

**From:** [Walter Carter](#)  
**To:** [Hall, Katie](#)  
**Cc:** [Blackburn, JR](#)  
**Subject:** Fwd: PDF - Fwd: Krisanthe Vlahos - Resume 2024  
**Date:** Monday, July 1, 2024 7:20:45 AM  
**Attachments:** [Krisanthe Vlahos - Resume 2024.pdf](#)

---

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GM Katie,

Forwarding this resume for any potential job opening. Krisanthe has a son serving in the Navy (I helped him into the Nuke program) and has a varied background. She is planning to move to Columbus immediately (from St. Louis) and is looking for a full time position. She tells me she is open to any opportunity that fits her skill set. Think she would be a good fit for anyone's team.

ATB,  
Ted

----- Forwarded message -----

**From:** krisanthe karagiannis <[kv@linemenplusus.com](mailto:kv@linemenplusus.com)>  
**Date:** Sun, Jun 30, 2024, 5:20 PM  
**Subject:** PDF - Fwd: Krisanthe Vlahos - Resume 2024  
**To:** Ted - Personal Email Carter (Ret. Admiral) <[Waltertedcarter@linemenplusus.com](mailto:Waltertedcarter@linemenplusus.com)>  
**Cc:** Krisanthe V. <[kv@linemenplusus.com](mailto:kv@linemenplusus.com)>

Background includes biz dev, DEI initiatives, safety, power utility, construction, oil & gas, logistics, supply chain & more.

Kindest regards,  
*Krisanthe*

Founder | CEO  
THE CALLOUT PODCAST  
[www.ConnectToPower.com](#)  
<http://linkedin.com/in/krisanthe>  
<https://youtube.com/@thecalloutpodcast3716?si=EAuc0WS3b-a-7OVe>

Begin forwarded message:

**From:** krisanthe karagiannis <[kv@linemenplusus.com](mailto:kv@linemenplusus.com)>

**Date:** June 30, 2024 at 4:17:31 PM CDT  
**To:** "Krisanthe V." <[kv@linemenplusus.com](mailto:kv@linemenplusus.com)>  
**Subject:** Krisanthe Vlahos - Resume 2024

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Founder | CEO  
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<http://linkedin.com/in/krisanthe>  
<https://youtube.com/@thecalloutpodcast3716?si=EAuc0WS3b-a-7OVe>

# Krisanthe Vlahos

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## Krisanthe Vlahos

Saint Louis, Missouri

[karak](#)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

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---

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**From:** [Hall, Katie](#)  
**To:** [Walter Carter](#)  
**Cc:** [Blackburn, JR](#)  
**Subject:** RE: PDF - Fwd: Krisanthe Vlahos - Resume 2024  
**Date:** Monday, July 1, 2024 8:40:00 PM

---

Of course. I will share her materials with my team. I will also have someone reach out to her to get a better understanding of her background, skillset and interests.

Katie

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**From:** Walter Carter <waltertedcarter[REDACTED]>  
**Sent:** Monday, July 1, 2024 7:17 AM  
**To:** Hall, Katie <hall.738@osu.edu>  
**Cc:** Blackburn, JR <blackburn.23@osu.edu>  
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Kindest regards,

**Krisanthe**

Founder | CEO

THE CALLOUT PODCAST



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## Krisanthe Vlahos

Saint Louis, Missouri

  
[karak@redacted.com](mailto:karak@redacted.com)  
[linkedin.com/in/krisanthe](https://www.linkedin.com/in/krisanthe)

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**To:** [Lambert, Kim](#)  
**Subject:** FW: PDF - Fwd: Krisanthe Vlahos - Resume 2024  
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# Krisanthe Vlahos

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Saint Louis, Missouri

  
[karak](#)   
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**To:** [Hall, Katie](#)  
**Subject:** Re: PDF - Fwd: Krisanthe Vlahos - Resume 2024  
**Date:** Monday, July 1, 2024 8:48:02 PM

---

Sounds good, thanks!  
Kim

Get [Outlook for iOS](#)

---

**From:** Hall, Katie <hall.738@osu.edu>  
**Sent:** Monday, July 1, 2024 8:41:02 PM  
**To:** Lambert, Kim <lambert.348@osu.edu>  
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Thanks!

**From:** [Lambert, Kim](#)  
**To:** [Hall, Katie](#)  
**Subject:** FW: Eternal Gratitude to Sara, Kim and Alex  
**Date:** Wednesday, July 24, 2024 2:56:31 PM  
**Attachments:** [image001.png](#)

---

Following up on our conversation a few minutes ago – just an FYI.



**Kim Lambert**

Director – Executive Talent Acquisition

**Human Resources**

1590 N. High Street, Suite 300, Columbus, OH 43201

614-292-5756 Office


*Shared Values in Action: As a Buckeye, I am committed to supporting [Ohio State's Shared Values](#).*

---

**From:** krisanthe karagiannis <kv@linemenplusus.com>  
**Sent:** Wednesday, July 24, 2024 2:42 PM  
**To:** OSU Office of the President <president@osu.edu>  
**Cc:** Rubin, Sara <rubin.172@osu.edu>; Lambert, Kim <lambert.348@osu.edu>; Broshious, Alex <broshious.4@osu.edu>  
**Subject:** Eternal Gratitude to Sara, Kim and Alex

**This Message Is From an External Sender**

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President Carter,

I wanted to take a moment to reflect on my recent experiences with The Ohio State University folks. To say they were extraordinary would be an understatement to say the least!

Kim Lambert has been instrumental from the word go. From her initial outreach, to her lightning fast proactive facilitation of connecting me with Sara Rubin and Alex Broshious, to immediate relocation resources to call Columbus home...I'm amazed and overwhelmed with joy!

Sara Rubin is a powerhouse! She skillfully brought everything into focus for me in 10 minutes flat. Her invaluable insight afforded a much deeper understanding of OSU. It's led me to begin exploring a first of its kind mutually beneficial collaboration of The Callout Podcast, OSU and the power utility industry to support Veterans. I'm eager to continue learning from Sara.

My call with Alex Broshious was a blast! The topics ranged from both of us having family who are Navy Nukes/Subs (his older brother - my oldest son), to his generous offer to connect me with OSU leadership for Veteran workforce development to discuss elevating awareness of power utility careers and to promote OSU higher ed cert and/or grad programs to power utility, to the best Korean BBQ ever... in of all places... Pickerington, OH.

The quality, character and care demonstrated by each OSU team member is impressive, as well as touching. I hope to have the pleasure of meeting everyone in person soon to express my eternal gratitude.

Kindest regards,

***Krisanthe***

Krisanthe Vlahos

Founder | CEO

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**Date:** Wednesday, July 24, 2024 9:36:00 PM  
**Attachments:** [image001.png](#)

---

WOW...that is incredible. Thank you so much Kim, both for your engagement with her and for pulling others into the conversation. I need to call the President tomorrow, and will absolutely discuss with him.

Thanks again!

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**Subject:** FW: Eternal Gratitude to Sara, Kim and Alex

Following up on our conversation a few minutes ago – just an FYI.



**Kim Lambert**

Director – Executive Talent Acquisition

**Human Resources**

1590 N. High Street, Suite 300, Columbus, OH 43201

614-292-5756 Office

*Shared Values in Action: As a Buckeye, I am committed to supporting [Ohio State's Shared Values](#).*

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**From:** krisanthe karagiannis <[kv@linemenplusus.com](mailto:kv@linemenplusus.com)>  
**Sent:** Wednesday, July 24, 2024 2:42 PM  
**To:** OSU Office of the President <[president@osu.edu](mailto:president@osu.edu)>  
**Cc:** Rubin, Sara <[rubin.172@osu.edu](mailto:rubin.172@osu.edu)>; Lambert, Kim <[lambert.348@osu.edu](mailto:lambert.348@osu.edu)>; Broshious, Alex <[broshious.4@osu.edu](mailto:broshious.4@osu.edu)>  
**Subject:** Eternal Gratitude to Sara, Kim and Alex

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Krisanthe Vlahos

Founder | CEO

THE CALLOUT PODCAST



[www.ConnectToPower.com](http://www.ConnectToPower.com)

<http://linkedin.com/in/krisanthe>

<https://youtube.com/@thecalloutpodcast3716?si=EAuc0WS3b-a-70Ve>

**From:** [Hall, Katie](#)  
**To:** [O'Malley, Christine](#)  
**Subject:** FW: Eternal Gratitude to Sara, Kim and Alex  
**Date:** Wednesday, July 24, 2024 9:38:00 PM  
**Attachments:** [image001.png](#)

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For our recognitions....

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**From:** Lambert, Kim <lambert.348@osu.edu>  
**Sent:** Wednesday, July 24, 2024 2:56 PM  
**To:** Hall, Katie <hall.738@osu.edu>  
**Subject:** FW: Eternal Gratitude to Sara, Kim and Alex

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**From:** [O'Malley, Christine](#)  
**To:** [Hall, Katie](#)  
**Subject:** RE: Eternal Gratitude to Sara, Kim and Alex  
**Date:** Wednesday, July 24, 2024 10:23:32 PM  
**Attachments:** [image001.png](#)

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Got it. This is wonderful.

**Christine O'Malley**

Director, Marketing and Communications

*Pronouns: She, Her, Hers*

614-688-2403

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**From:** Hall, Katie <[hall.738@osu.edu](mailto:hall.738@osu.edu)>  
**Sent:** Wednesday, July 24, 2024 9:39 PM  
**To:** O'Malley, Christine <[omalley.44@osu.edu](mailto:omalley.44@osu.edu)>  
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**From:** [Katie Hall, Senior Vice President, Talent, Culture and Human Resources](#)  
**To:** [HR All Staff](#); [HR Wexner Med Center HR](#)  
**Subject:** August 23, 2024 -- Message from Katie Hall  
**Date:** Friday, August 23, 2024 10:11:49 AM  
**Attachments:** [Kudos attachment for 8-23.docx](#)  
[image001.png](#)  
[image002.png](#)  
[image003.png](#)  
[image004.png](#)  
[image005.png](#)  
[image006.png](#)  
[2024 HR-ExcellenceAward\\_NominationForm.pdf](#)

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THE OHIO STATE UNIVERSITY

## HUMAN RESOURCES

Katie Hall

Senior Vice President, Talent, Culture and Human Resources

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HR Colleagues,

The energy and excitement throughout the campus community at this time of year is uplifting. While navigating campus gets a bit more challenging, the fall semester feels like a fresh start for so many of us.

Next weekend, we welcome our Buckeye football team back to the Shoe. The accomplished Archie Griffin will dot the "i" in Script Ohio, and we honor the 2024 winners of the Distinguished Staff Award and Distinguished Diversity Enhancement Award. The start of the football season also means the start of our own football score predictions, and I will be interested to see who wins the first pizza! **Bill Muir**, HR service center representative, is predicting the Buckeyes over the Akron Zips, 87 to -3. We shall see, Bill!

I am well aware that, regardless of what team you are on, kicking off a new academic year requires a great deal of effort. Whether you're a team member

in a college or unit, in the medical center, on a regional campus or in Gateway, you are helping staff and faculty get hired, onboarded, signed up for benefits, welcomed and appreciated.

While much of our work throughout the year is behind the scenes, it is so important to me to share my thanks. I appreciate the hard work you do every day and continue to enjoy seeing each of you and others recognize great efforts. Attached are the complete recognitions of those I mentioned on last week's Friday Forum, and I look forward to seeing more in the weeks to come.

In addition to sending me Kudos for teammates, another way to celebrate outstanding accomplishments is through our **HR Excellence Awards**. I encourage all of you to nominate an HR colleague for this recognition. While many areas embrace unique values that are important to their work, the HR Excellence Awards recognize those who demonstrate **Ohio State's Shared Values**.

Please see the attached nomination form. The nomination period is open and continues through September 16. Five awards will be given; one for each Shared Value. The 2024 honorees will be selected in October and recognized at the October 25 Friday Forum. I'll also host them at a lunch with me and present a personalized plaque.

Our next Friday Forum will be September 13. We will be joined by three Buckeye athletes who competed at the Paris Olympics, and they will share their experience with us. In addition, we will hear an update on the University Staff Advisory Committee (USAC) from **Tracey Boggs**, current USAC chair and leadership and organizational effectiveness consultant at the Wexner Medical Center.

I look forward to seeing you on September 13!

As always, please share your thoughts, concerns, successes and observations with me via the weekly [Qualtrics survey](#).

I hope everyone enjoys the weekend.

Katie

Katie Hall

Senior Vice President

Talent, Culture and Human Resources



THE OHIO STATE UNIVERSITY

HUMAN RESOURCES

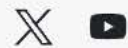
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[hr.osu.edu](http://hr.osu.edu)

Human Resources



The Ohio State University



# Human Resources Kudos

## Recognition and Appreciation for HR Teams

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### **Kudos to Arts and Sciences Unit HR team**

**Megan Woodall, Kyle Bennett, Sabrina Dye, Samantha Newsome, Catie Shuman-Damanti, Chris Parris, Liz Kooi, Lauren Motely, Embrey Roberts, and Katie Bechtel**

Submitted by Jen Prak and Peggy Link, HRBPs in College of Arts and Sciences

We are writing to give kudos to our Arts and Sciences Unit HR team on an incredible job preparing for fall semester!

Arts and Sciences has 38 academic departments teaching 48% of credit hours on the Columbus campus – everything from chemistry labs, to dance classes and geography lectures (and everything in between). The behind the scenes lift from our HR team that makes the first day of classes possible each autumn is tremendous.

Our HR Specialists and HR Consultants have worked tirelessly with department chairs and managers, for both our new and continuing employees, to ensure that our students have an instructor in the front of their classroom when they walk in the door.

With approximately 500 Lecturers, 1,800 GAs, and over 50 new tenure track faculty in Arts and Sciences, this is no small feat! There is not a Workday transaction for a hire, compensation adjustment, or period activity pay in Arts and Sciences that has not in some way been touched by this team.

We truly appreciate the care and attention to detail with which they approach this important work. Kudos Megan Woodall, Kyle Bennett, Sabrina Dye, Samantha Newsome, Catie Shuman-Damanti, Chris Parris, Liz Kooi, Lauren Motely, Embrey Roberts, and Katie Bechtel on a job well done!

### **Kudos to service center people leaders Sarah Wakefield, Val Stottlemire, Karen Gainer and Pam Severance**

Submitted by Lisa Schroeder, HR Service Center Manager

For the last three years during Staff Appreciation week, my team (Customer Service and Employee Admins) goes through an exercise where they write words of appreciation for their teammates. Often appreciation means more when it comes from your peers. I compile the list and send the lists out to the members of my team. It's always very uplifting and a chance for them to recognize each other.

However – this year what I was most excited by were the comments that they wrote regarding their Managers, Sarah Wakefield, Val Stottlemire, Karen Gainer, and Pam Severance. This management team is amazing and thanks to these wonderful women that I work with, our team engagement has increased, our metrics are trending in a positive direction, and we have seen a decrease in turnover.

Would you please share a few comments from my team regarding their managers?



- Sarah Wakefield – Thank you for being such an incredible leader and mentor. Your guidance and support make a huge difference, and I'm truly grateful to work under your leadership!
- Sarah Wakefield – Sarah doesn't like when I call her "boss" but I hope she knows how few people I actually trust to tell me what to do.
- Karen Gainer – down to earth, chatty, bubbly, great energy, easy to talk to, funny, very supportive and always there for us. When Karen is not around the office is quiet! I love being around her.
- Karen Gainer – When I joined OSU, I planned to spend my probationary time period on the service team, and not much longer. However, the empathy, support, fairness and validation you've given me as my manager changed my plans. NOTHING compares to the value of connection and understanding, especially when it's coming from leadership. I so appreciate your assistance and support. Although the stressors of work and life have not spared you, you never let it diminish your dedication to supporting the team. I am so glad to know you!
- Pam Severance – Pam, your organizational skills keep us on track and your proactive approach is commendable & your experience and wisdom guide us through complex decisions with ease. Your ability to listen and provide thoughtful feedback is a treasure.
- Pam Severance – I still fondly remember some very early phone calls when I started, with Pam listening on Teams. The calls went very badly but I felt safe and supported anyways. Great memories.
- Val Stottlemire – Fair, understanding, and fights for what's right. Super nice too.
- Val Stottlemire – The empathy, support, fairness and validation you've given me and my peers is unmatched. NOTHING compares to the value of connection and understanding, especially when it's coming from leadership. I so appreciate your assistance and support. The validation and fairness on this team is 100% a product of your leadership. Without you at the helm, this department would function entirely differently and, frankly, wouldn't be nearly as healthy. But, your advocacy to make this team the best it can be, both to us and for us is admirable. I have never had a supervisor as supportive and as dedicated to the wellbeing of her team as you. Thank you, thank you, thank you. I want to be Val Stottlemire when I grow up; there should be a "Val" Barbie right on the shelf next to the "Stevie Nicks" Barbie. I am so glad to know you!

### **Kudos to Kim Lambert, Director of Executive Talent Acquisition, and Alex Broshious, Talent Acquisition Consultant**

Submitted by Krisanthe Vlahos, Founder and CEO, The Callout Podcast

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### **About CWA Bargaining Agreement -- Collaborations across multiple areas**

Kudos to Darius Smith, Tom Ramey, Dan Miner, David Simpson, Kristie Henneman, Andrew Fraley, Molly Hanrahan, Johnette Malone – CWA, Jacob Goryl – CWA, Sarah Agular – Respiratory Therapist, Jaime Witschger – Surgical Techs, Steve Stone, Laura Keves, Meagan Paskins, Jim Koussaie, Todd Hunter – CWA and FOP Security, Bobbie Houser – Wex Center, Amy Burns – Wex Center implementation, Erika Pearsol Christie, Joyce Wagner – implementation, EBS Team – Implementation, Payroll Team – Implementation, Sarah Dawson's team – Data, Ed Furber – Data, Christine O'Malley – Communications

Submitted by Kristi Hoge, Director, Employee and Labor Relations

The University and the Medical Center have not been immune from the post pandemic resurgence of labor activity that has swept across the nation. In fact, since the past year we've acquired six new bargaining units. All but one of these new groups now has a labor contract in place. Negotiations are underway in the sixth. During the same period, we also renewed two existing bargaining agreements. Bargaining and implementing a single new contract involves multiple people from different teams coming together for a shared purpose! We will have done that 8 times before the end of this year!!

There are also other key partners including our SRHRBPs, HRBPS and HRCs that support the bargaining depts with bargaining units and without them planning the bargaining strategy and implementation would not nearly be as effective.

