanthe Vlahos** <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

Date: Mon, Nov 17, 2025 at 4:58 PM

Subject: Re: Meeting - Veteran Transition & Workforce Tool App

To: Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

CC: Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>

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**Subject:** Re: REVISED - Fwd: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Tuesday, November 18, 2025 3:13:40 PM  
**Attachments:** [image001.png](#)

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**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Monday, November 10, 2025 2:44 PM

**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>

**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App

Chris - thank you for the engagement & coordination. I've added my software developer/CIO Paul Hylenski to follow along for dates and times.

After Crystal provides the OSU team's availability, Paul & I will do our best to accommodate dates offered.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Nov 10, 2025 at 9:13 AM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

| Crystal,

| Can you please find a 60-minute block for us to meet with Krisanthe's team for a demo

of their prototype Veteran Transition & Workforce tool app? Ideally, we'll have most folks in person, but we can accommodate virtual if needed.

Attendees:

- JR Blackburn
- Trevor Brown
- Rob Lowden
- Chris Kabourek
- Krisanthe Vlahos and team

Thank you,  
Chris

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: REVISED - Fwd: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Wednesday, November 19, 2025 10:56:00 AM  
**Attachments:** [image001.png](#)

---

Great, we'll send an invite. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Wednesday, November 19, 2025 10:51 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: REVISED - Fwd: Meeting - Veteran Transition & Workforce Tool App

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Good morning Crystal -

Thank you for holding Friday open. Let's proceed with Friday at 12-1pmEST conducted virtually.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Tue, Nov 18, 2025 at 2:24 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe, I'll hold both dates. Crystal



THE OHIO STATE UNIVERSITY

Crystal Garrett  
Executive Assistant  
Office of Administration and Planning

B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Tuesday, November 18, 2025 10:31 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** REVISED - Fwd: Meeting - Veteran Transition & Workforce Tool App

Crystal, I might be able to make it work.

can you please hold this Friday slot for now?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

----- Forwarded message -----

**From:** **Krisanthe Vlahos** <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Date:** Mon, Nov 17, 2025 at 4:58 PM  
**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**CC:** Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>

Thanks Crystal! We're fine with 12/11.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Nov 17, 2025 at 2:47 PM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe and Paul,

I just got off a call with the assistants. We came up with two dates that will work for the OSU participants:

Friday, November 21, 12:00-1:00 pm

Thursday, December 11, 4:00-5:00 pm

Unfortunately, we would need to schedule this as a virtual meeting given schedules. Please let me know your availability.

Best regards,  
Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Monday, November 10, 2025 2:44 PM

**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>

**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App

Chris - thank you for the engagement & coordination. I've added my software developer/CIO Paul Hylenski to follow along for dates and times.

After Crystal provides the OSU team's availability, Paul & I will do our best to accommodate dates offered.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Nov 10, 2025 at 9:13 AM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

Crystal,

Can you please find a 60-minute block for us to meet with Krisanthe's team for a demo of their prototype Veteran Transition & Workforce tool app? Ideally, we'll have most folks in person, but we can accommodate virtual if needed.

Attendees:

- JR Blackburn
- Trevor Brown
- Rob Lowden
- Chris Kabourek
- Krisanthe Vlahos and team

Thank you,  
Chris

**From:** [Loeffler, Julie](#)  
**To:** [Garrett, Crystal](#); [Toft, Jill](#); [Price, Jenna](#)  
**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Wednesday, November 19, 2025 11:18:34 AM  
**Attachments:** [image001.png](#)

---

Thanks, Crystal!



**THE OHIO STATE UNIVERSITY**

**Julie A. Loeffler**

**Office of Academic Affairs**

*Executive Assistant for:*

E. Gordon Gee, President Emeritus of The Ohio State University

Trevor Brown, Sr. Vice Provost for Academic Affairs and Dean of John Glenn College of Public Affairs

Lisa Florman, Vice Provost for The Arts

Michele Hansen, Associate Vice President of Institutional Research and Planning

Ann Talbot, Associate Vice President of Strategic Initiatives

614-247-9104 / Office

[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu) / [oaa.osu.edu](http://oaa.osu.edu)

---

**From:** Garrett, Crystal <garrett.8@osu.edu>  
**Sent:** Wednesday, November 19, 2025 11:17 AM  
**To:** Toft, Jill <toft.20@osu.edu>; Loeffler, Julie <loeffler.57@osu.edu>; Price, Jenna <price.1323@osu.edu>  
**Subject:** RE: Meeting - Veteran Transition & Workforce Tool App

We are confirmed for Friday, 12:00, for a virtual meeting. I will send an invite. You can release 12/11. Crystal

---

**From:** Garrett, Crystal  
**Sent:** Monday, November 17, 2025 8:41 AM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** FW: Meeting - Veteran Transition & Workforce Tool App

Morning,

Please see below. Would you have time for a scheduling call today to compare calendars?

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>


**Sent:** Monday, November 10, 2025 2:44 PM

**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Cc:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>

**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App

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After Crystal provides the OSU team's availability, Paul & I will do our best to accommodate dates offered.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Nov 10, 2025 at 9:13 AM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

Crystal,

Can you please find a 60-minute block for us to meet with Krisanthe's team for a demo of their prototype Veteran Transition & Workforce tool app? Ideally, we'll have most folks in person, but we can accommodate virtual if needed.

Attendees:

- JR Blackburn
- Trevor Brown
- Rob Lowden
- Chris Kabourek

- Krisanthe Vlahos and team

Thank you,  
Chris

**From:** [Kabourek, Chris](#)  
**To:** [Blackburn, JR](#); [Brown, Trevor](#); [Paul Hylenski](#); [Lowden, Rob](#); [Krisanthe Vlahos](#)  
**Subject:** Veteran Transition and Workforce Tool App Demo  
**Attachments:** [Re Meeting - Veteran Transition Workforce Tool App.msg](#)

---

Invitees: JR Blackburn, Trevor Brown, Paul Hylenski, Chris Kabourek, Rob Lowden, Krisanthe Vlahos.

Chris Kabourek is inviting you to a scheduled Zoom meeting.

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[REDACTED]

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Join by H.323

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206.247.11.121 (US East)

115.114.131.7 (India Mumbai)

115.114.115.7 (India Hyderabad)

159.124.15.191 (Amsterdam Netherlands)

159.124.47.249 (Germany)

159.124.104.213 (Australia Sydney)

159.124.74.212 (Australia Melbourne)

64.211.144.160 (Brazil)

159.124.168.213 (Canada Toronto)

159.124.196.25 (Canada Vancouver)

170.114.194.163 (Japan Tokyo)

147.124.100.25 (Japan Osaka)

[REDACTED]

[REDACTED]

---

The Ohio State University

---

Please direct question about this meeting to the meeting organizer.

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Name: [Redacted]  
The: [Redacted]

Address: [Redacted]

City: [Redacted]

Postcode: [Redacted]

Country: [Redacted]

Phone: [Redacted]

Fax: [Redacted]

E-mail: [Redacted]

Website: [Redacted]

Business Type: [Redacted]

Industry: [Redacted]

Company Size: [Redacted]

Year Founded: [Redacted]

Number of Employees: [Redacted]

Annual Revenue: [Redacted]

Market Segment: [Redacted]

Geographic Focus: [Redacted]

Key Products/Services: [Redacted]

Competitors: [Redacted]

Strengths: [Redacted]

Weaknesses: [Redacted]

Opportunities: [Redacted]

Threats: [Redacted]

SWOT Analysis: [Redacted]

Recommendations: [Redacted]

Conclusion: [Redacted]

Disclaimer: [Redacted]

Contact Information: [Redacted]

Page 1 of 1

**From:** [Garrett, Crystal](#)  
**To:** [Price, Jenna](#)  
**Subject:** RE: Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM  
**Date:** Friday, November 21, 2025 9:15:00 AM  
**Attachments:** [image001.png](#)

---

Sorry to hear that you are feeling worse. Thanks for accommodating December 11.

---

**From:** Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Sent:** Friday, November 21, 2025 9:07 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RE: Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

Thanks, Crystal. Feeling slightly worse than yesterday, unfortunately. :/

We'll adjust Rob's travel so that time should work.

Thanks again,  
Jenna

---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Sent:** Friday, November 21, 2025 8:46 AM  
**To:** Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** RE: Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

Thanks, Jenna. I hope you are feeling better today. Crystal

---

**From:** Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Sent:** Friday, November 21, 2025 8:46 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RE: Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

Hi Crystal,

Rob is traveling during that time, but I'll check with him on adjusting.

-Jenna

---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Sent:** Friday, November 21, 2025 8:42 AM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** RE: Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

Thanks, Jill. Crystal

---

**From:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>  
**Sent:** Friday, November 21, 2025 8:38 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>; Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** RE: Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

Crystal, I confirmed with JR that we can make him available for the 4pm meeting on 12/11.

Thanks,  
Jill



**Jill Toft**  
Executive Assistant  
**Office of the President**  
University Square South, 15 E 15<sup>th</sup> Avenue, Columbus, OH 43201  
[toft.20@osu.edu](mailto:toft.20@osu.edu) / [osu.edu](http://osu.edu)  
Personal pronouns: she/her/hers

---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Sent:** Friday, November 21, 2025 8:15 AM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM  
**Importance:** High

Please see below. Are JR, Trevor, and Rob still available December 11, 4:00-5:00? Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, November 21, 2025 6:17 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 ·

12-1 PM

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Crystal,

My meeting just before our OSU leadership meeting has been shifted to start 30 minutes later causing a domino effect.

Please thank everyone for their patience and understanding. Thank you for your assistance too!

If the December 11 meeting slot is still open, can we reschedule to that date?

Grateful U.S. Navy Nuke Mom

~ Krisanthe

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[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM  
**Date:** Friday, November 21, 2025 9:19:00 AM

---

December 11 works. I will update the invite. Crystal

---

**From:** Garrett, Crystal  
**Sent:** Friday, November 21, 2025 8:43 AM  
**To:** 'Krisanthe Vlahos' <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Subject:** RE: RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

Hi Krisanthe, I am checking availability for December 11. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, November 21, 2025 6:17 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

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**From:** [Garrett, Crystal](#)  
**To:** [Toft, Jill](#); [Loeffler, Julie](#); [Price, Jenna](#)  
**Subject:** RE: Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12-1 PM  
**Date:** Friday, November 21, 2025 9:20:00 AM

---

Thanks for the speedy responses. December 11 is a go, and I will update the invite. Crystal

---

**From:** Garrett, Crystal  
**Sent:** Friday, November 21, 2025 8:15 AM  
**To:** Toft, Jill <[toft.20@osu.edu](mailto:toft.20@osu.edu)>; Loeffler, Julie <[loeffler.57@osu.edu](mailto:loeffler.57@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** Today's 12:00 RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12-1 PM  
**Importance:** High


Please see below. Are JR, Trevor, and Rob still available December 11, 4:00-5:00? Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, November 21, 2025 6:17 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12-1 PM

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[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Kabourek, Chris](#)  
**To:** [Blackburn, JR](#); [Brown, Trevor](#); [Paul Hylenski](#); [Lowden, Rob](#); [Krisanthe Vlahos](#)  
**Subject:** Veteran Transition and Workforce Tool App Demo  
**Attachments:** [Re Meeting - Veteran Transition Workforce Tool App.msg](#)

---

Invitees: JR Blackburn, Trevor Brown, Paul Hylenski, Chris Kabourek, Rob Lowden, Krisanthe Vlahos.

Chris Kabourek is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

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[REDACTED]

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+1 346 248 7799 US (Houston)

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+1 669 900 6833 US (San Jose)

[REDACTED]

[REDACTED]

Find your local number: <https://osu.zoom.us/j/agCB2Vy9v> <<https://osu.zoom.us/j/agCB2Vy9v>>

Join by SIP:

[sip:96615558096@zoomcrc.com](mailto:sip:96615558096@zoomcrc.com) <[sip:96615558096@zoomcrc.com](mailto:sip:96615558096@zoomcrc.com)>

Join by H.323

144.195.19.161 (US West)

206.247.11.121 (US East)

115.114.131.7 (India Mumbai)

115.114.115.7 (India Hyderabad)

159.124.15.191 (Amsterdam Netherlands)

159.124.47.249 (Germany)

159.124.104.213 (Australia Sydney)

159.124.74.212 (Australia Melbourne)

64.211.144.160 (Brazil)

159.124.168.213 (Canada Toronto)

159.124.196.25 (Canada Vancouver)

170.114.194.163 (Japan Tokyo)

147.124.100.25 (Japan Osaka)

[REDACTED]

[REDACTED]

---

The Ohio State University

---

Please direct question about this meeting to the meeting organizer.

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[go.osu.edu/SystemStatus](https://go.osu.edu/SystemStatus)

614-688-4357 (HELP)

[CarmenZoom@osu.edu](mailto:CarmenZoom@osu.edu) <<mailto:CarmenZoom@osu.edu>>

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**From:** [Krisanthe Vlahos](#)  
**To:** [Kabourek, Chris](#)  
**Cc:** [Garrett, Crystal](#); [Blackburn, JR](#); [Lowden, Rob](#); [Paul Hylenski](#)  
**Subject:** Re: Meeting - Veteran Transition & Workforce Tool App  
**Date:** Monday, November 10, 2025 2:44:00 PM

---

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Chris - thank you for the engagement & coordination. I've added my software developer/CIO Paul Hylenski to follow along for dates and times.

After Crystal provides the OSU team's availability, Paul & I will do our best to accommodate dates offered.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube [@thecalloutpodcast3716](https://www.youtube.com/@thecalloutpodcast3716)

On Mon, Nov 10, 2025 at 9:13 AM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

Crystal,

Can you please find a 60-minute block for us to meet with Krisanthe's team for a demo of their prototype Veteran Transition & Workforce tool app? Ideally, we'll have most folks in person, but we can accommodate virtual if needed.

Attendees:

- JR Blackburn
- Trevor Brown
- Rob Lowden
- Chris Kabourek
- Krisanthe Vlahos and team

Thank you,  
Chris



**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Re: RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM  
**Date:** Friday, November 21, 2025 3:34:01 PM

---

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Thank you again!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)  
YouTube [@thecalloutpodcast3716](https://www.youtube.com/@thecalloutpodcast3716)

On Fri, Nov 21, 2025 at 9:19 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

December 11 works. I will update the invite. Crystal

---

**From:** Garrett, Crystal  
**Sent:** Friday, November 21, 2025 8:43 AM  
**To:** 'Krisanthe Vlahos' <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Subject:** RE: RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov 21 · 12–1 PM

Hi Krisanthe, I am checking availability for December 11. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, November 21, 2025 6:17 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** RESCHEDULE REQUEST- Veteran Transition and Workforce Tool App Demo, Friday, Nov

21 · 12-1 PM

Crystal,

My meeting just before our OSU leadership meeting has been shifted to start 30 minutes later causing a domino effect.

Please thank everyone for their patience and understanding. Thank you for your assistance too!

If the December 11 meeting slot is still open, can we reschedule to that date?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716



**From:** [Price, Jenna](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** FW: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA  
**Date:** Thursday, December 4, 2025 11:36:54 AM

---

Hi Crystal,

Since we just mentioned this yesterday – thought I’d pass along.

I believe Chris and Rob both have the service recognition luncheon next Wednesday, but we’ll make it work!

-Jenna

---


**From:** Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>  
**Sent:** Thursday, December 4, 2025 11:08 AM  
**To:** Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** FW: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, December 4, 2025 11:07 AM  
**To:** Alyssa Hardenbergh <[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)>  
**Cc:** Phil Greenberg <[greenberg@jobsohio.com](mailto:greenberg@jobsohio.com)>; [john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov);  
[Maria.Lowry@dvs.ohio.gov](mailto:Maria.Lowry@dvs.ohio.gov); Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; [matthew@redacted.com](mailto:matthew@redacted.com); [samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov); deye <[deye@jobsohio.com](mailto:deye@jobsohio.com)>  
**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

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Good Morning Alyssa -

Hope you had a wonderful Thanksgiving!

I communicated with Maria this morning who said General Harris is confirmed for next

Wednesday 12-1pmEST at JobsOhio headquarters.

Paul, Matt & I are confirmed too.

Are Chris Kabourek & Rob Lowden confirmed for OSU?

Will the calendar event invite come from JobsOhio?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Nov 24, 2025 at 9:03 AM Alyssa Hardenbergh <[hardenbergh@jobsOhio.com](mailto:hardenbergh@jobsOhio.com)> wrote:

Good morning – I have the following two options available for an in person meeting at JobsOhio:

December 10<sup>th</sup> 12pm to 1pm or

December 18<sup>th</sup> 11:30am to 12:30pm

Please let me know which might work best and I can follow up with a meeting invite and instructions for parking and security.

Thank you!

***Alyssa Hardenbergh***

**Director, Executive Services**

c. [REDACTED]

e. [hardenbergh@jobsOhio.com](mailto:hardenbergh@jobsOhio.com)

w. [www.jobsOhio.com](http://www.jobsOhio.com)

---

**From:** J.P. Nauseef <[nauseef@jobsOhio.com](mailto:nauseef@jobsOhio.com)>

**Sent:** Saturday, November 22, 2025 7:09 AM

**To:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>; Phil Greenberg <[greenberg@jobsOhio.com](mailto:greenberg@jobsOhio.com)>;  
Alyssa Hardenbergh <[hardenbergh@jobsOhio.com](mailto:hardenbergh@jobsOhio.com)>

**Cc:** [john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov); [Maria.Lowry@dvs.ohio.gov](mailto:Maria.Lowry@dvs.ohio.gov); Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris (OSU) <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Rob Lowden <[Lowden.1@osu.edu](mailto:Lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; [matthew.██████████@osu.edu](mailto:matthew.██████████@osu.edu); [samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov); Andrew Deye <[deye@jobsohio.com](mailto:deye@jobsohio.com)>  
**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

Thanks, Krisanthe,

i will have our team reach out to schedule time.

Will likely be after first week of December.

JP Nauseef

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, November 21, 2025 2:22 PM  
**To:** J.P. Nauseef <[nauseef@jobsohio.com](mailto:nauseef@jobsohio.com)>; Phil Greenberg <[greenberg@jobsohio.com](mailto:greenberg@jobsohio.com)>; Alyssa Hardenbergh <[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)>  
**Cc:** [john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov) <[john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov)>; [Maria.Lowry@dvs.ohio.gov](mailto:Maria.Lowry@dvs.ohio.gov) <[maria.lowry@dvs.ohio.gov](mailto:maria.lowry@dvs.ohio.gov)>; Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris (OSU) <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Rob Lowden <[Lowden.1@osu.edu](mailto:Lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; [matthew.██████████@osu.edu](mailto:matthew.██████████@osu.edu) <[matthew.██████████@osu.edu](mailto:matthew.██████████@osu.edu)>; [samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov) <[samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov)>  
**Subject:** Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

Good Afternoon JP,  
I hope your week has gone well!

I'm truly looking forward to the honor of you cohosting The Callout Podcast at WOSU Dec.10 to officially launch our partnership

I'm beyond proud to lead together with JobsOhio, the State of Ohio & Ohio State University.....a national AI Transition, Education & Workforce Development tool for our Military & Veterans.

Per General Harris's request following our meeting this morning with President Carter, I'm sending this communication to request your help for an in person meeting.

The purpose of the meeting is to perform a demo of our **fully customizable & white label**

**capable AI Veteran Transition Tool**, as well as review the attached business use case analysis of this technology reflecting the economic impact for the state of Ohio.

**Executive Summary:**

[REDACTED]

*Copied in this email is*

*Chris Kabourek-OSU SVP Administration & Planning*

*Rob Lowden - OSU VP & CIO*

*Paul Hystenksi - Founder & Developer VetMentorAI*

*Matt Poch - VetMentorAI Govt AI Counsel & IP SME*

Would it be possible to look at calendars to find a day to meet at JobsOhio Headquarters after Thanksgiving for an hour?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer

The Callout Podcast

[REDACTED]

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

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Please check-in as a JobsOhio guest at the Concierge Desk located in the Huntington Center Lobby. All guests must check-in at the Concierge Desk unless being escorted by a JobsOhio employee.

- **Entering from S High Street (Main Entrance)** - Proceed up the escalator to the Concierge Desk.
- **Entering from the Huntington Center Garage** - Follow signs for the Huntington Center. Level 5 of the Huntington Center Garage connects to the Huntington Center Lobby.

---

## Parking Options\*

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50 S. Front Street Columbus, Ohio 43215

- Please note, the main entrance to the Huntington Center Garage is located on W. Capital Street. Proceed up the garage ramp for available parking.
- To pre-pay at this garage, [follow this link](#) and select "buy parking."

**Ohio Statehouse Underground Garage**

(Connected to the Huntington Center via underground walkways) 1  
Capital Square Columbus, Ohio 43215

**LeVeque Tower Garage** (Approximately 5-minute walk to the Huntington Center)  
40 N Front Street Columbus, Ohio 43215

**Street Parking** (Mobile and Kiosk Payments)

For additional information on use and payment [please click here.](#)

*\*JobsOhio does not provide parking validation.*

---

## Overnight Accommodations

If your visit requires an overnight stay, JobsOhio has discounted corporate agreements with the following hotels. Please reach out to your JobsOhio point of contact to be connected with discounted booking links and promo codes.

- [Hotel LeVeque](#) - Marriott Autograph Collection
- [The Junto Hotel](#) - Boutique Hotel
- [Capital Suites Hotel](#) - Marriott Bonvoy



DIRECTIONS: All directions are to the main entrance of the Huntington Center.

### From North of Columbus

- I-71 S to Columbus
- Take Exit 109B to E Spring St
- Turn Right onto E Spring St.
- Turn Left onto N 3<sup>rd</sup> St.
- Turn Right onto State St.
- Turn Right onto High St.

### From East of Columbus

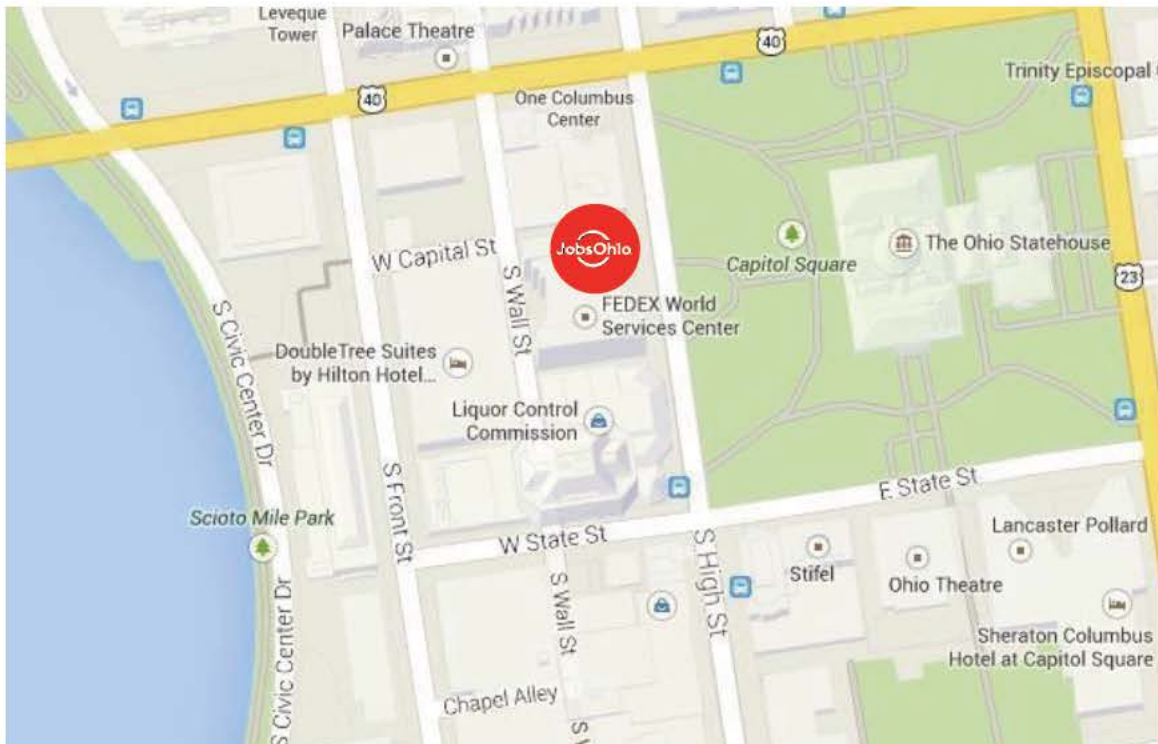
- I-70 W to Columbus
- Keep left to stay on I-70 W
- Exit 101B toward Hospital/Downtown
- Cont. onto E Mound St.
- Turn Right onto S. 4<sup>th</sup> St.
- Turn Left onto E State St.
- Turn Right onto High St.

### From South of Columbus

- US-23 N towards Columbus
- US-23 N become S High St.

### From West of Columbus

- I-70 E
- Exit 96 for I-670 E towards Airport
- Exit 2A US-33 toward OH-315 S
- Turn Right onto US-33 E/Dublin Rd
- Turn Right onto N High St.



**From:** [Kabourek, Chris](#)  
**To:** [Lowden, Rob](#); [Krisanthe Vlahos](#)  
**Cc:** [Price, Jenna](#); [Garrett, Crystal](#)  
**Subject:** RE: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA  
**Date:** Friday, December 5, 2025 11:39:42 AM

---

Krisanthe,

I'm taking a red-ey Tuesday night and am scheduled to land Wed morning around 11am. I may be disshevled, but hope to make your meeting.

I might suggest we reschedule the Thursday meeting, as Rob and Trevor have conflicts.

Thanks,  
Chris

---

**From:** Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>  
**Sent:** Friday, December 5, 2025 10:00 AM  
**To:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

Krisanthe,

We have confirmed our travel plans for next week and will not be available on Wednesday as we will be traveling back from the West Coast that day. Apologies for the late update.

Rob

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, December 5, 2025 8:41:04 AM  
**To:** Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>  
**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Price, Jenna <[price.1323@osu.edu](mailto:price.1323@osu.edu)>  
**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

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Thank you Rob.

Chris & Rob - next Wednesday's meeting at JobsOhio is a critical one. Your presence is requested to be part of history, not just another typical meeting.

This meeting has been positioned as THE formal launch of my app - VetEarnUSA. This launch will be led from Ohio to change Veterans lives at a national level.

We will review the national marketing plan of the VetEarnUSA Workforce Development Program then roll into the app demo.

It's equally important you be present to participate in the demo with my developer in the room- Paul Hylenski & his advisor Matt Poch. Both are Veterans.

Your participation in this VWD program & AI technology is essential to the success of all transitioning Military & Veterans in our nation.

When do you think you'll know if you're traveling next Wednesday?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)

[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Thu, Dec 4, 2025 at 11:25 AM Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)> wrote:

I unfortunately will not be in OH on Thursday or Friday next week. Possibly Thursday morning if we don't have our business travel but not Thursday afternoon or Friday regardless. Apologies.

Rob

---

**From:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Sent:** Thursday, December 4, 2025 11:55 AM  
**To:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Cc:** Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>  
**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

I think we will be traveling back Wednesday. Should be in the office Thursday.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, December 4, 2025 11:53:21 AM  
**To:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Cc:** Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>  
**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

If you're out of town on Wednesday then let's reschedule OSU Thursday demo too. You & Rob are critical to an OSU meeting.

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Thu, Dec 4, 2025 at 10:47 AM Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)> wrote:

Rob and I may be out of town on business. We might be able to attend virtually.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Thursday, December 4, 2025 11:41:27 AM

**To:** Alyssa Hardenbergh <[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)>

**Cc:** Phil Greenberg <[greenberg@jobsohio.com](mailto:greenberg@jobsohio.com)>; [john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov) <[john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov)>; [Maria.Lowry@dvs.ohio.gov](mailto:Maria.Lowry@dvs.ohio.gov) <[maria.lowry@dvs.ohio.gov](mailto:maria.lowry@dvs.ohio.gov)>; Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Lowden, Rob <[lowden.1@osu.edu](mailto:lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; [matthew.██████████@jobsohio.com](mailto:matthew.██████████@jobsohio.com) <[matthew.██████████@jobsohio.com](mailto:matthew.██████████@jobsohio.com)> [samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov) <[samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov)>; deye <[deye@jobsohio.com](mailto:deye@jobsohio.com)>

**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

Thank you Alyssa!

I'd appreciate we proceed with sending the formal calendar event asap with everyone copied included.

We'll see you at JobsOhio next Wednesday!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
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[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)  
[www.TheCalloutPodcast.com](http://www.TheCalloutPodcast.com)  
[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

On Thu, Dec 4, 2025 at 10:34 AM Alyssa Hardenbergh <[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)> wrote:

Hi Krisanthe – I have not heard from Chris or Rob. I would be happy to send the calendar invite, but also defer to you since this is your meeting. Once you have coordinated with Chris and Rob I am happy to bring all the pieces into one spot and provide the parking and security details for coming to JobsOhio.

Just let me know how you would like to proceed - cheers!

Alyssa

***Alyssa Hardenbergh***

**Director, Executive Services**

c. [REDACTED]

e. [hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)

w. [www.jobsohio.com](http://www.jobsohio.com)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Thursday, December 4, 2025 11:07 AM  
**To:** Alyssa Hardenbergh <[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)>  
**Cc:** Phil Greenberg <[greenberg@jobsohio.com](mailto:greenberg@jobsohio.com)>; [john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov);  
[Maria.Lowry@dvs.ohio.gov](mailto:Maria.Lowry@dvs.ohio.gov); Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris (OSU) <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Rob Lowden <[Lowden.1@osu.edu](mailto:Lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; [matthew.\[REDACTED\]@jobsohio.com](mailto:matthew.[REDACTED]@jobsohio.com);  
[samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov); Andrew Deye <[deye@jobsohio.com](mailto:deye@jobsohio.com)>  
**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App |

VetEarnUSA

Good Morning Alyssa -

Hope you had a wonderful Thanksgiving!

I communicated with Maria this morning who said General Harris is confirmed for next Wednesday 12-1pmEST at JobsOhio headquarters.

Paul, Matt & I are confirmed too.

Are Chris Kabourek & Rob Lowden confirmed for OSU?

Will the calendar event invite come from JobsOhio?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

Creator | Host | Exec. Producer  
The Callout Podcast

[kv@TheCalloutPodcast.com](mailto:kv@TheCalloutPodcast.com)

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Nov 24, 2025 at 9:03 AM Alyssa Hardenbergh  
<[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)> wrote:

Good morning – I have the following two options available for an in person meeting at JobsOhio:

December 10<sup>th</sup> 12pm to 1pm or

December 18<sup>th</sup> 11:30am to 12:30pm

Please let me know which might work best and I can follow up with a meeting invite and instructions for parking and security.

Thank you!

***Alyssa Hardenbergh***

**Director, Executive Services**

c. [REDACTED]

e. [hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)

w. [www.jobsohio.com](http://www.jobsohio.com)

---

**From:** J.P. Nauseef <[nauseef@jobsohio.com](mailto:nauseef@jobsohio.com)>

**Sent:** Saturday, November 22, 2025 7:09 AM

**To:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>; Phil Greenberg <[greenberg@jobsohio.com](mailto:greenberg@jobsohio.com)>; Alyssa Hardenbergh <[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)>

**Cc:** [john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov); [Maria.Lowry@dvs.ohio.gov](mailto:Maria.Lowry@dvs.ohio.gov); Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris (OSU) <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Rob Lowden <[Lowden.1@osu.edu](mailto:Lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; [matthew.\[REDACTED\]@jobsohio.com](mailto:matthew.[REDACTED]@jobsohio.com); [samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov); Andrew Deye <[deye@jobsohio.com](mailto:deye@jobsohio.com)>

**Subject:** Re: Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

Thanks, Krisanthe,

i will have our team reach out to schedule time.

Will likely be after first week of December.

JP Nauseef

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, November 21, 2025 2:22 PM

**To:** J.P. Nauseef <[nauseef@jobsohio.com](mailto:nauseef@jobsohio.com)>; Phil Greenberg <[greenberg@jobsohio.com](mailto:greenberg@jobsohio.com)>; Alyssa Hardenbergh <[hardenbergh@jobsohio.com](mailto:hardenbergh@jobsohio.com)>

**Cc:** [john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov) <[john.c.harris@dvs.ohio.gov](mailto:john.c.harris@dvs.ohio.gov)>; [Maria.Lowry@dvs.ohio.gov](mailto:Maria.Lowry@dvs.ohio.gov) <[maria.lowry@dvs.ohio.gov](mailto:maria.lowry@dvs.ohio.gov)>; Carter, Walter <[carter.2194@osu.edu](mailto:carter.2194@osu.edu)>; Kabourek, Chris (OSU) <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>; Rob Lowden <[Lowden.1@osu.edu](mailto:Lowden.1@osu.edu)>; Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; [matthew.██████████@dvs.ohio.gov](mailto:matthew.██████████@dvs.ohio.gov) <[matthew.██████████@dvs.ohio.gov](mailto:matthew.██████████@dvs.ohio.gov)>; [samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov) <[samantha.erickson@dvs.ohio.gov](mailto:samantha.erickson@dvs.ohio.gov)>

**Subject:** Meeting Request: Per General John Harris | AI Veteran Transition Tool App | VetEarnUSA

Good Afternoon JP,

I hope your week has gone well!

I'm truly looking forward to the honor of you cohosting The Callout Podcast at WOSU Dec.10 to officially launch our partnership

I'm beyond proud to lead together with JobsOhio, the State of Ohio & Ohio State University.....a national AI Transition, Education & Workforce Development tool for our Military & Veterans.

Per General Harris's request following our meeting this morning with President Carter, I'm sending this communication to request your help for an in person meeting.

The purpose of the meeting is to perform a demo of our **fully customizable & white label capable AI Veteran Transition Tool**, as well as review the attached business use case analysis of this technology reflecting the economic impact for the state of Ohio.

**Executive Summary:**



*Copied in this email is*

*Chris Kabourek-OSU SVP Administration & Planning*

*Rob Lowden - OSU VP & CIO*

*Paul Hystenksi - Founder & Developer VetMentorAI*

*Matt Poch - VetMentorAI Govt AI Counsel & IP SME*

Would it be possible to look at calendars to find a day to meet at JobsOhio Headquarters after Thanksgiving for an hour?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

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|| | **This email is not a public record per Ohio Revised Code 187.04(C).**

**From:** [Blackburn, JR](#)  
**To:** [Garrett, Crystal](#)  
**Cc:** [Bechtold, Hannah](#); [Cunningham, Alexis](#)  
**Subject:** Re: Cancel Meeting Request: 12/10 Veteran Workforce Tool demo  
**Date:** Monday, December 8, 2025 11:04:54 AM  
**Attachments:** [image001.png](#)

---

Thank you for the clarification.

JR



**JR Blackburn**  
Chief of Staff  
Office of the President

University Square South - 15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-247-7184 Office | 614-292-1231 Fax  
[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu) | [osu.edu](http://osu.edu)

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---

**From:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Date:** Monday, December 8, 2025 at 10:55 AM  
**To:** Blackburn, JR <[blackburn.23@osu.edu](mailto:blackburn.23@osu.edu)>  
**Cc:** Bechtold, Hannah <[bechtold.25@osu.edu](mailto:bechtold.25@osu.edu)>  
**Subject:** RE: Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

Hi JR,

Chris said the Wednesday noon meeting at JobsOhio is a go. We think Krisanthe is working to reschedule Thursday, 4:00 pm, due to some conflicts.

Crystal

---

**From:** Garrett, Crystal  
**Sent:** Monday, December 8, 2025 10:06 AM

**To:** Blackburn, JR <blackburn.23@osu.edu>  
**Cc:** Bechtold, Hannah <bechtold.25@osu.edu>  
**Subject:** FW: Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

Per our conversation. I didn't have time to deal with this on Friday. I plan to ask Chris about this at 10:30.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, December 5, 2025 11:50 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Subject:** Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

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Good morning Crystal-

It seems we have a variety of conflicts on 12/10. Can we please cancel it with the intention to reschedule at some point?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Cancel Meeting Request: 12/10 Veteran Workforce Tool demo  
**Date:** Monday, December 8, 2025 12:27:00 PM

---

Hi Krisanthe,

Can you confirm the date? I have December 11, 4:00 pm, for the meeting. Is that the meeting you are referring to?


Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Friday, December 5, 2025 11:50 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>  
**Subject:** Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

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~ Krisanthe

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[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo  
**Date:** Monday, December 8, 2025 12:33:00 PM

---


Thanks, Krisanthe. I will remain on standby. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Monday, December 8, 2025 12:33 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

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Yes - oops — I fixed it in subject line now.

I need to think thru a couple things which bubbled this morning before we call it off.

Can I please circle back in an hour or so?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Dec 8, 2025 at 11:28 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Can you confirm the date? I have December 11, 4:00 pm, for the meeting. Is that the meeting you are referring to?

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, December 5, 2025 11:50 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Subject:** Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

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~ Krisanthe

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YouTube @thecalloutpodcast3716

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo  
**Date:** Wednesday, December 10, 2025 10:05:00 AM  
**Attachments:** [image001.png](#)

---

Hi Krisanthe,

Do you have any updates about tomorrow's call?

Crystal




Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Monday, December 8, 2025 12:35 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

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Thanks!!!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Mon, Dec 8, 2025 at 11:33 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Thanks, Krisanthe. I will remain on standby. Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Monday, December 8, 2025 12:33 PM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

Yes - oops — I fixed it in subject line now.

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~ Krisanthe

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Hi Krisanthe,

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Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, December 5, 2025 11:50 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Subject:** Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

Good morning Crystal-

It seems we have a variety of conflicts on 12/10. Can we please cancel it with the intention to reschedule at some point?

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~ Krisanthe

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Subject:** RE: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo  
**Date:** Wednesday, December 10, 2025 11:41:00 AM  
**Attachments:** [image001.png](#)

---

OK, thank you.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Wednesday, December 10, 2025 11:40 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

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We're keeping the call & demo as scheduled. Thank you!!!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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YouTube @thecalloutpodcast3716

On Wed, Dec 10, 2025 at 10:06 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Do you have any updates about tomorrow's call?

Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South

15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Monday, December 8, 2025 12:35 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

Thanks!!!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Monday, December 8, 2025 12:33 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

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Can I please circle back in an hour or so?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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Hi Krisanthe,

Can you confirm the date? I have December 11, 4:00 pm, for the meeting. Is that the meeting you are referring to?

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, December 5, 2025 11:50 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Subject:** Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

Good morning Crystal-

It seems we have a variety of conflicts on 12/10. Can we please cancel it with the intention to reschedule at some point?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

**From:** [Kabourek, Chris](#)  
**To:** [Paul Hylenski](#); [Matthew Poch](#); [Blackburn, JR](#); [Brown, Trevor](#); [Lowden, Rob](#); [Krisanthe Vlahos](#)  
**Subject:** FW: Veteran Transition and Workforce Tool App Demo  
**Attachments:** [Re Meeting - Veteran Transition Workforce Tool App.msg](#)

---

-----Original Appointment-----

From: Garrett, Crystal On Behalf Of Kabourek, Chris  
Sent: Wednesday, November 19, 2025 11:26 AM  
To: Kabourek, Chris; Blackburn, JR; Brown, Trevor; Paul Hylenski; Lowden, Rob; Krisanthe Vlahos  
Subject: Veteran Transition and Workforce Tool App Demo  
When: Thursday, December 11, 2025 4:00 PM-5:00 PM (UTC-05:00) Eastern Time (US & Canada).  
Where: [REDACTED]

Invitees: JR Blackburn, Trevor Brown, Paul Hylenski, Chris Kabourek, Rob Lowden, Krisanthe Vlahos.

Chris Kabourek is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

[REDACTED]

[REDACTED]

[REDACTED]

One tap mobile

[REDACTED] (Washington DC)

[REDACTED] (Chicago)

Dial by your location

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+1 312 626 6799 US (Chicago)

+1 646 876 9923 US (New York)

+1 651 372 8299 US (Minnesota)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 408 638 0968 US (San Jose)

+1 669 900 6833 US (San Jose)

[REDACTED]

[REDACTED]

Find your local number: <https://osu.zoom.us/j/96615558096> <<https://osu.zoom.us/j/96615558096>>

Join by SIP:

[sip:96615558096@zoomcrc.com](mailto:sip:96615558096@zoomcrc.com) <[sip:96615558096@zoomcrc.com](mailto:sip:96615558096@zoomcrc.com)>

Join by H.323

144.195.19.161 (US West)  
206.247.11.121 (US East)  
115.114.131.7 (India Mumbai)  
115.114.115.7 (India Hyderabad)  
159.124.15.191 (Amsterdam Netherlands)  
159.124.47.249 (Germany)  
159.124.104.213 (Australia Sydney)  
159.124.74.212 (Australia Melbourne)  
64.211.144.160 (Brazil)  
159.124.168.213 (Canada Toronto)  
159.124.196.25 (Canada Vancouver)  
170.114.194.163 (Japan Tokyo)  
147.124.100.25 (Japan Osaka)

[REDACTED]

[REDACTED]

---

The Ohio State University

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Please direct question about this meeting to the meeting organizer.

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[go.osu.edu/SystemStatus](https://go.osu.edu/SystemStatus)

614-688-4357 (HELP)

[CarmenZoom@osu.edu](mailto:CarmenZoom@osu.edu) <<mailto:CarmenZoom@osu.edu>>

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**From:** [Garrett, Crystal](#)  
**To:** [Krisanthe Vlahos](#)  
**Cc:** [Paul Hylenski](#); [Matthew Poch](#)  
**Subject:** RE: Meeting Confirmation : 12/11 Veteran Workforce Tool demo  
**Date:** Wednesday, December 10, 2025 12:01:00 PM  
**Attachments:** [image001.png](#)

---

Hi All,

Paul was on the original invite, but Matt was not. I just forwarded them the invite.

Crystal




Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
B5048 University Square South  
15 E. 15<sup>th</sup> Avenue  
Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Wednesday, December 10, 2025 11:45 AM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Cc:** Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; Matthew Poch <[matthew.██████████](#)>  
**Subject:** Meeting Confirmation : 12/11 Veteran Workforce Tool demo

**This Message Is From an External Sender**

This message came from outside your organization.

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Crystal-

Paul & Matt have confirmed with me they'll be in the meeting. But for some reason, it's not visible on their calendars.

Would you please resend/forward the calendar event to Paul & Matt to be sure they have the zoom?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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The Callout Podcast

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716

On Wed, Dec 10, 2025 at 11:41 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

OK, thank you.

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Wednesday, December 10, 2025 11:40 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

We're keeping the call & demo as scheduled. Thank you!!!

Grateful U.S. Navy Nuke Mom

~ Krisanthe

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

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On Wed, Dec 10, 2025 at 10:06 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Do you have any updates about tomorrow's call?

Crystal



Crystal Garrett  
Executive Assistant  
Office of Administration and Planning  
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Columbus, OH 43201  
614-292-3080  
[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>  
**Sent:** Monday, December 8, 2025 12:35 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

Thanks!!!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)  
YouTube @thecalloutpodcast3716

On Mon, Dec 8, 2025 at 11:33 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Thanks, Krisanthe. I will remain on standby. Crystal

---

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**Sent:** Monday, December 8, 2025 12:33 PM  
**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>  
**Subject:** Re: Cancel Meeting Request: 12/11 Veteran Workforce Tool demo

Yes - oops --- I fixed it in subject line now.

I need to think thru a couple things which bubbled this morning before we call it off.

Can I please circle back in an hour or so?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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On Mon, Dec 8, 2025 at 11:28 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

Can you confirm the date? I have December 11, 4:00 pm, for the meeting. Is that the meeting you are referring to?

Crystal

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Friday, December 5, 2025 11:50 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Subject:** Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

Good morning Crystal-

It seems we have a variety of conflicts on 12/10. Can we please cancel it with the intention to reschedule at some point?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Cc:** [Paul Hylenski](#); [Matthew Poch](#)  
**Subject:** Re: Meeting Confirmation : 12/11 Veteran Workforce Tool demo  
**Date:** Thursday, December 11, 2025 8:33:29 AM  
**Attachments:** [image001.png](#)

**This Message Is From an External Sender**

This message came from outside your organization.

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Thank you Crystal!

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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[linkedin.com/in/krisanthe](https://linkedin.com/in/krisanthe)  
YouTube [@thecalloutpodcast3716](#)

On Thu, Dec 11, 2025 at 8:32 AM Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)> wrote:

Hi Krisanthe,

They are confirmed. However, Trevor is only available 4:00-4:30.

Crystal



Crystal Garrett

Executive Assistant

Office of Administration and Planning

B5048 University Square South

15 E. 15<sup>th</sup> Avenue

Columbus, OH 43201

614-292-3080

[Garrett.8@osu.edu](mailto:Garrett.8@osu.edu)

---

**From:** Krisanthe Vlahos <[kv@thecalloutpodcast.com](mailto:kv@thecalloutpodcast.com)>

**Sent:** Thursday, December 11, 2025 5:35 AM

**To:** Garrett, Crystal <[garrett.8@osu.edu](mailto:garrett.8@osu.edu)>

**Cc:** Paul Hylenski <[Founder@vetmentorai.com](mailto:Founder@vetmentorai.com)>; Matthew Poch <[matthew.](mailto:matthew.)>

**Subject:** Re: Meeting Confirmation : 12/11 Veteran Workforce Tool demo

Good Morning Crystal-

Thank you for your help.

I can't tell from my side if Trevor & Rob are confirmed. Do you have them as confirmed?

Grateful U.S. Navy Nuke Mom  
~ Krisanthe

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Crystal



Crystal Garrett

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~ Krisanthe

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**Cc:** Kabourek, Chris <[kabourek.2@osu.edu](mailto:kabourek.2@osu.edu)>

**Subject:** Cancel Meeting Request: 12/10 Veteran Workforce Tool demo

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[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

YouTube @thecalloutpodcast3716



**From:** [Krisanthe Vlahos](#)  
**To:** [Garrett, Crystal](#)  
**Subject:** Canceled event: Krisanthe calls Chris Kabourek's cell @ Thu Mar 12, 2026 3pm - 3:15pm (CDT) (kabourek.2@osu.edu)  
**Attachments:** [invite.ics](#)

---

Krisanthe calls Chris Kabourek's cell This event has been canceled. When Thursday Mar 12, 2026 · 3pm – 3:15pm (Central Time - Chicago) Guests Krisanthe Vlahos - organizer kabourek.2@osu.edu  
Invitation from Google Calendar You are receiving this  
ZjQcmQRYFpfpptBannerStart  
This Message Is From an External Sender  
This message came from outside your organization.  
<[https://us-phishalarm-ewt.proofpoint.com/EWT/v1/KGKeukY!skQZ163LqCyKQvqb8REd3MM1Ak-45h735FPMAY-MgAo3xOmF6\\_G-Ee2A51BRYeujwATYSajNrhUrue7wZzu3ct5J112n48a9t3-ryJ11o89e9DGS](https://us-phishalarm-ewt.proofpoint.com/EWT/v1/KGKeukY!skQZ163LqCyKQvqb8REd3MM1Ak-45h735FPMAY-MgAo3xOmF6_G-Ee2A51BRYeujwATYSajNrhUrue7wZzu3ct5J112n48a9t3-ryJ11o89e9DGS)>  
Report Suspicious

ZjQcmQRYFpfpptBannerEnd  
Krisanthe calls Chris Kabourek's cell

This event has been canceled.

When

Thursday Mar 12, 2026 · 3pm – 3:15pm (Central Time - Chicago)

Guests

Krisanthe Vlahos <<mailto:kv@thecalloutpodcast.com>>  
- organizer  
kabourek.2@osu.edu <<mailto:kabourek.2@osu.edu>>

Invitation from Google Calendar  
<[https://urldefense.com/v3/https://calendar.google.com/calendar/!!KGKeukY!z0KKWXj38O3nRATot3exXsPvymj3mR51NoXKAOkDFIMvkK1os2hOYhHA9B7bkk-2QID9YQuvTJMtV2iTJclS\\$](https://urldefense.com/v3/https://calendar.google.com/calendar/!!KGKeukY!z0KKWXj38O3nRATot3exXsPvymj3mR51NoXKAOkDFIMvkK1os2hOYhHA9B7bkk-2QID9YQuvTJMtV2iTJclS$)>

You are receiving this email because you are an attendee on the event.

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<[https://urldefense.com/v3/https://support.google.com/calendar/answer/37135\\*forwarding\\_\\_!w!!KGKeukY!z0KKWXj38O3nRATot3exXsPvymj3mR51NoXKAOkDFIMvkK1os2hOYhHA9B7bkk-2QID9YQuvTJMtc3ynYPE\\$](https://urldefense.com/v3/https://support.google.com/calendar/answer/37135*forwarding__!w!!KGKeukY!z0KKWXj38O3nRATot3exXsPvymj3mR51NoXKAOkDFIMvkK1os2hOYhHA9B7bkk-2QID9YQuvTJMtc3ynYPE$)>